

Hello Fellow MAATA Members,

I send you greetings from Lynchburg, Virginia where the hustle and bustle of the academic year has begun and the fall sports are in full action. Your District III Executive Council is busy considering Constitution and By-Law changes, running an election, appointing new leaders, and considering ways to move the athletic training profession forward in the Mid-Atlantic region. Below are a few of the activities in which we have engaged since our spring Newsletter. Let me reiterate that being your District Director has been a privilege and working with other DIII leaders has been a rewarding experience.

Here are highlights from the MAATA:

- Treasurer Ray Davis and Meeting Planner Jason Mitchell have sent a proposal to the Executive Council that considers changes to our District III Annual Business Meeting and Symposium in ways to save money.
- Lori Bristow and her Educational Program Committee have begun their work to bring you another excellent program in May 2017 at the Founders Inn and Spa in Virginia Beach.
- The Executive Council is beginning the process of writing a MAATA Policy and Procedures Manual. Ericka Zimmerman, an expert in creating P&P Manuals has assumed the position of chairing the P&P Manual Task Force.
- The Executive Council would like to change our Constitution and By-Laws again. We will have a proposal to you by next spring.
- Martin Baker, our Past Director and chair of the Election Committee is doing a great job running our current election. My term as District Director and Jim Berry's term as District Secretary end in June 2017. Lori Bristow has won the election for District Secretary. We are conducting a run-off between Katie Flanagan and Bob Cable for District Director. Thank you to those of you who voted in the first round. I encourage all certified athletic trainers in DIII, to vote in the second round this October. Remember that we are randomly pulling one voter's information to give away a free membership to the NATA for 2017.
- Our current DIII members of NATA committees work very hard all year round to move the AT profession forward. I want to thank them profusely for their work. Please take a few minutes to read their newsletter articles and hear what they have to share with you.
- We have other new leaders from District III, some who have already assumed their positions and some who will begin their real work in June 2017. I want to thank all the applicants and interest in serving our profession. Please do apply again in the future for these and other leadership positions. Service is a part of our professional responsibility!

Here are highlights from the NATA Board of Directors:

- The Sports Medicine Licensure Clarity Act (H.R.921) has passed through the House of Representatives! The Senate version (S. 689) has 13 co-sponsors at this time. If you have not contacted your senators for their support, now is the time to do so.

continued...

FROM THE DIRECTOR



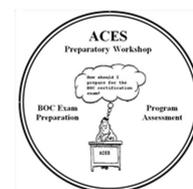
Patricia Aronson, PhD, ATC

2016 Supporters of the MAATA

The MAATA would like to thank the following companies for supporting our profession and our association. You may visit their website by clicking on their logo below.



Leaders in Student and Sports Insurance Administration since 1975



Mark Your Calendar

Don't sit on the sidelines...Get involved!

2017 MAATA Annual Symposium

May 19-21, 2017

The Founders Inn & Spa

5641 Indian River Rd.

Virginia Beach, VA 23464

Watch for program and registration information early 2017!

Director Aronson's letter continued from Page 1.

- The NATA is gearing up for the Joint Committee Meeting in Dallas in January, for the Athletic Training Educators' Conference in Dallas in February, The Youth Sports Safety Summit in Indianapolis in March, and of course the NATA Convention in Houston in June.
- KSI is involved in an important project initiated by the NATA called "The ATLAS Project." This project is tracking AT service-related information in secondary schools across the country. If you are an AT working in the SS setting, and you have not provided your school's information to the ATLAS project, please do so today at by click [HERE](#).
- The NATA has endorsed the NCAA Sport Science Institute's [Sexual Violence Prevention: An Athletics Tool Kit for a Healthy and Safe Culture](#), as a part of its efforts to support sexual violence prevention on college campuses.
- The NATA has also endorsed the Inter-Association Consensus: [Year-round Football Practice Contact Recommendations for College Athletes](#).
- The NATA Government Affairs Committee is currently in the process of evaluating the legislative grant applications for the 2016-2017 grant cycle. District III is often granted funds to assist in our legislative efforts.

I hope you enjoy the MAATA Fall 2016 Newsletter. Special thanks to all the contributors, to Jim Berry, the Editor, and Sharri Jackson, the designer. The Newsletter is full of updates and opportunities for our members to be involved. I encourage you to read it and consider your own professional advancement in our great profession.

Please don't hesitate to contact me at Lynchburg College if I can be of assistance in your pursuit of involvement in Athletic Training. Until I see you at a state meeting, in Virginia Beach, and/or in Houston, take care!

