

Greetings District III Members,

I send you greetings from a transforming Virginia landscape as spring arrives and renews the beauty of this mid-Atlantic state. As a college professor, I am in the midst of a busy season. No matter what your work setting, I'm sure you are busy as well. I am here to assure you that the leadership of District III, as well as the leadership of the NATA, are working hard and staying busy to move the profession of Athletic Training forward. Here are a few of the activities in which we have engaged since our fall Newsletter:

Here are highlights from the MAATA:

- Ray Davis and Jason Mitchell are working on our Annual Meeting and are actively engaging the Site Selection Committee to present the membership a vote on the next location for our meeting in 2018.
- Lori Bristow and her Program Committee have put together another excellent program for you in May 2016 at the Founders Inn and Spa in Virginia Beach. The program is diverse and current; EBP lectures will be presented again this year.
- At our Annual Meeting and Symposium we will induct Lori Bristow and Ethan Saliba into the MAATA Hall of Fame. We will honor all of our many award winners this year on May 21st. I hope you can join us in this great tradition.
- The Executive Council is beginning the process of writing a MAATA Policy and Procedures Manual. This project will include work from all DIII Committee leaders.
- Our Constitution and By-Laws requires updating some portions. We are also suggesting that the District Treasurer's term limits be extended.
- The Election Committee has begun work on the process of finding new district leaders. My term as District Director and Jim Berry's first term as District Secretary ends in 2017. Let me reiterate that being your District Director has been a privilege and extraordinary experience.
- All of our state associations, and the DCATA, are working diligently on their regulatory acts. Please support your state associations in fighting for your practice acts to best reflect what you do as ATs in your work setting, but also to protect your title as Athletic Trainer. We must be involved in legislative efforts to promote our profession!

Here are highlights from the NATA Board of Directors:

- The NATA has renewed its support of the Korey Stringer Institute (KSI). The research of the KSI and its consistent message of injury and illness prevention has brought great press to the profession and benefits the masses of active people across the world.
- NATA continues to support and sponsor the DATALYS/National Athletic Treatment, Injury, and Outcomes Network (NATION). The publications related to this research spreads the word of the great work ATs do with our patients.
- The NATA Executive Committee on Education is working on supporting educators of AT students through its Professional Degree Transition work group. Webinars and other resources are available to assist members during the degree transition process, including presentations at the 2016 convention and at the 2017 Athletic Training Educators' Conference (ATEC).
- The Secondary School Athletic Trainers Committee has worked diligently to present a sample guideline for ATs in the Secondary Schools who teach sportsmedicine courses.
- The SSATC has also created the Servant's Heart Award. This new award will

Continued...

## FROM THE DIRECTOR



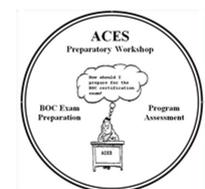
Patricia Aronson, PhD, ATC

### 2016 Supporters of the MAATA

The MAATA would like to thank the following companies for supporting our profession and our association. You may visit their website by clicking on their logo below.



Leaders in Student and Sports Insurance Administration since 1975



Director Aronson's letter continued from Page 1.

recognize ATs in secondary schools for their service to the profession, schools and communities. The first award in DIII will be presented at our Business Meeting in Virginia Beach in May.

- The Youth Sports Safety Alliance Summit was held this past March in Alexandria, VA. This organization has grown tremendously and it's a pleasure to meet and speak with medical professionals across the country who support Athletic Training. It was particularly rewarding to see the athletic trainers in the DC public schools receive their Safe Sports School Awards!
- NATA and the NFL Foundation, PFATS, and Gatorade awarded 15 secondary schools with \$50,000 each to fund athletic trainers in underserved areas. Wow!
- The NATA is gearing up for Baltimore. Hosting the NATA convention in DIII is very exciting!

Finally, I would like to thank the leadership and membership of the North Carolina Athletic Trainers' Association for their exceptional hospitality at the March 2016 NCATA meeting. I enjoyed being with you and witnessing athletic training education at its best! Thanks!

I hope you enjoy the MAATA Spring 2016 Newsletter. Special thanks to all the contributors, to Jim Berry, the Editor, and Sharri Jackson, the designer. The Newsletter is full of updates and opportunities for our members to be involved. I encourage you to read it and consider your own professional advancement in our great profession.

Please don't hesitate to contact me at Lynchburg College if I can be of assistance in your pursuit of involvement in Athletic Training. See you in May and June!

All my best,

Pat Aronson, District Director

[aronson@lynchburg.edu](mailto:aronson@lynchburg.edu)



Elton Hawley, ATC, passed away on Saturday, April 7, 2016, after a 6 year battle with cancer.

Elton was one of the charter members of the North Carolina Athletic Trainers Association in 1974. Over the next 42 years he served the association in various capacities including NCATA President and Vice-President. Elton also served the profession as a member of the North Carolina Medical Society and the NCHSSA Sports Medicine Advisory Committee. Elton was also the long-time medical director for the Shrine Bowl of the Carolinas All-Star Football Game.

Elton's leadership and guidance has been a huge influence on thousands of Athletic Trainers in North Carolina and throughout District 3. He will be deeply missed.

We will provide a complete obituary and further memorial information in the May "60 Second News".

## District III Council

**Patricia Aronson, District Director**  
[aronson@lynchburg.edu](mailto:aronson@lynchburg.edu)

**Jim Berry, District Secretary**  
[d3sectry@gmail.com](mailto:d3sectry@gmail.com)

**Ray Davis, District Treasurer**  
[cfo.maata@gmail.com](mailto:cfo.maata@gmail.com)

**Martin Baker, Past District Director**  
[bakerm@elon.edu](mailto:bakerm@elon.edu)

**Craig Clark**  
**South Carolina President**  
[craig.clark2215@furman.edu](mailto:craig.clark2215@furman.edu)

**Scott Barringer**  
**North Carolina President**  
[scbarringer@hotmail.com](mailto:scbarringer@hotmail.com)

**Drew Mason**  
**West Virginia President**  
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**Maryland President**  
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**Matt Gage**  
**Virginia President**  
[mjgage@liberty.edu](mailto:mjgage@liberty.edu)

**Jennifer Rheeling**  
**District of Columbia President**  
[jennifer.rheeling@dc.gov](mailto:jennifer.rheeling@dc.gov)

## MAATA News

This electronic newsletter is published twice a year by the Mid-Atlantic Athletic Trainers' Association, for its members. For information contained in this newsletter or to submit articles/ideas, please contact the MAATA Secretary:

**Dr. Jim Berry**

Created by [Sharri H. Jackson](#)



## Proposed Constitutional and By-Laws changes to be voted on at the annual meeting.

The Executive Council, with the full support of the District Council, is asking you to approve changes to our MAATA By-Laws. These By-law changes are essential as we move forward as a District, and to keep us more aligned with the recommendations and guideline of the NATA. We will vote on the adoption of the changes at the District III Business Meeting on May 21<sup>st</sup> in Virginia Beach. The changes can be viewed in a “track-changes” document on the MAATA website entitled, “[2016 By-Laws Proposal](#).” A By-Law change, per our Constitution, does not require advanced notice to the membership, but may only be amended at the Annual Business Meeting.

One proposed change to the By-Laws results from a NATA By-Laws change related to the term of office of the district director. The current NATA By-Law:

6.4 Term of Office. The term of office of a Director starts in June following the completion of the sitting Director’s term and shall be three (3) years, followed by a two (2) year term, if re-elected.

Current language of our MAATA By-Laws:

### Section 2.5 Terms of Office

2. 5.1 The District Director, District Secretary, and District Treasurer shall have an elected term of office of two (2) years, but may serve a second two (2) year term.

PROPOSED LANGUAGE:

### Section 2.5 Terms of Office

2. 5.1 The District Director and District Secretary shall have an elected term of office consistent with the NATA Board of Directors and District Secretary-Treasurers’ Committee term limits. These officers may not be elected for more than two (2) consecutive terms.

2.5.2 The District Treasurer shall have an elected term of office of two (2) years, but may serve an unlimited number of elected terms.

Justification:

Current language of the MAATA By-Laws states:

Article 10. These By-Laws shall not conflict with the By-Laws of the NATA. In the event of a conflict, the NATA By-Laws will take precedence and the District By-Laws will be amended accordingly.

Therefore, we would like to change the term of the District Director to reflect this current NATA By-Law. Further, we would

like to make the language more broad for both the District Director’s and Secretary’s positions. This will prevent us from having to make similar changes in the future when the NATA changes its By-Laws.

Please note that this would allow our current and future District Treasurers to serve unlimited number of terms if elected. The Executive Council and District Council propose to change the term limit of the DIII Treasurer for the following reasons:

1. The Treasurer’s position is specialized in that many ATs are not trained or qualified as chief financial officers (CFOs).
2. When an AT is trained and qualified to manage money, create and manage a budget, complete tax forms, make educated decisions regarding investments and expenditures, etc., it is in the best interest of the organization to extend the terms of such a person.
3. The MAATA Treasurer also serves on the Executive Council and it is to our advantage to have an experienced AT assisting in the management of the District.
4. Other districts have also chosen to extend the term of their district treasurer.
5. In the interest of promoting involvement and opportunity, a call for nominations for District Treasurer will occur every two years prompting elections whenever a second qualified candidate becomes available.
6. Extending the term of office of any leader can be risky in that a person may not be effective over time and may need to be replaced. Thus, we will conduct an election every 2 years if qualified members choose to run for District Treasurer.

Lastly, we would like to update the language related to membership of the Young Professionals’ Committee with grammatical changes, and the addition of the “Members-at-Large” positions. Please see the [proposed changes](#) on the MAATA Website.

Thank you for your consideration of these proposed changes to the Mid-Atlantic Athletic Trainers’ Association By-Laws. If you have questions or concerns, do not hesitate to call me.