All my best,
Pat Aronson, District Director
aronson@lynchburg.edu

New Leaders in District III

New Leaders in MAATA Positions:

MAATA Program Committee Free Communications Chair: Jena Hansen-Honeycutt
MAATA Co-Student Senate Faculty: Danielle Cotellessa

DIII Leaders in MAATA to shadow until May 2017:

MAATA Educational Program Committee Chair: Kimberly Pritchard

DIII Representatives to NATA Committees:

ATs Care: Donita Valentine
Professional Responsibility Committee: Joe Beckett

DIII Representatives to NATA to shadow now and join in June 2017:

Convention Program Committee: Erick Wikstrom
Ethnic Diversity Advisory Committee: Brittany Brown
Government Affairs Committee: Brian Curless
District Secretary-Treasurers' Committee: Lori Bristow
NATA Board of Directors: TBA

District III Council

Patricia Aronson, District Director
aronson@lynchburg.edu

Jim Berry, District Secretary
d3sectry@gmail.com

Ray Davis, District Treasurer
cfo.maata@gmail.com

Martin Baker, Past District Director
bakerm@elon.edu

Sheila Gordon
South Carolina President
sgordon@lexington1.net

Scott Barringer
North Carolina President
scbarringer@hotmail.com

Drew Mason
West Virginia President
mason_d@wvwc.edu

Nick Pitruzzella
Maryland President
npitruzzella@gilman.edu

Matt Gage
Virginia President
mjgage@liberty.edu

Jennifer Rheeling
District of Columbia President
jennifer.rheeling@dc.gov

MAATA News

This electronic newsletter is published twice a year by the Mid-Atlantic Athletic Trainers' Association, for its members. For information contained in this newsletter or to submit articles/ideas, please contact the MAATA Secretary:

Dr. Jim Berry

Created by [Sharri H. Jackson](#)



2017 MAATA Annual Symposium

May 19-21, 2017

The Founders Inn & Spa in Virginia Beach, VA

Registration will open November 1, 2016

Registration Type	Early	Advanced	On-Site
	Before 11:59 EST April 15, 2017	April 16-May 13, 2017	May 14-20, 20167
MAATA Members	\$170	\$215	\$250
Non MAATA Members	\$250	\$300	\$375
Hall of Fame (NATA/MAATA Member)	\$0	\$0	\$0
Certified Students	\$90	\$150	\$200
Non-Certifed Students (HS or College)	\$90	\$125	\$160

Program/EBP/CEU information coming soon

Hotel Reservations is now online!

Please visit our hotel block site [HERE](#) to place your reservations online

It is preferred that reservations are made online, but you may also call the hotel directly at 757-366-5700

If you make your reservations over the phone, you must state that you're with the MAATA room block in order to receive our contracted room rate (\$125/night).

From the Secretary

Dr. Jim Berry, ATC, SCAT, NREMT



I want to begin by thanking each of you that has chosen to be a member of the MAATA and the NATA. Your membership is appreciated and I recognize that you make a choice each year to support our district and the NATA by paying your membership dues. Your membership *is* important and it *is* appreciated by myself and your leaders.

While we are not the largest district by the numbers, we have awesome members who are doing great things for the profession, their communities, their schools, and most importantly – their patients.

Below is a breakdown of our district membership numbers as of October 1, 2016. If you have any questions about these numbers or the membership categories, please do not hesitate to contact me.

Member Counts Matrix (Excludes Suspended Members)

	DC	MD	NC	SC	VA	WV	Total
Certified Regular	65	511	983	520	900	177	3156
Associate	1	10	9	6	13	2	41
Retired Certified	2	18	39	19	35	5	118
Honorary	1	1	3	2	4	0	11
Student Undergrad	0	128	310	123	117	150	828
Student Graduate	0	5	15	1	19	3	43
Student Certified	5	75	225	82	154	43	584
Career Starter Certified	3	43	76	34	72	15	243
Total	77	791	1660	787	1314	395	5024

In my role as District Secretary I often receive comments and questions from members asking why they should maintain their membership in our association? How does membership in the MAATA and NATA benefit them personally?

Well, these are some reasons I personally feel why membership in a professional association is important:

- **Cultural identity.** A strong membership base keeps us close to the community we support. The Association does not exist without you, the Athletic Training community, and that should be reflected throughout our organization.
- **Supporting each other.** The MAATA and the NATA are about people helping people. The Association provides networking opportunities, connects community members, and uses the power of our numbers to provide benefits to our members that they wouldn't be able to obtain on their own. In short, if you are successful, the Association is successful.
- **Strength in numbers.** You are the face of the MAATA and NATA. You are the community. You are the reason more and more people are recognizing Athletic Trainers and the role they play in providing healthcare to the physically active. The MAATA and the NATA are here to support your efforts and extend your reach. A strong membership base helps us to amplify your message by demonstrating that the AT Community is robust, healthy, and growing. We want the world to know and learn about the great work our members are doing. As the saying goes "there is strength in numbers" and we use those numbers to demonstrate the power of the AT community.

It is an honor to serve each of you as your District Secretary. Thank you for allowing me the opportunity to do so. As always, if there is anything I can do to assist you personally or professionally, please contact me.

From the District Treasurer

Ray Davis, MSS, LAT, ATC



As you read this message, please know that I continue to be thankful for the support of my colleagues in Athletic Training. I hope you had a great summer.