**Patricia Aronson, District III Director**

## From the Secretary

Dr. Jim Berry, ATC, SCAT, NREMT



Let me begin by first thanking all of our members who chose to renew their NATA membership for 2016. Recently I saw a Facebook posting that someone who had recently visited the NCAA headquarters in Indianapolis had written. It said, “1,100 Members, 3 Divisions, 1 Association”. I couldn’t help but think how those words applied to our association as well. Think about it...”43,000+ members, multiple clinical and practice settings, and **ONE ASSOCIATION.**”

You will notice that I put the members first, because members should *always* be first. After all, it is you that make the association what it has been, what it is now, and what it will be in the future. As one of your elected leaders, I constantly remind myself that I am here to serve you and your interests in our association. While there are many of our AT brothers and sisters that are fortunate to receive regular recognition in the media and even within our own association, I know that the large majority of our members are simply “work-a-day” Athletic Trainers who are striving each day to provide quality care for their patients while also balancing the trials and tribulations of being a husband, father, wife, mother, sister, brother, or someone’s child on a daily basis while trying to earn a living. I want you to know that I’m right there with you, and if I can assist you with professional issues that you face in your “work-a-day” world, please do not hesitate to call on me.

I am also pleased to inform the membership of our latest membership numbers. The membership in District 3 remained static from 2015 to 2016 after having grown the previous 3 years. As of February, the MAATA had **4,753** members. Of those, **4,159** were in good standing with the NATA and had renewed their dues by the February deadline. The remaining **594** members currently have suspended memberships due to non-payment of dues or other circumstances. We continue to hope that some of these members will eventually renew their memberships and return to active status. Currently our District renewal rate stands at 86%, which is slightly below the national average of around 90%.

More specifically, District 3 has **3306** certified members; **23** associate members; **800** undergraduate student members; and **30** graduate student members. Certified members by state are as follows: District of Columbia: **58**; Maryland: **492**; North Carolina: **1059**; South Carolina: **541**; Virginia: **965**; and West Virginia: **191**. If you would like specific numbers for other membership classes please contact me via email and I will be happy to provide you with the specific data you would like.

Finally, I’d like to take this opportunity to encourage you to participate in **your** association by joining me and the rest of our leadership in Virginia Beach in May. If you aren’t planning on being there, then I hope you will be able to join us in Baltimore as our District hosts the last NATA meeting that will likely be

hosted in our District. I also hope that you will take a moment to say “hello” to me and introduce yourself if we happen to run into one another. I’d love to meet you, if I haven’t already, and hear how we can continue to make the MAATA and the NATA a better association for all of us!

**WE JUST WANT TO SAY...**  
**THANK YOU!**

to the ACES Workshops for their \$550 donation to the NATA Research and Education Foundation on behalf of District 3 Members who have served as instructors for various ACES Workshops conducted in District 3.

## From the District Treasurer

Ray Davis, MSS, LAT, ATC



I’m hopeful you’ve recovered from your winter sports season. For me, our spring sports are up and running and with that comes another very busy season in Secondary School Athletics. As usual the number of student-athletes increases astronomically probably from those who want to get in shape for the summer.

I was able to attend the January DST meeting in Dallas and had the opportunity to continue representing you as the D-3 Treasurer at the meetings. Getting there was a challenge based on the winter storm. I was on the last flight to leave out of Greensboro that Friday morning. The weekend was very informative and exhausting but allowed for quite a bit of networking. I’m hopeful I can continue to serve the membership as a Treasurer as expected. You will see some information about the Treasurers position pertaining to By-Law changes. I believe this is a positive change in moving forward. As always, I will maintain a strong oversight of our member’s finances.

Our site selections for the 2018 meeting have been dispersed to the committee members and hopefully this will be finalized for the May meeting.

The 2016-2017 budget continues to be a work in progress and will be presented at our annual business meeting in May. I encourage you to register and attend.

Stay Healthy!



## MAATA SCHOLARSHIP GOLF OUTING

Friday, May 20, 2016

Honey Bee Golf Course

2500 S Independence Blvd

Virginia Beach, VA 23456

Shotgun Start beginning at 7:30am

Luncheon to follow

Exciting Prizes for the Winners! Raffle Prizes, too!

All Proceeds benefit the MAATA Scholarship Fund

To Register please visit MAATA Meeting Registration Site [HERE](#)

Further information or questions, contact  
Scott Johnson at [sjohnso@odu.edu](mailto:sjohnso@odu.edu)



**NATA we are expecting you...**  
**...and look forward to seeing you June 22-25, 2016!**  
**Register HERE.**



## 2016 ANNUAL MEETING REGISTRATION INFORMATION

The 2016 MAATA Annual Symposium is scheduled May 20-22, 2016, at The Founders Inn & Spa in Virginia Beach, VA.

Information regarding room rates and reservations can be found by clicking on the registration tab.

### WHAT DOES YOUR REGISTRATION GET YOU?!?!?

The **Educational Program** is worth up to **13 CEUs**

- o 5 EBPs will be offered within the general Professional Program (pending BOC approval)

We are holding 2 additional EBP workshops (additional fee required)

- **Maximizing Injury Rehabilitation Motivation (worth 4 EBPs)**  
Workshop is brought to you by NATA  
**Must register separately to the general MAATA registration**  
[Register to this NATA workshop HERE](#)
- **Evidence-Based Evaluation and Treatment of the Sacroiliac Joint (worth 4 EBPs)**  
**BACK BY POPULAR DEMAND**  
Add this additional workshop with your [MAATA registration](#)

- Access to the Exhibitor's Social - Friday evening
- Complimentary Buffet Lunch provided at Business Meeting - Saturday
- Access to Director's Reception - Saturday evening
- 10% off all dining purchases in the Swan Terrace
- Complimentary WiFi throughout entire hotel property
- Complimentary Parking

### **DEADLINES FOR MAATA ANNUAL SYMPOSIUM REGISTRATION HAVE CHANGED** PLEASE NOTE DATES FOR RATE CHANGES! REGISTER TODAY!

If we haven't received payment by the rate deadline, your registration will be cancelled; this will force you to re-register under the increased fees.

Registration Type	Advanced	On-Site
	April 17-May 15	May 15-21
MAATA Members	\$200	\$230
Non-MAATA Members	\$290	\$350
Hall of Fame (NATA/MAATA) Member	\$0	\$0
Certified Students	\$130	\$170
Non-Certified Students (HS or College)	\$115	\$140



## 2016 ANNUAL MEETING HOTEL INFORMATION

The Founders Inn & Spa  
5641 Indian River Rd.  
Virginia Beach, VA 23464

**MAKE YOUR HOTEL RESERVATIONS NOW!!!**

For general hotel information, please visit [www.foundersinn.com](http://www.foundersinn.com)

**HOTEL BLOCK CUT-OFF DATE IS APRIL 19th!**  
You can also make you reservations by phone.  
Just call (800) 926-4466

If you are making reservations by phone, you must identify your affiliation with *Mid Atlantic Athletic Trainers' Association* at the time the reservation is made to guarantee your discounted room rate. A major credit card is required to guarantee all reservations; reservations require advanced cancellation notice of 72 hours to avoid charges.



## 2016 ANNUAL MEETING TENTATIVE PROGRAM SCHEDULE

### THURSDAY, MAY 19

**\*\*4:00PM – 8:30PM – “Maximizing Injury Rehabilitation Motivation Workshop”.** NATA EBP presentation presented by Darien Clement, PhD, ATC. Pre-registration required. Limited to 50 participants.

### FRIDAY, MAY 20

7:00AM – 2:00PM: Scholarship Golf Outing

7:30AM – 5:30PM: Registration Open

**\*\*12:00Pm – 4:00PM: “Evidence Based Practice and Treatment of the Sacroiliac Joint”.** Presented by Jay Scifers, DScPT, PT, SCS, LAT, ATC. Pre-registration required. **Approved EBP session.**

3:00PM – 8:00PM: Exhibits Open

4:00PM – 5:00PM: Student Meet and Greet

**\*\*5:00Pm – 6:00PM: “The Need for Mental Health Education within the Athletic Training Profession”** presented by Grady Hardeman, MEd, ATC, LAT. **(EBP pending)**

6:00PM – 7:00PM: **“Hoot’s Chalk Talk on Dietary Supplements and Steroids”** presented by Brian Parker.

**\*\*7:00PM – 8:00PM: “Relative Energy Deficits”** presented by Jennifer Doane, MS, RD, CSSD, LDN, ATC. **(Approved EBP session)**

8:00PM – 10:00PM: Exhibitors Social

8:30PM – 10:00PM: **2016 Student Quiz Bowl**

### SATURDAY, MAY 21

6:00AM – 7:30AM: Fun Run/Walk

7:30AM – 10:30AM: Registration Open

8:00AM – 9:00AM: **“Getting Off the Island: NATA Resources for the Secondary School Athletic Trainer and Proper Use of Student Aides and the Secondary School Value Model”** presented by Larry Cooper, MS, LAT, ATC, and Kathy Dieringer, EdD, ATC, LAT.

Continued...

## 2016 ANNUAL MEETING TENTATIVE PROGRAM SCHEDULE...CONTINUED

8:00AM – 9:00AM: **“Quad Tendon ACL Repair”** presented by Tony Corley, MS, ATC, CES.

8:30AM – 11:30AM: **Student Free Communications**

9:00AM – 10:30AM: **“Implementing Best Practices in Secondary School Athletic Training”** presented by George Wham, EdD, ATC, SCAT

9:00AM – 10:00AM: **“Rehabilitation Strategies to Maximize Long-Term Outcomes Following ACL Reconstruction”** presented by Laura Stanley, DPT, ABPTS, APTA.

10:00AM – 10:30AM: Visit the vendors

10:30AM – 11:30AM: **“Sports Injury in Child and Adolescent Psychiatry”**. Presented by Arman Taghizadeh, MD. *(EBP pending)*

11:30AM – 12:30PM: **HOF Induction and Awards Presentation**

12:30PM – 1:30PM: **Business Meeting and Lunch**

1:30PM – 2:00PM: Visit the Vendors

### SATURDAY, MAY 21

1:30PM – 2:00PM: Professional Poster Presentation

1:30PM – 2:30PM: **“Blood Flow Restriction Rehabilitation”**. Speaker TBA.

1:30PM – 2:30PM: **“Massage Techniques”**. Speaker TBA.

2:00PM – 3:00PM: **“Kinematics of Gait and Functional Gait Analysis”** presented by Greg Dahmer, MA, ATC.

2:30PM – 3:30PM: **Patient Reported Outcomes in Rehab**. Speaker TBA.