The past few months have been very busy finalizing paperwork for the District to gain a grasp of the expenses incurred at our 2016 Annual Meeting. Quite a bit of time goes into reviewing financial documents and preparing for change for the coming year.

I am happy to say that the MAATA D-3 financial accounts are in good standing as I presented at our District meeting in Baltimore. Furthermore, as of June, we remain in good standing with the IRS for the 2015 fiscal year.

Once again, I extend special thanks to all the workers behind the scenes of our District meeting in Virginia Beach. I'm grateful for their assistance and countless hours of volunteer work. If you missed Virginia Beach please make plans to attend in 2017. I'm sure the Founders Inn has many activities that will meet your needs as well as our educational programming. It will be our final year there as we move onto Ocean City, MD in 2018 and 2019. As always thank you for attending our Annual Meeting.

Stay Healthy!

Ray Davis, MSS, LAT, ATC

District 3 Treasurer

National Athletic Trainers' Association



**Nominate a deserving
High School Senior for the
Jack Cramer Scholarship**

Each year the NATA Secondary School Athletic Trainer Committee selects 10 District winners and a National winner for the Jack Cramer Scholarship.

If you have a high school senior who is planning on pursuing a career in Athletic Training, please encourage them to apply for this award.

For more information and the application process, please go [HERE](#).

Mark Your Calendars!

**2017 NATA
Clinical Symposia & AT Expo
June 26-29
Houston, TX**

Your State Practice Act

Please support your state associations in fighting for your practice acts to best reflect what you do as ATs in your work setting, but also to protect your title as Athletic Trainer. We must be involved in legislative efforts to promote our profession.

ENJOY THE BENEFITS OF MEMBERSHIP



It's NATA membership renewal season. All members of NATA who renew their 2017 membership will receive 10 free CEU credits (\$250 value) to use in the online professional development center between February 16, 2017 and December 31, 2017.

Are you attending the 2017 NATA Convention in Houston? You can prepay your registration fee with your dues and pay in installment payments. Installment payment options:

- Five installments- Renew by October 14, 2016
- Four installments- Renew by November 14, 2016
- Three installments- Renew by December 14, 2016
- Two installments- Renew by January 14, 2017

Renew by December 31, 2016 and be entered to win one of our amazing prizes:

- (1) Free registration to NATA 2017 including airfare (up to \$500) and lodging (at hotel of NATA's choosing up to three nights)
- (1) Free NATA 2017 registration including airfare (up to \$500)
- (5) Free NATA 2017 convention registration
- (3) Free NATA 2017 webinar
- (5) Free subscription to Sports Health (one year)

Renew today, either [online](#) or by accessing your invoice [HERE](#).

AT YOUR OWN RISK

As many of you know, NATA recently launched a public awareness initiative, **At Your Own Risk**, to educate parents, student athletes, athletic directors, school administrators and legislators about the impact appropriate health care has on an athlete's experience playing sports both on and off the field.

No one can better articulate the impact an athletic trainer has on an athlete's potential to play sports long-term than the professional athlete (retired or active) or their coach.

Therefore, we're requesting your assistance to help us communicate this very important message. If you have a contact to a high profile athlete or coach who may be interested in providing a testimonial of this nature, please contact Amanda Muscatell, amandam@nata.org, with more information about the athlete or coach.

Leads acquired will be reviewed by NATA Marketing Communications & PR Department. If staff would like to pursue working with the athlete or coach that you have provided, we will be in touch with more information and next steps.

Congratulations!

Congratulations to **Erik Wikstrom, PhD, ATC, FACSM** of the University of North Carolina at Chapel Hill who has been awarded \$104,075 for a three year outcomes study entitled "Do treatments provided at the point-of-care influence recurrent injury risk and long-term patient outcomes after acute lateral ankle sprain?" by the NATA Foundation.

Thomas G. Bowman, PhD, ATC, of Lynchburg College, also received a Foundation Educational Research Grant. He was awarded \$11,500 to study: "Examining transition to clinical practice from the perspective of the professional master's student."

Foundation Doctoral Grants have been awarded to these DIII members:

Kyeongtak Song, MS, LAT, ATC, CSCS
University of North Carolina at Chapel Hill

Jennifer A Hogg, MA, ATC
University of North Carolina-Greensboro

Elizabeth Teel, MS
University of North Carolina at Chapel Hill



DC @DCATA2014
MD @Maryland_ATs
NC @NCATA1974
SC @SCATCs
VA @VATA_PR
WV @WVATA_NATAD3

Many Thanks!

Thank you to Toni Torres-McGehee for her service and years of experience as our MAATA Program Free Communications Chair. We have benefited from your work, Toni!



If you are a Secondary School Athletic Trainer and you have not registered your high school or middle school with the NATA ATLAS Project, would you please take a moment to do so? This information is vital to helping the public know which schools in our nation have appropriate athletic health providers in place. District 3 is missing MANY schools that we know have ATs on staff.