2:30PM – 3:30PM: **Modalities – Laser and Diathermy Applications**. Speaker TBA

3:00PM – 4:30PM: Free Communications

3:00PM – 4:00PM: **“The Medical Model: An Alternative in Sports Medicine Administration”** presented by Ashley Long, PhD, LAT, ATC.

3:30PM – 4:30PM: **Concussion and Vestibular Rehab**. Speaker TBA

3:30PM – 4:30PM: **Strength and Conditioning Techniques**. Speaker TBA

4:00PM – 5:00PM: **“Transition into Practice to Lifetime Advancement”** Panel discussion moderated by Andy Carter, MS, ATC.

4:00PM – 6:00PM Break Out Sessions (Two one hour sessions) Limited to 30 people

i. **“Functional Movement Assessments: Practical Application in Military and Athletic Populations”** presented by Peter Lisman, PhD, ATC.

ii. **“Kinematics of Gait and Functional Gait Analysis”** presented by Greg Dahmer, MA, ATC.

iii. **“Rehabilitation Strategies to Maximize Long-Term Outcomes Following ACL Reconstruction”** presented by Laura Stanley, DPT, ABPTS, APTA.

### SATURDAY, MAY 21

5:00PM – 5:45PM: **AT Olympics**

7:00PM – 8:00PM: **YP Social – Hunt Room**

8:00PM – 11:00PM: **Director’s Reception**

### SUNDAY, MAY 22, 2016

7:30AM – 8:30AM: **Mentor’s Breakfast**

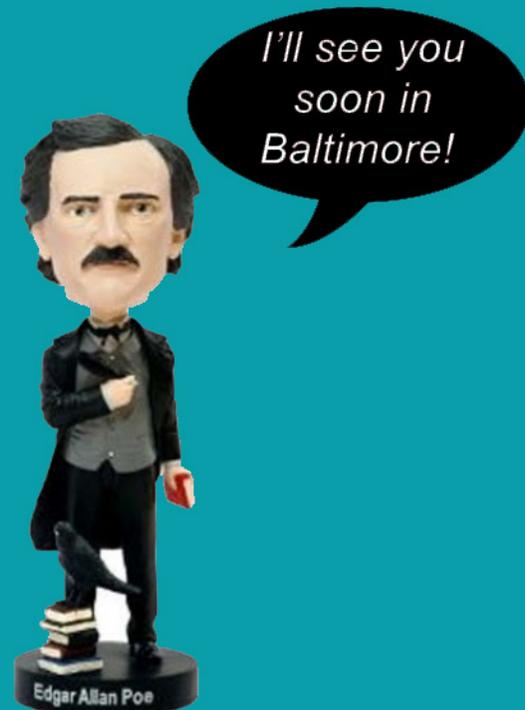
8:30AM – 10:00AM: **Career Development** (mock interviews, resume critiques)

9:00AM – 10:00AM: **“Concussion Cognitive Rest and Return to Activity Protocol”** presented by Martin Baker, ATC.

\*\*10:00AM – 12:00PM: **“Building an Evidence Based Concussion Management Protocol”** presented by Jacob Resch, PhD, ATC. . *(Approved EBP session)*

\*\* = EBP session

*Italicized = Student Program*



*Congratulations*



MID-ATLANTIC ATHLETIC TRAINERS' ASSOCIATION

## 2016 Award Winners

### MAATA Hall of Fame—Class of 2016



Lori Bristow, LAT, ATC



Ethan Saliba, PhD, PT, ATC

### Most Distinguished Athletic Trainers



Herb Amato, DA, ATC



J.J. Bush, ATC



Joe Beckett, EdD, ATC



Martin Baker, ATC



Sherry Summers, ATC



## 2016 Award Winners

### Athletic Trainer Service



Jim Bazluki, ATC



John Knaul, MS, ATC



Dan Lopez, ATC



Maureen Thompson, MS, ATC



Jess Vera Cruz, MSED, ATC

*Please join us on  
Saturday, May 21, 2016 at 11:30am,  
as we honor all of these Athletic Trainers and their  
service to our District and Association during the  
MAATA Annual Meeting.*



2016 National Award Winners  
from District 3

**Most Distinguished Athletic Trainer**



**Dr. Jim Berry, EdD, ATC**

**Athletic Trainer Service Award**



**Amanda Caswell, PhD, ATC**



**Brian Curless, MA, ATC**



**Ian Rogol, MEd, ATC**



**John Reynolds, MS, ATC**



**Jennifer Rheeling, MS, ATC**



**Bret Wood, MEd, ATC**

*Congratulations!*



NATIONAL ATHLETIC TRAINERS' ASSOCIATION

2016 National Award Winners from District 3

**NATA Fellows**



**Joe Hart, PhD, ATC**



**Tricia Hubbard-Turner, PhD, ATC**



**Randy Schmitz, PhD ATC**

**NATA Honorary Members**



**Ken Fine, MD**



**Jeffrey Guy, MD**



**John Miller**



**Terry Thompson, MD**

## Why Should Athletic Trainers Get an NPI?

Published March 29, 2016 on the Board of Certification AT Life Blog  
 Kathy I. Dieringer EdD, ATC, LAT - NATA District VI Director  
[kidier@ddsportsmed.com](mailto:kidier@ddsportsmed.com)

You've heard it before, but now it is even more important. As Athletic Trainers (ATs), we are at a crucial time in the history of our profession, positioned to be a leader in healthcare since our team-based approach is the model on which the future is based. ATs are the experts in injury prevention, and healthcare is moving in the direction of emphasizing prevention. We have worked for years to improve our status in healthcare and have made incredible strides, but our work is not done!

So why don't some ATs take the 5 to 10 minutes to get their NPI? We've all heard the reasons: I'm in the (fill-in-the-blank) setting so it doesn't apply to me; I will never bill for my services; I don't like how we're categorized; or it doesn't help me.

Let's take the *I* and *me* out of it, and think *we*, as in *we*, the athletic training profession. It doesn't matter where you work, it doesn't matter if you are seeking reimbursement and categories can be changed. What matters is representing yourself as a healthcare provider with an NPI. We were recognized by the American Medical Association over a decade ago, and while that recognition was important, we must continue to progress.

When any entity is trying to assess market penetration of healthcare providers, they use one common tool: the NPI database. This is true of legislators, regulatory agencies and insurance companies. This occurs on the state level as well as the federal level. Imagine the powerful representation we would have if all ATs were represented during this search. There is definitely strength in numbers. Using NPI statistics gives ATs more power in legislative, regulatory and healthcare initiatives, increasing our value as allied healthcare providers.

The most commonly understood reason to have an NPI is its necessity when billing third party payers for services performed by a healthcare provider. Any claim submitted to an insurance company must identify the AT by an NPI or the claim will be rejected. Is third party reimbursement important to our profession? Absolutely! Is it **THE** most important reason to get an NPI? In my opinion, no.

The most important reason for all ATs to get their NPIs is to increase the representation of our profession in the healthcare market. We are stronger together, and this most definitely pertains to market penetration of our profession.

I implore every AT to take the time and get your NPI. The process takes all of 5 to 10 minutes, and your NPI follows you for the rest of your career as a healthcare provider.

Follow [this link](#) to learn more about how easy it is to obtain an NPI, as well as step by step instructions.

## North Carolina Students Collect Toiletries for MAATA Student Senate Service Project



Katy Rogers (Junior Senator-UNC Wilmington) and Student Senate Chair Kelcey Holcomb (Western Carolina) collected dozens of toiletries during the NCATA State Meeting in early March on behalf of the MAATA Student Senate, which has undertaken this as their 2016 Service Project. All the items collected will be donated to charities throughout the District who can use the supplies collected for their clients.



2016 is an election year for District 3. Elections for both District Director and District Secretary will be held late this Fall. Further information regarding nominations and the election process will be included in upcoming issues of our monthly "60 Second News". Qualified members in District 3 are encouraged to seek election to one of these positions if you would like to serve and **ALL** members of the MAATA are *strongly encouraged* to actively participate in the election by casting their vote for the candidate(s) they feel will be represent their interests during the next term.



### NEWS FROM WEST VIRGINIA

**Drew Mason, ATC**  
President, WVATA

#### Passing the Torch

Congratulations to President Drew Mason as he began his term at the 2016 WVATA Annual Meeting and Symposium. Past-President Vince Stilger headed his last business meeting before handing the gavel to President Mason. Stilger had this to

say about his presidency and passing the leadership role onto President Mason, "I certainly enjoyed my opportunity to serve as president of the West Virginia Athletic Trainers' Association (WVATA) during the past two years. One of our primary focuses was to push towards obtaining licensure within the state. Even though we weren't successful with that attempt, we feel our efforts were noteworthy in bringing awareness and attention to the legislative body in what we do as health care professionals. We gained additional awareness on how the legislative process functions and realize that all professions need to maintain an association and presence with governmental officials. As Drew Mason takes over as the new president of the WVATA, he looks to advance and move the association forward. He has been quite involved over the past few years and should be a great spokesperson for our association!" President Mason is excited and optimistic about the next couple years serving the WVATA members and profession. Mason stated, "The WVATA would like to thank Vince Stilger for his time as WVATA President. Under Vince's leadership, as WVATA President, the WVATA held two of the largest Capitol Hill Days in WVATA history. The WVATA has gained a great deal of exposure and traction as a professional allied health organization on various fronts. Whether it was fighting for licensure in Charleston or awarding Safe Sports School Awards from the NATA across the state, Vince was the ever present professional AT."

#### President Mason Address

I am honored and humbled to be starting my presidency for the WVATA. There have been many great individuals hold this office and I hope that I can do it service. The profession of Athletic Training and the State of WV face many challenges. While some of the gaps in these issues have been narrowed, some continue to be very wide.



West Virginia continues to be a regulation only state. Licensure remains to be at the forefront of what it is that we as an organization do and something we strive for as a profession. The legislation sessions continue to be our strong point in educating our state legislators and delegates. However, it is the duty of each and every athletic trainer to educate the public when the opportunity presents itself.

In regards to public safety and student-athlete healthcare there continues to be a severe lack of athletic trainers providing services at West Virginia high schools. Approximately 20% of all high schools in WV are receiving full time AT services. The biggest gaps being in female sports, smaller schools and sports outside of football. Other concerns continue to be the concussion epidemic, concussion education, concussion reporting and management, overuse injuries and EAPs.

None of the aforementioned items can be corrected or improved without legislative support. I look forward with meeting and discussing our profession and our challenges with as many of you as possible.

#### Successful WVATA Meeting

Marshall University hosted another great state meeting and symposium in Flatwoods, West Virginia. The two-day event consisted of educational presenters from an array of disciplines in the profession, networking with colleagues across the state and strengthening the membership within West Virginia. A special thanks goes to all of the presenters and Zach Garrett for leading another great meeting. The 2017 WVATA Annual Meeting will be hosted by West Liberty University, in Flatwoods, WV, March 3<sup>rd</sup> and 4<sup>th</sup>.



#### 2016 WVATA Quiz Bowl Champs

Cheers to West Virginia Wesleyan College for winning the WVATA Student Quiz Bowl in March! Team members included Devon Brosh, Anna Flesher and Taylor Zuber. They will represent the WVATA at the MAATA meeting in May. Good luck!

#### 2016 WVATA Award Winners

Congratulations to the 2016 WVATA award recipients and student poster and oral presentation winners. These individuals include:

*Athletic Trainer of the Year*  
Tom Belmaggio, Marshall University  
*Athletic Training Educator of the Year*  
Drew Mason, West Virginia Wesleyan College  
*Athletic Training Student of the Year*  
Monica Rahall, Marshall University

#### Student Oral Presentation Winners:

- 1<sup>st</sup>- Olivia Brawley, University of Charleston
- 2<sup>nd</sup>- Jacob Brown and Barrett Wireman, Marshall University
- 3<sup>rd</sup>- Alexandria Stratton, University of Charleston

#### Student Poster Presentation Winners:

- 1<sup>st</sup>- Stephen Probert, Wheeling Jesuit University
- 2<sup>nd</sup>- Ashley Milligan, University of Concord
- 3<sup>rd</sup>- Jessica Strawn, University of Charleston

## Elections

Nominations were requested and elections were held for new officers. Those elected as part of the Executive Committee for the WVATA include:

Secretary- Zach Garrett, Marshall University  
Student Representative- Maddee Carroll, West Virginia University

Congratulations and thank you for volunteering your time to be part of the WVATA. Thanks to all who accepted nominations and hope you consider helping in the future. If you would like to volunteer within the state or on a committee please contact President Drew Mason at [mason\\_d@wvwc.edu](mailto:mason_d@wvwc.edu).



## Capitol Hill Day

On February 19th, athletic trainers and athletic training students from across the state participated in Capitol Hill Day in Charleston. The mission was to

educate the senate and house about the profession of athletic training and the importance of obtaining licensure in the state. It was a successful day at the capitol and hope to build on the endeavors next year. Thank you to all the students and professionals who volunteered for this event!

## Social Media

Be sure to visit our webpage at [wvata.org](http://wvata.org) for the latest information and events within the WVATA!

Please follow us on Twitter (@WVATA\_NATAD3) and like our page on [Facebook](https://www.facebook.com/WVATA) (West Virginia Athletic Trainers' Association). If you have any photos or stories that you would like to share please send them to [wvatad3@gmail.com](mailto:wvatad3@gmail.com).



## NEWS FROM MARYLAND

**Greg A. Penczek**, MS, LAT, ATC  
President, MATA

I hope that everyone has had a great winter and an even better start to Spring! I would like to take this opportunity to pass along some important happenings from The Land of Pleasant Living. The MATA has been very busy over the past several months with our hands in a wide variety of projects.

The biggest project came on the political end. The 2016 legislative session in Annapolis saw the MATA embark on a legislative effort to streamline our licensure process and provide an avenue for our members to provide healthcare to the patients who fall into the definition of a Tactical Athlete or First Responder. Our Governmental Affairs Committee work tirelessly to get this important legislation passed. However, our efforts fell short as the Tactical Athlete/First Responder language was amended out by the House of Delegates Health and Government Operations Committee Chairman at the 11<sup>th</sup> hour. The good news is that the bill passed with the licensing change, which will ultimately have a positive effect on all of our current and future members. The MATA has garnered a great deal of support for our efforts to provide healthcare to the tactical athlete/first responder and are in the early planning stages for our 2017 legislative session agenda.

The MATA Executive Council and our members had a great National Athletic Training Month! The Secondary School and College and University Committees ran a great project where they highlighted many of our members through the social media outlets. We were also very fortunate to get proclamations from the State of Maryland, as well as 4 different counties within the state in support of March as National Athletic Training Month. I cannot be more proud of Committee Chairs and Members on their hard work to promote the profession during this important month.

As the spring wears on, the MATA will continue to prepare for our State Symposium and Business Meeting, which will be held on Friday, June 3<sup>rd</sup> on the campus of Towson University. We look forward to a great educational experience for our members, accompanied by a meeting that will culminate with our Annual Honors and Awards presentation. We are excited to have several well deserving award winners in this year's class and will be passing that information should be public by the time MAATA newsletter goes to print!

I also would like to remind everyone to please consider volunteering at the NATA Clinical Symposia and AT Expo this summer in Baltimore. This is the last time that the meeting will be held in Baltimore and our district will be on display for all to see. I know our state members are very excited and I look forward to having you all in our home town this summer!

Finally, I wanted to pass along my gratitude and thanks for all that you do for this great profession. This is my last time writing to you as the President of the Maryland Athletic Trainers' Association as my term comes to an end this summer. Over my time I have made many friends and gotten to know a great deal of you through a multitude of avenues, whether it be the district convention or in passing on a road trip. I believe that we are in one of the top districts in the NATA. I am privileged to be a member and honored to have learned from so many high caliber healthcare professionals.

Enjoy the rest of your spring as I hope to see many of you at the MAATA and NATA meetings.



#### NEWS FROM SOUTH CAROLINA

**Craig Clark**, ATC, SCAT  
President, SCATA

Greetings from South Carolina:

It's been a busy 2016 for SCATA. February was especially busy as SCATA's Annual Legislative Luncheon, "BBQ at the Blatt" was held on February 10, 2016. There were more than 30 athletic trainers in attendance, who were able to visit with 81 legislators, as well as over 230 members of the legislative staff.

Later in the week on February 13<sup>th</sup>, River Bluff High School in Columbia, South Carolina hosted the 2016 SCATA High School Workshop. Over 100 high school students from twenty-four high schools participated in this year's event, which provided the opportunity to gain knowledge about the athletic training profession, meet fellow high school students, as well as interact with collegiate athletic training students throughout the state. Topics included splinting, crutch fitting, spine boarding, modalities, stretching, functional movement screen, return to play criteria, as well as upper and lower body taping and rehabilitation. Scott Ganuchau, ATC, SCAT, Scott Thomas, ATC, SCAT, Niki Gay, ATC, SCAT, Amy Knogge, ATC, SCAT, and Brad Yeargin, ATC, SCAT, of the SCATA's High School Workshop Committee would like to thank Charleston Southern University, Clemson University, Erskine College, Limestone College, Winthrop University, the University of South Carolina, and Cora Rehabilitation and Sports Medicine for presenting at this year's high school workshop.

Also in February, the SCATA's College and University Committee hosted the annual College and University Symposium at the University of South Carolina. Over 130 athletic training students from throughout the state attended the event to learn about career planning, transition to practice, imaging techniques, functional movement screens, and the new NATA spine boarding recommendations. Five Athletic Training Education Programs participated in the South Carolina Quiz Bowl. Congratulations to the College of Charleston, who will be representing South Carolina at the MAATA Quiz Bowl in May. The committee would like to thank the student attendees and everyone who made this event a success.



The program committee is again preparing for another great symposium. Please mark your calendar for SCATA's Annual Symposium, July 14-15, 2016 in Columbia, South Carolina. Remember you will need an NPI Number to register for this year's symposium. To obtain an NPI Number, click [HERE](#).

Please also join us for a round of golf for a good cause. SCATA's Annual Scholarship Golf Tournament will be held on Wednesday July 13, 2016. More details to follow.

Another committee hard at work is our Public Relations Committee. Please follow us on Facebook and Twitter.

Twitter: [@SCATCs](#)

Facebook: [South Carolina Athletic Trainers Association](#)



#### NEWS FROM WASHINGTON, D.C.

**Jennifer Rheeling**, MS, ATC  
President, DCATA

Here in DC we continue to work on our licensure efforts. Our technical amendments have not yet been brought to a final vote for acceptance due to City Council's need to focus on other issues.

We have been reassured that all is well with our language. In the interim the bill has been sent to DC Department of Health to initiate the regulatory phase. This places us currently under the Board of Physical Therapy and we are lobbying to be placed under the Board of Medicine.

The DCATA executive board will meet Thursday, April 21. The DCATA Spring Business Meeting will be held April 27 at 10:30 at Busboys & Poets restaurant. The DCATA will front the first \$150 of the tab. Each executive board member has been pledged to reach out to five members who have not previously attended a meeting to personally invite them. Additionally there will be prize giveaways to encourage attendance.

On March 11th, DCATA members volunteered at the Rock N Roll Marathon as a community outreach effort for National Athletic

Training Month. L to R: Dawn Bracley, MS, ATC; Stephanie Green (high school student aide); Jamila Watson, MS, ATC; Jennifer Rheeling, MS, ATC.



(PASS) Washington DC Community Huddle on Concussion at the Rayburn Building. The huddle focused on promoting awareness and education and highlighted the importance of athletic trainers in the recognition and treatment of concussion.



Eleven DC Public School Athletic Trainers were awarded NATA Safe Sports School First Team honors on March 15. We would like to thank Pat Aronson and George Wham for their patience and support in this endeavor. It was an exciting day and generated a lot of interest locally. Additionally, Britni Adams with the NATA was exceptionally helpful and did an immense amount of legwork to get this endeavor completed in time for the awards to be presented by Scott Sailor at the Youth Sports Safety Summit. We especially love the large banner with all of our represented schools. Our goal is to get all DC high schools with athletic trainers to receive the award, including private, parochial and independent.