For more information and to register your school, please go [HERE](#).



NEWS FROM NORTH CAROLINA
Scott Barringer, M.Ed., LAT, ATC, CAA
 President, NCATA

NCATA Election and Awards

Executive Board Positions Open in Fall

The North Carolina Athletic Trainers' Association is seeking nominations for the positions of vice president and treasurer to serve a two-year term beginning January 2017. Duties are as follows:

Vice President: The VP shall assume the duties of the President if the current president is unable to fulfill the duties of the office. The Vice-President serves as the parliamentarian of the Board and the Association. The Vice-President shall convene an ethics committee on an ad hoc basis when the need exists and shall lead the investigation with regards to any motion to suspend or revoke membership in the association.

Treasurer: The treasurer shall maintain the finances of the association and make recommendations to the board with regards to the association's property and investments. The Treasurer shall make an annual report to the membership.

Eligibility:

Nominees for executive board positions must be a member in good standing of the NCATA and shall be licensed by the NCBATE. In addition, a candidate must have served on the Board of Representatives or as a committee member within the immediately preceding 5 years.

Nomination Process:

- Nominations must include the candidate's name, email address, and verification that the nominee has served the NCATA in the past 5 years. Nominations must be sent electronically to NCATA Secretary Jim Bazluki at james.bazluki@carolinahealthcare.org
- All nominations must be received by midnight on October 30th, 2016.
- Once candidate eligibility is confirmed and the candidate notified, all candidates will submit a biographical brief and a desire to serve statement to the secretary via email by November 9th, 2016. This biographical brief and desire to serve statement will be published on the NCATA website and other social spaces as appropriate.

- Once received, the biographical information and desire to serve statement will be posted on the NCATA website.

Candidate Selection:

All licensed members will receive an electronic ballot via email two weeks prior to the Fall Business Meeting. Members will have until 10:00 am on December 10th, the day of the Fall Business Meeting, to submit their ballot. Members will be allowed to cast only one vote for each officer elected.

Honors & Awards Nominations for Annual Spring Award Meeting

The honors and awards committee is seeking nominations for honors and awards to be presented at the NCATA Annual Spring Symposium. Honors and awards are given in the following categories:

- Longevity Award
- NC Athletic Trainers of the Year (Elton G. Hawley Secondary school & secondary school outreach, college/university, clinical & emerging practice, educator)
- Sports Medicine Person of the Year
- John Miller Corporate Service Award
- Past Presidents Award
- Bill Griffin Most Distinguished Athletic Trainer Award

Additionally, the NCATA annually awards a maximum of three monetary scholarships to athletic training students in accredited programs within the state.

Please [GO HERE](#) to view the criteria for each award and to download the Nomination Form. Nominations will be made to the Honors and Awards Committee Chair and all award nominations are due by December 1. Award winners will be announced at the Annual Meeting.



NEWS FROM DISTRICT OF COLUMBIA
Jennifer Rheeling, ATC
 President, DCATA

The DCATA will be holding our Fall DCATA Meeting in October 20, 2016 beginning at 7:00 pm at Gonzaga High School. Included in the program will be a Category 4 CEU presentation, door prizes, light refreshments and a visit from our MAATA District Director Pat Aronson!



NATA Hall of Fame Round-Table at the 2016 SCATA Annual Meeting, moderated by Alice McLaine. Pictured from left to right: Andy Clawson, ATC; Kent Falb, ATC; Bobby Barton, ATC; John Lopez, ATC; Alice McLaine, ATC; Fred Hoover, ATC; Chris Patick, ATC; Jerry Robertson, ATC.



NEWS FROM SOUTH CAROLINA

Sheila Gordon, ATC

President, SCATA

The South Carolina Athletic Trainers' Association hosted its 2016 annual symposium in July at the Double Tree Hotel and Convention Center with a record setting attendance of 386 attendees.

This year's symposium ushered in the new SCATA president Sheila Gordon.

Other highlights include a NATA Hall of Fame member round table panel, moderated by Alice McLaine and made up of Fred Hoover, Andy Clawson, Kent Falb, John Lopez, Jerry Robertson, Bobby Barton and Chris Patrick. The 2016 Fred Hoover award winners were Kevin Ennis and Barry Atkinson. A big thank you goes to Past President Craig Clark for your many years of service to SCATA.



Pictured left: Barry Atkinson, SCAT, accepting his Fred Hoover Award while Fred Hoover looks on.

Pictured above: Kevin Ennis, ATC, SCAT, receiving his Fred Hoover Award from Fred Hoover, ATC, SCAT.