We are in the planning stages of our own version of “Hit the Hill Day”. We are seeking to set up a mock athletic training room at the Wilson Building in DC, which houses The Council of the District of Columbia as well as the Mayor. We would like to expose the Mayor, Council and staff to the expertise of athletic trainers and offer evaluations and advice to establish connections and communication. Additionally, we are exploring the possibility of participating in the annual NBC4 Health & Fitness Expo in January 2017 as a huge opportunity to reach the public, and we are working to provide CEU opportunities to our members. Finally the DCATA is developing its own Honors & Awards program to recognize the members who have provided their support to the organization and helped put athletic training on the map in DC.



If anyone is interested in DCATA membership, assisting with any projects or developing others, in need of information or has comments please reach out to us at [www.dcathletictrainers.org](http://www.dcathletictrainers.org)!

L to R: Jovan Means, Donita Valentine, Patricia Billingslea, Jamila Watson, Rachelle Saunders, Jennifer Rheeling, Dawn Bracley, Kimberly Summy, Terrill Paulsen, Charmil Spooner; banner held be Scott Sailor, NATA President and Reggie Ballard, DCPS DCIAA Director of Athletics

In conjunction with this the Council of the District of Columbia, led by the efforts of Ward 7 Councilmember Yvette Alexander, issued a Resolution to mark the day.

On March 30 & 31 DCATA members Christina Benson, MS, ATC and Jennifer Rheeling, MS, ATC attended the National Council on Youth Sports Safety Protecting Athletes and Sports Safety





### NEWS FROM VIRGINIA

**Matt Gage, PhD, ATC**  
President, VATA

Fellow athletic trainers, 2016 has already been a busy year for the VATA. Our annual meeting and clinical symposium was held on January 9 and 10<sup>th</sup> at the Kingsmill Resort in Williamsburg. It was another very successful meeting due to the hard work of the annual meeting and student affairs committees, these committees are

respectively chaired by **Kimberly Prichard, PhD, LAT, ATC** and **Jamie Frye, PhD, LAT, ATC**. These committees did an incredible job of planning programming for the 190 certified and 111 students members that were in attendance. The programming was highlighted by two Evidence-Based Practice sessions that were led by **Jacob Resch, PhD, LAT, ATC** and **Mike Higgins, PhD, PT, LAT, ATC**.

The VATA wants to acknowledge the dedication and service of the former President **Jay Sedory, MEd, LAT, ATC, EMT-T** and Treasurer **Ian Rogol, MEd, LAT, ATC**. Their leadership has guided and strengthened the VATA. We are very fortunate that Jay will be serving as a Past-President for the next two years. Thank you Jay and Ian!

**Scott Powers, MS, LAT, ATC** of Bridgewater College was elected to the role of President-Elect. Other elections that took place included three new region representatives. The representative for region 1 will now be **Beth Druvenga, MEd, LAT, ATC**. Region 3's representative is now **Maegan Michalik, MS, LAT, ATC** from James Madison University. Jessica Bissinger from The College of William and Mary has taken over as the region 4 representative. We would like to thank **Danny Carroll, M.Ed, LAT, ATC**, **Mitch Callis, MEd, LAT, ATC**, and **Scott Powers, MS, LAT, ATC** for the dedication and leadership they exemplified for their region.

The VATA has also had several new committee chair appointments. **Katie Grover, MS, LAT, ATC** from St. Stephen's and St. Agnes School has taken over as the Membership Committee Chair. The Public Relations Committee is now being led by **Ashley Day, MEd, LAT, ATC** of Valley Health. **Sara Whiteside, MS, LAT, ATC** of Spotsylvania County Schools will serve as the chair of the Honors and Awards Committee. A webmaster position has been created and **Michael Moore, PhD, LAT, ATC** of Radford University will be fulfilling that role. The VATA is extremely grateful for all of these new leaders.

A highlight of the student programming at the 2016 VATA Annual Meeting and Clinical Symposium was the annual quiz bowl. The quiz bowl was well attended by certified and student members. This year 9 of the 13 professional athletic training programs in the Commonwealth of Virginia participated in the 2016 VATA Quiz Bowl. Liberty University took home the trophy this year.



(Pictured left to right: Kevin MacIntyre, Tyler Amburgey (alternate), Josh Valentine, and Dan Brown)

**Grace Weniger, MEd, ATC, PES** and our Honors and Awards Committee assembled another wonderful class of honorees for the Annual Honors and Awards Luncheon. The awardees this year included the following:

**Scott Lawrenson, LAT, ATC** was awarded the College/University Athletic Trainer of the Year Award. He currently serves as the head athletic trainer at Randolph College in Lynchburg.

**Sara Whiteside, MS, LAT, ATC** of Spotsylvania County Schools was awarded the Dr. Vito Perriello Secondary School Athletic Trainer of the Year Award.

The Educator of the Year Award was given to **Jamie Frye, PhD, LAT, ATC**, program director for James Madison University's Athletic Training Program.

**Matt Hoch, PhD, LAT, ATC**, Assistant Professor of Athletic Training at Old Dominion University in the Norfolk, VA was awarded the Researcher of the Year Award.

The VATA was also honored to induct **Dr. Douglas Gregory**, a pediatrician and primary sports medicine specialist into the VATA Hall of Fame this year. Dr. Gregory is beyond worthy of this honor, he has advocated for the athletic training profession probably more than most athletic trainers. The VATA thanks Dr. Gregory for the commitment and dedication he has shown to our profession.



(Pictured L to R- Grace Weniger, Scott Lawrenson, Sara Whiteside, Matt Hoch, Dr. Gregory, Jamie Frye, and Matt Gage)

The VATA Executive Council and Committees will be working towards accomplishing the following initiatives:

1. Increase membership involvement
2. Increased number of secondary school athletic trainers in the Commonwealth
3. Promote athletic training through governmental affairs
4. Continue to build relationships with other associations and entities within the Commonwealth

If you are interested in getting involved to help the VATA accomplish any of these initiatives please email **Matt Gage**.

The VATA had its Annual Hit the Hill Day on February 23. It was a well-attended and successful day due to the efforts of Governmental Affairs Committee Chair **Dave Pawlowski, MEd, LAT, ATC** and Lobbyist **Becky Bowers-Lanier**. A special thank you needs to go out to **Rose Schieg, DHSc, LAT, ATC, PT, OSC, CSCS** of Shenandoah University and **Connie Peterson, PhD, LAT, ATC** of James Madison University for participating in the day but also bringing some of their students with them. The contingent of AT's and students attending had the opportunity to meet with Delegate Mark Keam who sponsored the recent concussion bill.



(Delegate Keam is in the center)

Please bookmark the [VATA website](#), on your Internet browser so you can stay up to date on the recent happenings and upcoming events such as CEU opportunities in each region of the Commonwealth.



**NEWS FROM NORTH CAROLINA**

**Scott Barringer**, M.Ed., LAT, ATC, CAA  
President, NCATA



The North Carolina Athletic Trainers' Association held its annual meeting in Wrightsville Beach, NC March 4-6 in conjunction with National Athletic Training Month. The highlight of the weekend

was the announcement of the annual awards presented by the association.

The most prestigious of the awards was the presentation of the **2016 Hall of Fame** class. The newest member to be presented into the **NCATA Hall of Fame** was **Brett Wood** of the **University of North Carolina at Charlotte**

**NCATA Athletic Trainer of the Year** was presented in four categories:

**Secondary Schools - Richard Baker, Wake Forest High School**

**Secondary Schools Outreach – Jason Brafford, Carolina’s Healthcare System**

**Clinic/Emerging Practices – David Wilkenfeld, NC School for the Arts**

**College/University – Nina Walker, University of North Carolina at Chapel Hill**

**The Educator of the Year Award** was presented to **Dr. Anh-Dung Nyugen, of High Point University**

**Dr. Jared Miller** from Elizabeth City was named **Sports Medicine Person of the Year**. Miller is a physician with **Sentra Healthcare System**.

**Carolina Healthcare Systems, Charlotte** was recognized with the **Corporate Service Award**.

**The Presidential Scholarship for Leadership** was presented to **Kelcey Holcomb**, a senior at **Western Carolina University**.

The **Hall of Fame Scholarship for Academic Excellence** was presented to **Johanna White**, a senior at the **University of North Carolina at Chapel Hill**.

## Quiz Bowl Results

The NC Collegiate Athletic Training **Quiz Bowl** was held with eleven teams participating representing colleges across the state. The schools participating were Appalachian State University, Campbell University, Catawba College, Greensboro College, High Point University, Lenoir Rhyne, Methodist, UNC-Chapel Hill, UNC-Charlotte, UNC-Greensboro and Western Carolina. **Western Carolina University** team will be representing North Carolina at the Mid-Atlantic Athletic Trainers Association District Athletic Training Quiz Bowl in Virginia Beach in May.

## North Carolina Lifesavers Recognized

Also during our meeting in March, 13 certified athletic trainers and 3 athletic training students we recognized for their participation in actions that saved the lives of 9 individuals in North Carolina from July 2015-Nov 2015. On average, 1-2 athletic trainer lifesavers have been reported to the NCATA in a calendar year. This record breaking year has highlighted the need for qualified healthcare providers at all events, not just football games. Certified athletic trainers are uniquely qualified for on-field management of acute injuries and illnesses as well as traditional evaluation, treatment and rehabilitation of sports related injuries and conditions. The events this fall included 2 cardiac arrest incidents of high school soccer players and one high school basketball player, 2 spectator cardiac arrests, heat stroke with temperature over 108 in preseason soccer, and a stroke, lacerated spleen and cervical spine injury in 3 football players. All had positive outcomes due to the specialized training and rehearsed emergency action plans of the athletic trainers. One of the highlights of this year's conference was a panel discussion about the lifesaver events by the lifesavers, including one of the families discussing their appreciation of the care received by the athletic trainer. Full stories can be read at [www.ncathletictrainer.org](http://www.ncathletictrainer.org) under athlete safety, NC lifesavers.

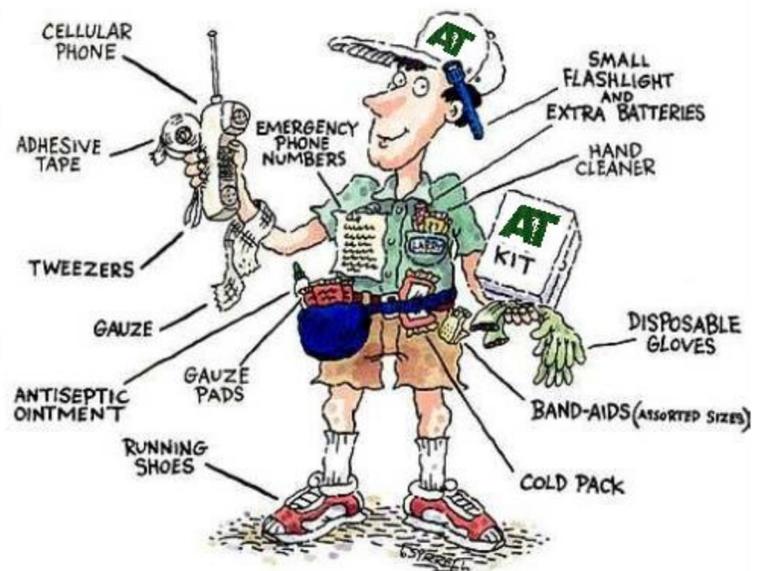
The following individuals were recognized:

- **Kim Chase ATC, Sally Mays ATC, Jake Mir ATC, Carly Natsis ATS** of UNC-Chapel Hill, UNC Volleyball medical staff successfully revived spectator who was in cardiac arrest using CPR and AED.
- **Eric Hall ATC** of Cary High School accurately identified and referred high school football player experiencing a Stroke.
- **Roslyn Hart ATC, Sara Woods ATC and Jordan Johnson ATS** of Carolinas Healthcare System-Blue Ridge, successfully resuscitated a man who went into cardiac arrest while playing tennis near the cross country event they were covering.
- **Brendon Jonsson ATC** of Southeastern Healthcare and **Jordan Jones ATS** successfully identified, stabilized and referred a football player with a lacerated spleen.
- **John Lavender ATC & Ian Mushinski ATC** of Winston Salem State University, recognized, stabilized and assisted with the transport of a collegiate football player with multiple levels of neck fractures.

- **Elizabeth Nottingham ATC** of South Rowan High School successfully resuscitated a high school soccer player who collapsed due to cardiac arrest.
- **Brenda Paider ATC** of Catawba College utilized CPR and AED on a high school basketball player who collapsed due to cardiac arrest at a summer camp.
- **Heather Teague ATC** of Providence Day School in Charlotte, NC revived a high school soccer player who collapsed due to cardiac arrest.
- **Tracy Yoshikawa ATC** of Eastern Carolina University successfully identified and treated a women's soccer player with heat stroke and core temperature of 108.



L to R: Elizabeth Nottingham, Kim Chase, John Lavender, Ian Mushinski, Brendon Jonsson, Heather Teague  
Photo by: John Burney



**ALWAYS READY!!**

**State Association Advisory Committee Update**

Laura Hartman, MS, ATC - District 3 Representative



We had a great meeting in Dallas and we are working to provide more resources and information to state associations.

Currently, we are working on our agenda and presenters for the State Leadership Forum in Baltimore. We received some wonderful topics from various presenters and we hope to provide an informative and useful session, with CEU's, that focuses on communication and discussion topics prior to Hit the Hill Day.

We are aggregating resource information for new and existing state leaders. Current resources will include common "how-to's" for new state leaders, like role expectations as based on current leadership standards, how to establish and maintain non-profit status, tips for engaging membership involvement, links to the District Secretary and Treasurer's best practices recommendations, and many more.

We are working with Knowledge Initiatives on re-tooling the Leadership Academy (formerly StarTRACKS).

We are working on a new leadership award to recognize upcoming and established state leaders in their promotion and advocacy for athletic training.

Now that the new NATA website is up and running, we hope to have our state leader resources and information up in a convenient location. If any state leaders are interested in locating resources, please contact a representative of SAAC, by district size.

Thank you and I look forward to seeing you all at Convention!

**Political Action Committee**

Robert J Cable, MS, ATC - Chair



As we all start planning for the summer and Convention season, I want to bring you up to date on the happenings of the National Athletic Trainer Association Political Action Committee (NATAPAC).

First off, at the MAATA meeting in Virginia Beach we are planning on having a Bill Griffin Memorial walk on Saturday morning at

7:00 a.m. As you know, Bill was an avid supporter of the NATAPAC and served as the District III Representative, in addition he was a great friend to everyone he met and is missed by all who knew him. Registration for the walk will be at the NATAPAC table and there will be T-shirts available for those of you who would like to donate and join in on the occasion. For those of you who are planning on golfing Friday morning, there will be MAATA/NATAPAC logo golf balls for sale prior to start of the outing. All proceeds for both events will go to the NATAPAC, either in memory of Bill or there will be envelopes available for individuals to donate directly to the PAC. My hope is that this will become a yearly tradition at the District Meeting.

Second, at the NATA meeting in Baltimore, the PAC has several events planned starting with Capitol Hill day on Wednesday, June 22 and ending with the NATAPAC Breakfast on Thursday, June 23. The Capitol Hill Day is an event that is normally held in February but, due to the proximity of this year's annual meeting, we will "hit the Hill" in conjunction with this year's NATA Symposium. This gives those who would not generally have the time and resources to participate in this important legislative activity. Take it from someone who had, until last year, not participated in Capitol Hill Day. It is educational, informative, and fun. As for the breakfast, if the speaker this year is anything like last year, it is worth the price of admission. Charlie Thompson was amazing, very motivating, and well received by all who attended the breakfast. What a message he delivered.

Let me conclude by taking this opportunity to thank those of you who have already donated to the PAC through the MAATA registration process. Those individuals are:

- |               |                |
|---------------|----------------|
| Robert Casmus | Marty Sataloff |
| Emily Evans   | Ashley Long    |
| George Wham   | Dan Lopez      |
| Gary Rizza    | Pat Aronson    |
| Robert Cable  |                |

I urge everyone to "skip a lunch for the PAC". It is something we all can and if you are like me, need to do. That's all it takes to help our organization continue to keep us at the forefront of health care.

Thank you for allowing me to share this information with you. I look forward to seeing and speaking with each and every one of you at either the MAATA meeting or the NATA meeting. Have a happy and healthy Spring Season!



- DC @DCATA2014
- MD @Maryland\_ATs
- NC @NCATA1974
- SC @SCATCs
- VA @VATA\_PR
- WV @WVATA\_NATAD3



## NATA Secondary School Athletic Trainers' Committee

George Wham, EdD, ATC, SCAT

Chair, MAATA Secondary School Athletic Trainers' Committee

District 3 Representative, NATA Secondary School Athletic Trainers' Association



### DISTRICT NEWS

#### 2016 MAATA Symposium: Virginia Beach

This spring at the MAATA symposium two sessions specific to the secondary setting will be offered. NATA SSATC Chair Larry Cooper will present the recently released NATA Secondary School Value Model followed by a Peer to Peer session: "Implementing Best Practices in Athletic Training for the Secondary School". Hope

you will join us in Virginia Beach!

#### 2016 MAATA Safe Sports School Grants

This winter MAATA again designated funding to assist secondary schools with the cost of applying for the NATA Safe Sports School Award in the form of MAATA Safe Sports School Award Grants. Below are the 40 schools (including the AT) awarded a 2016 MAATA Safe Sports School Grant:

#### District of Columbia

HD Woodson Senior High School	Jennifer D. Rheeling
Paul L. Dunbar Senior High School	Patricia L. Billingslea
Woodrow Wilson Senior High School	Jamila L. Watson
Eastern Senior High School	Dawn Bracley
Frank W. Ballou Senior High School	Valentin Porter
Cardozo Senior High School	Jovan Means
Columbia Heights Educational Center	Charmil Spooner
Gonzaga College High School	Penny Lynch
Theodore Roosevelt Senior High School	Terrill Paulsen
Calvin Coolidge Senior High School	Donita Valentine
McKinley Technology High School	Rachelle Saunders

#### Maryland

Parkville High School	Tracy Layton
Walkersville High School	Michael Hassett
Dulaney High School	Bryan Read
St. Mary's Ryken High School	David J. Hayes
The Calverton School	Stacie Rector
Frederick High School	Scott Hopson
Montgomery Blair High School	Meghan Wilkinson
Southern High School	Amber Kelso
Arundel High School	Kelley Crowe
McDonogh School	Ashley A. Holmes (Miller)
Edgewood High School	Kathryn Sporing
C. Milton Wright High School	Cassandra Niemela
Havre de Grace High School	Tiffany Mancinelli
Fallston High School	Nathan Morrison
Harford Technical High School	Kyle J Mohr
North Harford High School	Jane Miraglia
Bel Air High School	Elizabeth Swank

Joppatowne High School  
Aberdeen High School  
Patterson Mill High School

Chimere` Stevenson  
Ryan Green  
Karie Johnson

#### North Carolina

Fred T. Foard High School  
John A. Holmes High  
Wake Forest High School  
Walter Hines Page High School  
Southern Guilford High School

Nick Seiler  
Christine Holmes  
Rick Baker  
Lindsey Braddock  
Jeff Guffey

#### South Carolina

Goose Creek High School  
Lugoff Elgin High School  
WJ Keenan High School

Ernie Drews  
Anna Harvley  
Rebecca Hirschhorn

#### Virginia

Kecoughtan High School

Patricia Ann Knepshield

### NATIONAL NEWS

#### Jack Cramer Scholarship Winner from District III

Dustin McNeely from York Comprehensive High School in York, SC was selected as the recipient of the 2016 Jack Cramer Scholarship. Dustin was sponsored by York Assistant Athletic Trainer, Sara Messer, ATC. Congratulations to both Dustin and Sara!

#### ATLAS Project

KSI in collaboration with NATA SSATC has begun a project to identify which high schools in the US have AT's and describe the services provided by the AT. Please update your school's information and complete the survey regarding the AT services provided at your school. [LINK HERE](#)

#### NFL- Gatorade-PFATS -NATA AT Initiative

In 2015 these groups announced \$2 million would be set aside to fund AT's for 15 high schools in the US who lacked AT services. NATA SSATC assisted in the selection process. On March 15 the winning schools were notified. Encourage schools in your area without an AT to apply next year!