NEWS FROM VIRGINIA

Matt Gage, PhD, ATC

President, VATA

Fellow athletic trainers, it is hard to believe that is already October. I want to make you aware of a few changes that have occurred in the VATA over the summer. **Lauren Hawkinson** from the University of Richmond is now Virginia's Young Professional representative to MAATA. If you are a young professional and want to get involved at the state level please

contact her. Thank you to **Shari Norte** for serving Virginia so well during her tenure in that role. **Chris Jones** from the University of Richmond has taken over as the interim Region 2 representative for **Anna Sedory** who moved out of the region 2. We are very appreciative of the time and effort that Anna dedicated to Region 2 during her tenure. **Caitlyn Richbourg** has stepped down as the Region 6 representative due to taking a new job out of state. We are currently seeking a volunteer to serve in this capacity until an election can be held in January at the Virginia Athletic Trainers' Association Annual Meeting and Symposium. **Jay Sedory** is serving as the interim Governmental Affairs Committee Chairperson.

Mark your calendars because the Virginia Athletic Trainers' Association Annual Meeting and Symposium will be held at Kingsmill Resort in Williamsburg, VA on January 7-8, 2017.

The following leadership positions will be up for election at the Virginia Athletic Trainers' Association Annual Meeting and Symposium:

VATA Secretary
Region 2 Representative
Region 6 Representative

If you are interested in any of these positions please contact me or look for information in future VATA E-blasts.

Please bookmark the [VATA website](#), on your Internet browser so you can stay up to date on the recent happenings and upcoming events such as CEU opportunities in each region of the Commonwealth.



NEWS FROM MARYLAND

Nick Pitruzzella, ATC

President, MATA

The Maryland Athletic Trainers' Association annual Symposium was an unusual event for Maryland and probably most symposiums to be honest. We decided to have a one day affair this year, due to the fact that the National meeting was to be held in Baltimore. Therefore, we actually hosted a FREE one day symposium for all members at Towson University on Friday June 3, 2016.

In lieu of a registration fee, we asked our membership to make a donation of any kind to our PAC instead. What happened was a phenomenal donation turnout from all of our members. I am extremely thankful to all of our membership who showed up and made a donation to our PAC.

This symposium also saw a change in the leadership for Maryland. Greg Penczek, who was the sitting state association President for the last 5 years due to extenuating circumstance, has officially moved into the Past President position. Greg served the Maryland membership quite well in his time. Thank you Greg.

Nick Pitruzzella, took over as the President in succession and Wes Robinson was elected to the Vice-President position. Wendy Fabriziani fulfilled her term as treasurer and we thank her for that, and the newly elected Michael Smuda took over for her.

We also had our honors and awards winners to celebrate:

Athletic Training Service awards: Tracy Layton, Christine Lesh, Gina Palermo and Jeremy Parr.

Most Distinguished Athletic Trainer: Thomas Morgan and Amy Magladry.

Pioneer Award: Francis "Skip" DiPaula

Presidential Award of Merit: Dr. Thomas Brandon

Andrew J. Kotz Scholarship Award: Alison Mitchell and Gillian McCarren

Governmental Affairs Committee

Anna Sedory, MS, ATC - Chair



I'd like to start this update by introducing my successor, Brian Curless. Brian will shadow me as I continue my responsibilities as MAATA Representative to the NATA Governmental Affairs Committee until he takes over after NATA 2017 in June. Brian's work began September 2, as he joined us on our first conference call for the 2016-2017 Governmental Affairs grant cycle. Since July, I've been working with state

presidents and governmental affairs leaders in each of MAATA's member states and Washington, DC to compile applications for our discretionary and matching grants programs. This money is a lifeline to states across the country looking to establish, improve, or advance regulations for the practice of Athletic Training in their states. While success in legislative environments requires year around work, most states are gearing up to make their most visible efforts in early 2017. Many athletic trainers have expressed frustration in feeling "left out" of various areas of decision making for the future of the profession. I want our members to know that governmental affairs does not have to be one of those areas. If you contact your state president or GAC chair TODAY they can find a way to plug you in. Contact information is listed below.

On a second note, be on the lookout in the spring for a call for nominations for GAC awards. The Dan Campbell Awards are awarded to state associations for their efforts in governmental affairs. The nomination can come from anywhere, so please nominate your state! The William T. Griffin Award for Excellence in Legislative Advocacy is awarded to an individual who is dedicated not only to regulatory affairs, but also to helping others get involved in governmental affairs. Nominations for both awards will be accepted through the NATA website beginning March 1, 2017.

Get involved! Please find contact information for your state below:

MARYLAND

Past President/GAC Chair

Greg Penzcek gpenzcek@towson.edu

NORTH CAROLINA

NCATALI Director

Ashley Long Ashleylong111@gmail.com

Committee on Practice Advancement

Dan Duffy danduffyatc@aol.com

SOUTH CAROLINA

GAC Chair

Brian Smith bjsmith@csuniv.edu

WASHINGTON, DC

GAC Chair

Mike Walker mwalker@stjohnschs.org

WEST VIRGINIA

President

Drew Mason mason_d@wwvc.edu

VIRGINIA

Past President

Jay Sedory esedory@gmail.com



There is still time to nominate a deserving member of the MAATA for a District 3 Award. If you know someone who has contributed to the profession and is deserving of recognition for their efforts, **PLEASE** nominate them. The deadline for nominations is **October 31, 2016**.

For more information on the awards and the nomination process, go [HERE](#).

MAATA Educational Program Committee

Lori Bristow, ATC, Chair



We are still looking for presenters for the 2017 MAATA Annual Meeting in Virginia Beach. If you are interested in speaking at the Founders Inn in Virginia Beach on May 19-21, 2017, the Educational Committee would like to hear from you!

If you are interested in presenting please click [HERE](#) for the Program Proposal form, complete it, and email it to: Lbristow@gilman.edu. The educational committee will then review your submission and let you know if your program has been selected for the meeting. **The submission deadline is October 31st.**



Young Professionals' Committee

Amy Hand, MA, SCAT, ATC - Chair



First, I would like to thank our outgoing committee members for their commitment the past several years to the Young Professionals' Committee. Kelvin, Shari, Ryan, and Jess, we wish you the best in your new endeavors. In addition, I am honored to continue to work with some outstanding athletic trainers. Thank you to Rachel Sharpe (South Carolina), Lauren Ey (Maryland), Jessica Pope (DC), and Kelley

Crowe (Member-at-Large) for all your past and continuing efforts for this committee.

We were also excited to have 4 representatives join us since May. Since that time, they have been working hard to make strides for the YPs of their states and for the district. I am happy to introduce our new members:

North Carolina Representative

Julie-Ann Burton, MS, LAT, ATC
Carolinas HealthCare System
Independence High School
julieburton4@yahoo.com

Virginia Representative

Lauren Hawkinson, MA, LAT, ATC
The University of Richmond
lhawkins@richmond.edu

West Virginia Representative

Hannah Harnar, MS, ATC
West Liberty University
hannah.harnar@westliberty.edu

Member-at-Large

Danny Enrique, LAT, ATC
Orthopaedic Specialists of North Carolina
enriqued.64@gmail.com

The YPC has been designed to address the needs and concerns of certified athletic trainers under the age of 35 with the hope of providing opportunities and resources for us to be more successful and well-balanced athletic trainers. Our goal is to identify the needs of YPs in our district so that we can work as a committee to provide the programs and educational opportunities to address them. We also hope to increase YP involvement in volunteer and leadership positions while promoting professional interaction and annual meeting attendance. YPs are the future leaders of our profession,

and this is our opportunity to start making a difference.

The National YPC awards one YP each year with the National Distinction Award. This honor is based on character, knowledge, and service and is awarded to a YP that has made a definitive impact across the profession of athletic training. Please consider taking the time to nominate and support a deserving YP from our district. Eligibility and application requirements are available on the NATA [website](#). **Nominations are due November 1.**

The committee members and I are enthusiastic about the projects and direction of the YPC at the national, district, and state levels, and we welcome ideas and support from the YPs of District 3. To stay up-to-date, please "like" the MAATA Facebook Page and look for information about the D3 YPC on the MAATA website. If you are interested in being involved in our current and future projects or just have questions, please do not hesitate to contact me or your state representative. We look forward to hearing from you.

DISTRICT 3 YOUNG PROFESSIONALS!

We need you to consider nominating a deserving District 3 YP for the YPC's National Distinction Award. There's still time to nominate someone.
Deadline is November 1, 2016.



EDAC Annual Career Day



District III EDAC

Meghan Hammonds, MA, LAT, ATC - Chair



We are currently gearing up and planning events for NATA 2017 in Houston and yes we are bringing back our Service Project Day! Be on the lookout for more information in the future on our Twitter, Facebook and Instagram Pages.

This past June in Baltimore we had a great turnout for Capitol Hill Day, our EDAC Town Hall Meeting, and Career Day!

I would like to congratulate Brittany Brown on becoming the new EDAC District 3 Representative. Brittany works for the Children's Hospital of the King's Daughter in the Hampton Roads area of Virginia. Brittany will take over next June at the conclusion of the NATA meeting in Houston.

Pictures are from are from NATA Baltimore- Capitol Hill day.



MAATA Research and Grant Committee

The MAATA Research and Grant Committee has extended its deadline for MAATA Research and Grant Proposal submissions to **October 21, 2016**.

For more information on the grants available and the application procedures, go [HERE](#).

NATA Secondary School Athletic Trainers' Committee

George Wham, EdD, ATC, SCAT

Chair, MAATA Secondary School Athletic Trainers' Committee

District 3 Representative, NATA Secondary School Athletic Trainers' Association



DISTRICT NEWS

SECONDARY SESSION AT 2016 MAATA SYMPOSIUM

This spring's MAATA symposium featured two sessions specific to the secondary setting. NATA SSATC Chair Larry Cooper presented the NATA Secondary School Value Model followed by a Peer to Peer session: "Implementing Best Practices in Athletic Training for the Secondary

School". The sessions were well received by those in attendance. The MAATA SSATC plans to offer session focused on the secondary session again in 2017. Contact me ASAP if you have topics that you would like to see presented. Hope to see you in Virginia Beach next May!