#### 2016 NATA Clinical Symposium: Baltimore

On Thursday, June 23 (first day of the convention) the SSATC will be hosting a session at the NATA convention in Baltimore titled "Legal Issues for the Secondary School Athletic Trainer" with sessions on the new NATA Liability Toolkit, Risk Mitigation, and the Kendrick Fincher Memorial Foundation. NATA SSATC will also facilitate a Peer to Peer session discussing different employment models for SSAT's (date/time TBD).

#### NEW NATA Sports Medicine Course Outline

NATA SSATC is pleased to announce the approval of a Secondary School Sports Medicine Course Outline. The document is intended to assist states in developing a sports medicine course at the high school level. Once finalized it will be posted in the NATA SSATC webpage.

**NEW NATA SSAT Award**

The NATA SSATC has recently been granted approval for a new award called the *Servant's Heart Award* in honor of the late DIII SSATC member David McAlister. The award will recognize a secondary school AT who makes a great difference in their school and community. More information to come.

**Secondary School Online Resources**

Lots of great resources that have been developed by the NATASSATC for the secondary setting should be easier to locate with the new NATA website. [Please check these out!](#)

**Electronic Newsletter**

All NATA members working in the secondary school setting should be receiving the quarterly electronic newsletter specifically designed for secondary school athletic trainers. If not, please contact the NATA office.

**Educational Advancement Committee**

Melissa M. Snyder, PhD, LAT, ATC, CSCS  
Chair, Education Advancement Committee



This year the EAC will offer a presentation at the NATA symposium in Baltimore, entitled "Evidence-Based Education: Instructional Design Concepts". More specifically, there will be 3 topics addressed during the program to include:

**Title:** Evidence-Based Education: Instructional Design Concepts

**Presenter:** Lindsey E. Eberman, PhD, ATC

**Title:** Identifying and Engaging Educational and Professional Stakeholders

**Presenter:** W. David Carr, PhD, ATC

**Title:** Assessing Educational Outcomes for Continuous Quality Advancement

**Presenter:** Cailee E. Welch, PhD, ATC

We are currently planning to have pre-symposium workshop for the 2017 ATEC. Potential topics will include:

1. What is Educational Research?
2. Using Outcomes for Educational Research
3. Using Education outcomes to drive programmatic changes
4. Grant writing – (topic to be refined)
5. Open Forum – Q and A

Finally, there will be another RFP for Educational Grants for next year. A total of \$50,000 is allocated toward educational research.

**Student Senate Update**

Emily Hildebrand, PhD, LAT, ATC  
MAATA Student Senate Co-Advisor



Our MAATA Student Senate has been working hard on this year's service project and things have been going well so far. The project is state driven and individuals/groups/programs are collecting toiletries for shelters designated in each state. We are disseminating information in monthly newsletters to programs with the details and

would like to share that information with our student and certified members here as well.

**#ATsHelpHealth**

The MAATA Student Senate 2016 Service Project is well under way! Some states have already weighed in with more than **80 lbs.** of toiletries for a good cause. Get in on the action and help the health of those in need.

- Collect toiletry items
- Weigh items collected and report to your **Student Senator Representative**
- If desired, make a structure out of collected items and send to:  
Alison Mitchell [amitchell4@gulls.salisbury.edu](mailto:amitchell4@gulls.salisbury.edu) OR  
Devon Brosh [Brosh\\_dl@wwvc.edu](mailto:Brosh_dl@wwvc.edu)
- Bring all your items to MAATA District Symposium on May 20-22, 2016
- A total weight will be calculated for your state
- Items will be delivered to the designated **State Donation Site(s)**
- Questions? Email: Alison, Devon, or your student senator representative

How Will YOU Help?

# MAATA STUDENTS!

# GET INVOLVED

**Be a volunteer. Make a difference.**

The MAATA Student Senate is currently accepting applications from rising Juniors who are interested in serving as a State Senator. The instructions and application can be found [HERE](#).

The deadline for submission is **May 1, 2016**. Voting will occur at the end of the student symposium on **May 22, 2016** in Virginia Beach. We highly encourage applicants to attend the symposium so we can get to know you better.

**Public Relations Committee**

Brandy Jones, MS, LAT, ATC, ROT - Chair



Hello Fellow Athletic Trainers!

Happy Spring!

In the last few newsletters, I have given you updates and promises of the NATA website overhaul and I am so excited it was recently unveiled to the members and public! So much time and effort was put

into the project and the result is something we can all be proud of. If you haven't already done so, please make sure to check it out! One of the biggest and most requested changes was a central login. In order to accomplish this, changes were made to the process, so you will login in with your email address and new password you create. The next project will be the public website, so be on the lookout for more to come.

I am really looking forward to our upcoming annual symposium. The planning committee has developed a great schedule, so I encourage you make plans to attend! In addition to a great program, there will also be plenty of fun to be had, so bring a few extra dollars and plan on participating in our raffles/giveaways to support various MAATA and NATA initiatives.

Below you will find contact information for the public relations state representatives from each state. Please utilize their contact information to make them aware of all the awesome things that are going on in your state or if you would like to get involved. Such great athletic trainers make up District III and we want to make sure your efforts and hard work are being recognized! Also, don't forget about the wonderful [resources](#) the NATA has available to help you bring your marketing and PR initiatives to fruition.

STATE	State Representative	EMAIL
Chair	Brandy Jones	<a href="mailto:bnjones13@catawba.edu">bnjones13@catawba.edu</a>
VA	Katie Grover	<a href="mailto:kgrover@ssas.org">kgrover@ssas.org</a>
DC	Christina (Tina) Benson	<a href="mailto:cbenson@friendshipschools.org">cbenson@friendshipschools.org</a>
MD	Kelley Crowe	<a href="mailto:KelleyElizabeth3@gmail.com">KelleyElizabeth3@gmail.com</a>
NC	Nina Walker	<a href="mailto:walkern@email.unc.edu">walkern@email.unc.edu</a>
SC	Jane Steinberg	<a href="mailto:Jane.steinberg@moorecenter.net">Jane.steinberg@moorecenter.net</a>
WV	Hannah Harnar	<a href="mailto:hannah.harnar@westliberty.edu">hannah.harnar@westliberty.edu</a>

If you haven't already done so, please **“follow”** and **“like”** the districts social media accounts and interact with us. These are great tools to use in disseminating information and keeping our members interconnected.

Thank you for all that you do every day in providing exceptional healthcare to your patients and striving to make our district and profession the best it can possible be!

**Honors and Awards Committee**

Bob Casmus, MS, ATC - Chair



Congratulations to this year's 2106 Hall of Fame Class, the Most Distinguished Athletic Training Award Winners and to our Athletic Training Service Award Winners. This is another outstanding group of award recipients and they are all quite worthy of the accolades. Our winners come from a variety of employment settings and everyone one

of them has been involved directly with service to the athletic training profession at either the local, state, district and/or national levels. We will be honoring these recipients at the May 2016 MAATA Meeting and Symposium in Virginia Beach during the Honors & Awards Session. I hope that each of you will share in the celebratory process for these prestigious award winning Athletic Trainers.

I want to say thank you to the anonymous members of the three scoring groups for these awards as I know the assignment was fun and yet challenging at times. I truly appreciate the leadership of John Bielawski - the Hall of Fame Sub-Committee Chair, Nancy Burke – Chair of the MDAT group, and Sherry Summers with Chairing the Service group. I especially would like to thank the MAATA members who provided nominations and letters of support for the award nominees. Again, when the awards process re-opens in August 2016, I hope that the MAATA Honors & Awards Committee will receive even more nominations than we did this past year.

## 2017 US LACROSSE

# SPORTS MEDICINE SYMPOSIUM

FRIDAY, JANUARY 20 | BALTIMORE CONVENTION CENTER

**\* SPECIALIZED TRACKS FOR:**  
 Coaches, Administrators, Strength & Conditioning Professionals  
 Physicians and MDs  
 Athletic Trainers, Physical Therapists, Allied Health Personnel

\* Continuing Education Credit for healthcare professionals.  
 \* Keynote speaker on youth development and the athlete development model.

CONTACT BETH MAHR FOR MORE INFORMATION: [BMahr@USLACROSSE.ORG](mailto:BMahr@USLACROSSE.ORG)



**Governmental Affairs Committee***Anna Sedory, MS, ATC - Chair*

News from the Governmental Affairs Committee is more exciting than usual this year. For a variety of reasons, many states are looking to streamline regulatory processes – including licensing boards. The result for Athletic Training has been a wave of board consolidations and proposed board eliminations. The role of the GAC in this process is multi-faceted. First, regardless of the current regulatory trends,

the GAC gives hundreds of thousands of dollars in grants to state athletic training associations. These monies are used to pay for lobbyists and fund efforts to keep ATs in front of state legislators in meaningful ways. Athletic trainers have successfully introduced sports safety bills, inserted ATs into already existing legislation, and thwarted efforts to exclude ATs from legislation introduced by others. Second, NATA GAC representatives work to maintain open communication between state associations and the NATA. Whenever necessary, the NATA GAC can provide guidance and people networks to help states choose the best direction for the current challenge. The NATA GAC is a central repository for stories of legislative trial and triumph. We use this information to help keep state associations and boards from re-inventing the wheel. Finally, the NATA GAC keeps money in reserve to aid states that find themselves in expensive legislative battles outside of the traditional NATA GAC grant cycle. We are ready to help when the need arises.

Long term, the NATA GAC hopes to continue to develop states' ability to better match the legislative abilities of more established and better-funded professions. By encouraging the states to make governmental affairs related fundraising part of their regular effort we hope to improve consistency and effort at the state level.

While the NATA GAC is primarily focused on state legislative efforts, the NATA is not ignoring federal efforts. Select participants in the NATA GAC participate in a special board that consults with and makes recommendations to the NATA BOD and staffers. Federally, the NATA has its hands in three different bills and continues to have meetings with the CDC and people involved in CMS. To borrow from Tocqueville, state governments can be looked at as “breakwaters for the tide of popular determination” that may lead to national change. With consistent effort from all points of the legislative spectrum, positive change is always just around the corner.

The only piece of the legislative puzzle I haven't addressed is the populace responsible for the “tide of popular determination”. YOU! Politics are part of legislation, people are politics. The NATA GAC is experimenting with a pilot program to involve ATs in local, as well as state politics in an effort to change how school boards and city governments view AT employment. Don't feel like you have to wait for these efforts to get out of the pilot stage! Write letters, volunteer, and be aware of how you represent the

profession. These are some of our most powerful testimonies. A great place to start is by consulting your state's GAC chair:

**Maryland**Greg Penczek [gpenczek@towson.edu](mailto:gpenczek@towson.edu)**North Carolina**Ashley Long [ashleylong111@gmail.com](mailto:ashleylong111@gmail.com)Dan Duffy [danduffyatc@aol.com](mailto:danduffyatc@aol.com)**South Carolina**Brian Smith [bjsmith@csuniv.edu](mailto:bjsmith@csuniv.edu)**Virginia**Dave Pawlowski [dpawlowski@specialolympicsva.org](mailto:dpawlowski@specialolympicsva.org)**Washington, DC**Mike Walker [mwalker@stjohnschs.org](mailto:mwalker@stjohnschs.org)**West Virginia**Drew Mason [Mason\\_D@wwvc.edu](mailto:Mason_D@wwvc.edu)**Young Professionals Committee***Amy Fraley, MA, ATC - Chair*

The YPC is going to have 3 open positions following this year's symposium, the NC Representative, the VA Representative, and one of our Member-at-Large Positions. If you are a young professional seeking to become more involved in the association, this would be a great opportunity for you!

The job description document, as well as the application procedures can be found by clicking on the links below. The **deadline for applications is APRIL 30, 2016.**

If you have any further questions or need further information, please feel **free** to email me.

Click [HERE](#) for YPC Job Description

Click [HERE](#) for YPC Application





**MAATA Scholarship Committee**

Joseph A. Beckett, EdD, ATC - Chair



The MAATA Scholarship Committee is pleased to announce the 2016 MAATA Scholarship Winners. Our scholarship winners will be honored during the MAATA Symposium in Virginia Beach.

Our winners are...

**Connect with Us!**



**A.C. "Whitey" Gwynne Master's Scholarship**



**Elena Keretses**

University of South Carolina  
Nominated by Dr. Toni Torres-McGehee



**Sarah Gilleland**

University of South Carolina  
Nominated by Sonya Fuemmeler

**Edward Block Undergraduate Scholarship**



**Alison Mitchell**

Salisbury University  
Nominated by Patrick Lamboni



**Christopher Chapman**

University of North Carolina @ Pembroke  
Nominated by Susan Elkins

**Larry Sutton Postgraduate Scholarship**



**Kelcey Holcomb**

Western Carolina University  
Nominated by Jill Manners



**Rachel Le**

Lynchburg College  
Nominated by Dr. Debbie Bradney

**Bobby Gunn Student Leadership Award**



**Gillian McCarren**

Towson University  
Nominated by Nathan Wilder



### Committee on Practice Advancement

Michael L Hooper MA, ATC-L, CSCS  
District 3 COPA Representative

Greetings from the Committee on Practice Advancement (COPA). COPA enhances the athletic training profession in business and employment opportunities, compensation, and brand recognition as health care professionals. Members are district based and

include ATs from non-historic settings. Each setting is comprised of its own subcommittee with a number of ATs from across the nation.

These are exciting times for athletic trainers in the non-traditional settings and the benefits of our profession continue to grow in value. Updates from each of the COPA subcommittee's are as follows:

#### COPA:

- Migration away from the Physician Extender term continues. The opinion of the NATA was unanimous to discontinue use of the extender term (which would also encompass other health care providers) and utilize the certified athletic trainer term when marketing our profession.

#### Communications Workgroup:

- Goals to increase utilization of social media (Facebook, twitter, etc.) to disseminate information.
- Incorporation of blogs and newsletters to keep membership informed on topics in the non-traditional settings.
- Development of website and workflow documents that will establish NATA contacts, workgroup structures, and standards for publications.

#### Worth to Value Workgroup

- Working on arming our members with quantitative data to prove worth to their employer via injury tracking and return on investments (ROI) by creating a guide to measuring revenue and determining industry value.
- Development of resources for athletic trainers to assist with salary negotiations, annual reviews, and other administrative items.
- Development of speaker bureau of athletic trainers working in an administrative role – goal is to establish list of speakers in each district.

#### Military Workgroup

- Awaiting official instruction that establishes the roles and responsibilities of athletic trainers in the military setting, as well as supervisory oversight. Navy / USMC instruction currently awaiting approval in the Navy Bureau of Medicine.
- Development of value model that is oriented toward the military setting: citing essential Knowledge, Skills, and Abilities (KSA's) that will benefit athletic trainers interested in working in the setting.
- Improve marketability of athletic training within the military / government setting by working closely with worth to value

workgroup in the development of ROI's and measures of effectiveness (MOE's) that will assist with determining AT value in multidimensional military team.

- Improve communications between military and civilian sectors: increase utilization of social media outlets, newsletters, NATA website to disseminate information pertinent to setting.
- Ongoing efforts to show benefits of certified athletic trainers in military setting: Grant awarded to The University of the Incarnate Word to integrate athletic trainers within the Air Force basic training command at Lackland AFB in San Antonio, TX. "Athletic Training integration in the United States Air Force Basic Training: Reducing Injury and Related Costs".

#### Occupational Health Workgroup

- Ongoing efforts to survey current state statutes regarding Physician supervision of athletic trainers and levels of supervision.
- Ongoing efforts to re-establish workgroup within COPA.

#### Performing Arts Workgroup

- Research and analysis of programs in the country by survey and analyzing current membership employment status.
- Working with NATA Public Relations on press release and focusing on return on investment in this setting.

#### Physician Practice Workgroup

- Ongoing efforts to develop database resource to assist in development of Relative Value Units (RVU's) for athletic trainers working in the setting (surgical center, concussion clinic, outpatient clinic).
- Ongoing efforts to develop value model – completion goal by mid 2016.
- Surveys sent to research utilization and worth of athletic trainers who are employed in setting. Results will assist in the development of role delineation for setting and development of KSA's.
- Preliminary results show favorable outcomes: University of Colorado hospital (5 ATC's on staff). Study conducted by Clinical Director and Head Physician show increases in patient satisfaction and decreased wait time (decrease of 47%).



## College & University Athletic Trainers Committee

Andy Carter, MS, ATC



Since the fall newsletter, the College and University Athletic Trainers' Committee (CUATC) has had several conference calls and a very productive weekend at the NATA Joint Committee Meeting in Dallas. The CUATC seeks to identify and address issues affecting college and university athletic trainers and their practice. Further, it works to develop tools to assist the college and university athletic trainers deliver health care more effectively and efficiently. To that end, we have many of our own ongoing projects and are providing input and leadership to many others. Below is a summary of what we're working on at this time.

**Appropriate Health Care Summit:** Our proposal for a summit to examine the appropriate level of health care for intercollegiate athletics has been approved and planning for the event is underway. The NATA will partner with the NCAA and invite a number of other professional organizations to participate and lend their voice to the discussion. Ultimately, the goal is to produce a document with inter-association recommendations for best practices on health care in the college and university setting.

**Guidelines for Appropriate Medical Coverage for Intercollegiate Athletics:** We continue to look for ways to demonstrate the need for appropriate staffing levels for intercollegiate athletics. Athletic trainers at all collegiate levels have used the document successfully to demonstrate the need for additional staff, facility upgrades, or adjustments to coverage priorities. A list of athletic trainers who are willing to serve as "AMCIA mentors" is available on the CUATC section of the NATA website. We have been working with Datalys to update the treatment and injury rate data that serve as the foundation of the formula used in the AMCIA document and worksheet. Due to the lack of homogeneous injury data, we may have to initiate a research project to get new data. We ultimately hope to provide a framework for institutions to strategically plan to meet their health care needs today and in the future.

**Organizing the Junior College Athletic Trainers:** Working with our committee, collaboration and organization efforts are underway to unite junior college and community college athletic trainers to address issues unique to their setting. A managing board has been formed, and they are currently working on a constitution and leadership structure for their new organization.

**Best Practices for Documentation Workgroup:** A workgroup has been formed--led by Charlie Thompson and made up of athletic trainers from a variety of NATA committees to develop recommendations for the documentation of athletic training services. The workgroup is working on a variety of issues including what services we should document, what content needs to be included, what barriers exist to appropriate documentation, and

what technology is available to streamline the process. Ultimately, better, more uniform documentation should improve patient care, reduce liability, and enhance injury epidemiology.

**BOC Facility Principles:** The **BOC Facility Principles** online resource is available to help you measure your athletic training facility's compliance with applicable regulations and best practices. Members of our committee are working on developing the next phase of the project which will provide recommendations for policies and procedures to insure the safe operation of an athletic training facility.

**Liability Tool Kit:** We have developed a Risk Management and Liability Assessment Toolkit to assist athletic trainers in evaluating the extent of their own liability coverage and identifying potential pitfalls that may place them in jeopardy should a lawsuit be filed. This tool will take the user through a series of questions and scenarios to assess risk and liability specific to his or her own practice setting and job description. The tool kit is in its final edits and will likely be released as a best practices document.

**Support Personnel Document:** The NATA Board of Directors approved our document entitled "Support Personnel (Services) in the College & University Athletic Training Department." There are institutions using students not affiliated with accredited programs in the role of student aide in the college setting. These students routinely perform non-discretionary tasks and are directly supervised by athletic trainers. Institutions employing these personnel should develop job descriptions and maintain an awareness of their state practice acts and BOC regulations to maintain compliance.

**Transition to Practice Workgroup:** Members of our committee are serving on the Transition to Practice Workgroup, which is charged with developing recommendations for programs and employers to assist students and new hires to make the jump from student to staff member.

As you map out your continuing education for the summer, join us in Baltimore this summer at the CUATC Specialty Session on Advocacy for the Athletic Trainer in the Collegiate Setting. If you have any issues or questions that the CUATC may be able to answer or address, please send them to me at [jacart@wm.edu](mailto:jacart@wm.edu).