MAATA Safe Sports School Award Grants

This winter MAATA will again offer funding to assist secondary schools with the cost of applying for the NATA Safe Sports School Award in the form of MAATA Safe Sports School Award Grants (including those schools who may be seeking Safe School Status for the 2nd time!). The grant application period will open Monday, January 23. We encourage secondary school AT's to review the NATA SSSA criteria this fall and be ready to apply when the grant period opens. Remember only schools ready to apply for the NATA SSSA should apply for a grant. When the grant period opens, go to www.maata.org and apply!

NATIONAL NEWS

ATLAS Project

KSI in collaboration with NATA SSATC has begun a project to identify US high schools that have AT's and describe the services provided by the AT. **Please update your school's information and complete the survey regarding the AT services provided at your school:** <http://ksi.uconn.edu/nata-atlas>

Secondary School Online Resources

Lots of great resources that have been developed by the NATASSATC for the secondary setting should be easier to locate with the new NATA website.

- Guidelines for Developing a Team Physician Services Agreement in the Secondary School (NEW in 2016)
- Emergency Action Plan Guidelines: Mental Health Emergency in Secondary School Athletes (NEW in 2016)
- Secondary School Sports Medicine Course Outline (NEW in 2016)
- Secondary School Position Proposal Guide
- Secondary School Position Improvement Guide
- Secondary School Value Model (SSVM)
- Secondary School Case Studies Workbook
- Parental Safety Checklist
- Strategies for Funding an AT in a Secondary School
- Proper Supervision of Secondary School Student Aides Official Statement

These and many other great resources can be found [HERE](#).

Electronic Newsletter

The NATA Secondary School Committee recently launched a quarterly electronic newsletter specifically designed for secondary school athletic trainers. If you work in the secondary school setting, you should be already receiving this newsletter through email. If not, please contact the NATA office at 214-637-6282. Current and archived editions can be found [HERE](#).

NOMINATE

NATA SSAT Servant's Heart Award

The NATA SSATC has recently been granted approval for a new award called the *Servant's Heart Award* in honor of the late DIII SSATC member David McAlister. The award will recognize a secondary school AT who makes a great difference in their school and community. The application can be found [HERE](#).

Gatorade Award

Nominate a worthy peer! This award recognizes a certified athletic trainer from each NATA district who has made outstanding contributions in furthering their high school's athletic care program or the overall profession of secondary school athletic training. Each winner receives a \$1,000 grant a Gatorade G Series Performance package, a Sidelines Cart, and an all expenses-paid trip to NATA Annual symposia in 2016. The application can be found [HERE](#).

Jack Cramer Scholarship

Encourage your deserving high school students to apply for the Jack Cramer Scholarship. The application can be found [HERE](#).



ATs Care Initiative

Donita Valentine, ATC, District 3 Representative



AT's Care is a peer-to-peer support program made up of a team of athletic trainers who have been specifically trained in Crisis Intervention and Stress Management (CISM) techniques, working in conjunction with Mental Health Professionals who specialize in providing support to healthcare professionals. ATs Care "Peer Support Providers" are individuals interested in serving on their

District Committees and District Based CISM Teams and complete the Assisting Individuals in Crisis and Group Crisis Intervention Courses through the International Critical Incident Stress Foundation (ICISF). ATs Care "Approved Instructors," will make up the NATA ATs Care Committee Members, and the course work will be completed throughout their five-year term.

The NATA proposed the idea for ATs Care with the purpose of providing aid to athletic trainers in the aftermath of a catastrophic incident or death occurring to one or more of their athletes or colleagues by establishing a peer-to-peer-system to assist monitor, and encourage these individuals to seek initial support through state or regional athletic training care teams.

The program's goals are to provide education for athletic trainers about CISM, post-traumatic stress and their effects both in the workplace and in one's personal life, provide on-scene support, demobilization intervention, post-incident defusing or one-on-one interaction for psychological and emotional support to athletic Trainers, and finally, provide a network of athletic trainers trained in CISM and psychological first-aid as a resource for Athletic Trainer CISM teams.

The ATs Care program is built around the core principals of commitment to confidentially, rapid support response, with an emphasis on the importance of providing International Critical Incident Stress Foundation (ICISF) compliant peer support services using athletic trainers. While the ATs Care program is able to provide and support immediate crisis intervention, it is

not intended to replace professional counseling or mental health services.

The program is tentatively expected to launch in the spring of 2017. District Committee Representative selection is complete; stay tuned for requests for District III Peer Support Providers. If you have questions or would like more information on becoming a peer support provider, please contact your District III ATs Care Committee member, [Donita Valentine](#).

1. Scott K. ATs Care. *National Athletic Trainers' Association*. 2016. Available at: <https://www.nata.org/membership/about-membership/member-resources/ats-care>. Accessed October 3, 2016.

Student Leadership Committee

Destiny Grove, ATC - District III Rep



The NATA Student Leadership Committee provides a voice for students within the athletic training community. SLC promotes learning about issues impacting the athletic training profession, getting involved in volunteer opportunities and taking a stand on matters impacting students in the present and future. All 10 districts will select new representatives for

2017-18. Application information will be released this November. Find out more about SLC by visiting the Professional Interests section of the NATA website [HERE](#).

NATA strongly encourages all athletic trainers, as well as athletic training students, to get their National Provider Identifier (NPI) number. An NPI is a unique 10-digit identification number used in standard health care transactions. It is issued to health care professionals and covered entities that transmit standard HIPAA electronic transactions. As a student of health care, and on your way to becoming a health care professional, you should not only know what an NPI is, but should also have one. Approximately 750 athletic training students have their NPI. Change the culture and be a leader, apply for yours today. More information can be found [HERE](#).



Honors and Awards Committee

Bob Casmus, MS, ATC - Chair



The MAATA Honors and Awards are officially open now and the committee is accepting nominations at this time. The deadline for nominations is November 1st and no nominations will be accepted after that date. Please consider nominating your fellow athletic trainers for MAATA Honors & Awards. All of us know at least one or two individuals who are worthy and deserving of such recognition.

The MAATA Service Award is geared towards recognizing individuals who have done service at the local, state and district levels. The MAATA MDAT award is designed to recognize individuals for their service more so at the district and national levels. The MAATA Hall of Fame is focused on recognizing those individuals who have or had service and impact at both the district and the national level. The District III honors and awards are very much in-line with the NATA national awards. Please understand that the District III Awards are not for recognizing the 'longevity' of athletic trainers in their places of employment.

The District III Honors & Awards application form/candidate profile for the three district awards is similar to what is completed by individuals nominated for NATA national awards. The document may seem daunting, but it gives the sub-committees great information for the evaluation process and only benefits the candidates. In reality, the Honors and Awards application form is quite useful to help one maintain an up-to-date vita or resume.

The sub-committee chairs for the District III Honors & Awards are: John Bielawski, ATC - MAATA HOF Award, Nancy Burke, ATC - MAATA MDAT Award and Sherry Summers, ATC (retired) for MAATA Service Award. The award evaluation teams will remain anonymous and representation occurs with a member from each state, the District of Columbia as well as by gender and employment settings. Additionally there are District III NATA Hall of Famers who rotate in the group to assist with evaluations.

Again, I urge everyone to submit nominations for the MAATA Honors & Awards – all information can be found on the MAATA website under DIII Honors and Awards. ALL advocacy forms and/or letters of recommendation and the candidate profile/application information must be received by 11/30/16 to be considered for the award to which a nomination was made. Incomplete files will not be considered for the awards process.

Reminder – Past NATA Service Award recipients are not eligible at this time for MAATA Service Award and Past NATA MDAT recipients are not eligible at this time for MAATA MDAT. NATA HOF recipients are "recognized" as MAATA Hall of Fame members. ALL MAATA Honors & Awards Information can be found [HERE](#).

Student Senate Update

Emily Hildebrand, PhD, LAT, ATC
MAATA Student Senate Co-Advisor



As the academic year is up and running so are your District III Student Senators.

I would first like to welcome your new Co-Faculty Advisor: Danielle Cotellessa, who is an assistant Athletic Trainer, lecturer, and assistant clinical coordinator at UNC Wilmington. She completed her undergraduate athletic training coursework at Springfield College and her graduate degree at UNC Greensboro. As she begins this new leadership role, she brings a passion for professional development and energy to mentor aspiring athletic trainers.



As for our new senator make-up, please welcome the 2016-2017 Junior Senators:

Danielle Cotellessa

Breanna Malebranche-Towson University, MD
Justin Goff-West Virginia Wesleyan, WV
Michelle Yando-Lynchburg College, VA
Mary Asgari-Western Carolina, NC
Jonathan Jenkins-University of South Carolina, SC

Our returning Junior Faculty Advisor Elena Keretses and Senior Senators Alison Mitchell, Adam Gellios, Lauren Field, Katy Rogers, and Holly Rittenberry, are invested in being the voice of all athletic training students in the Mid-Atlantic Region. To best achieve this, our goals for the academic year are: 1) increase awareness of the athletic training profession through the implementation and promotion of educational events and opportunities for all students, 2) collaborate with other organizations, such as Young Professionals and ATP ATS associations, across the District, and 3) improve communication through partnerships within the District to include athletic training educators, clinicians, and students. Help us achieve our goals by reading our monthly newsletters (sent to all program directors), follow updates via social media, and get involved in events such as the annual service project and the Student Educational Program at the District Meeting May 19-21, 2017 in Virginia Beach, VA.

As we begin our planning of upcoming events we want to hear what you are doing and welcome any suggestions. The more we hear from you, the better we can be! For more information on the MAATA Student Senate, visit the [website](#) and social media accounts:

