



MAATA
MID ATLANTIC ATHLETIC TRAINERS' ASSOCIATION

DISTRICT III
NEWSLETTER
spring 2023

LETTER FROM THE DISTRICT DIRECTOR

Ray Davis, Jr., MSS, LAT, ATC



Welcome Spring! National Athletic Training Month has come and gone!

Thank you for all who participated on Social Media and at your work spaces.

Always remember We are the NATA and #TheresanATforThat

I hope all of my AT colleagues are well and have survived the winter season sports and weather. Weather update from NC, we only had a trace of snow but plenty of freezing temps to go around. With the spring season we have thunderstorms so be cautious and review your weather policies.

Once again I can't thank our volunteers who recently rolled off NATA committees. I want to welcome new volunteers and those who are in the process of fulfilling obligations in their committee expectations. As a reminder for those who have not updated your GATHER accounts, PLEASE do so! Your Volunteer portal on Gather will be our pathway to accept and process volunteer applications for NATA committees in the future. Again, thank you for volunteering for NATA committee positions.

Congratulations to Secondary School Safety Award recipients. District 3 had over 184 renewals and first time recipients. Thank you for your commitment!

Also kudos to Andy Carter and the COPA Outreach committee for the recent survey sent out. Thank you to all Outreach ATs for participating in this survey, more to come.

We are in the midst of state and district annual symposiums. I encourage you to register and attend these very informative opportunities. Additionally these associations need your engagement. So please take the time to attend these meetings.

Don't forget

- The District 3 MAATA Annual Symposium, The Founders Inn, Virginia Beach, May 19th thru 21st
- NATA Clinical Symposia & AT Expo, Indianapolis June 21st thru 24th
- NATA Timely Topics & NATA Podcasts are ongoing; check out the conversations.

Best Wishes in the remainder of your spring season!

Ray
Ray Davis, Jr., MSS, LAT, ATC

FROM THE DISTRICT PRESIDENT

Steven L. Cole, MEd, ATC



There is ALOT happening in District 3! Each month during our District Council calls we receive updates for each State President and various MAATA Committee Chairs. Please take the time to read about these activities in this newsletter and our monthly eBlast.

As we prepare to meet in-person in Virginia Beach May 19-21, the excitement and anticipation continues to build. Since January, I have had the opportunity to participate in numerous in-person meetings each month (Virginia Athletic Trainers Association annual meeting in January; SEATA annual symposium in February; North Carolina Athletic Trainers Association and West Virginia Athletic Trainers Association annual meetings in March. With each gathering I long to network and visit with my other friends and colleagues within District 3. In addition, I look forward to welcoming NATA President, Kathy Dieringer, learning from a strong educational program and celebrating our award recipients.

During our annual business meeting, I will request a vote to approve significant and format changes to the MAATA Constitution and By-Laws. The Governance Task Force has put months of work into this project that will give each State President formal voting power in the governance of the MAATA, as well as increase access for members to service in leadership positions. The current MAATA Constitution and By-Laws, which was approved in May 2018 can be found on the MAATA web site.

I encourage you to reach out to your State rep on the Task Force, **Jared Williams** (SC); **Veronica Ampey** (DC); **Peter Kotz** (MD); **Jonathan Schner** (NC); **Jenni Johnson** (WV); and **Julie Cavallario** (VA) or State President if you have questions or comments. I have included a spreadsheet outlining the proposed changes for your review. Thank you in advance for reviewing this material.

Steven

Steven L. Cole, MEd, ATC

District III Council

Ray Davis, Jr., MSS, LAT, ATC, District Director
maatad3dir@gmail.com

Steve L. Cole, District President
stevecole1227@gmail.com

Donita Valentine, District Vice President
dvalentine33@gmail.com

Jason Mitchell, District Secretary
d3sectry@gmail.com

Mat Lyden, District Treasurer
d3maatacfo@gmail.com

Katie Walsh Flanagan, Past District Director
Flanagank@ecu.edu

State Presidents

Christina Carillo, District of Columbia
ccarillo@friendshipschools.org

Jean Knecht Perez, Maryland
jean.perez@goucher.edu

Nina Walker, North Carolina
president@ncata.net

Amy Fraley Hand, South Carolina
president@scata.org

Danny Carroll, Virginia
vatapresident@gmail.com

Tom Belmaggio, West Virginia
belmaggio@marshall.edu



Proposed revisions to the MAATA By-Laws; approved by Executive Council March 15, 2023. Previous revisions were approved by membership May 15, 2021.

Section	Substantial change	Format change	Proposed Change	Comment
Article 1		X	Added Name	
Article 2, Section 2.5		X	Seperated descriptions of Secretary and Treasurer	
Article 2, Section 2.5.2	X		Changed term of office for Secretary to two (2) year terms	Was one (1) 3 year, second two (2) year. Current Secretary Elect will be eligible to serve one (1) 3 year, second two (2) year.
Article 2, Section 2.5.3	X		Changed term of office for Treasurer to two (3) year terms, still total of six (6) years	Was three (3) two (2) year terms, total of six (6) years
Article 2, Section 2.5.4		X	Clarified that Vice President may seek a second consecutive term	
Article 2, Section 2.5.5		X	Clarified that President may NOT seek a second consecutive term	
Article 2, Section 2.5.7	X		District Council will appoint a replacement if an Executive Board member can not serve out their term	Was Executive Council
Article 2, Section 2.5.9	X		Any appointed/elected member who resigns/is unable to complete their term is ineligible for appointment/election for one (1) year from date of resignation	New
Article 3, Section 3.2.6	X		President appoints MAATA committee members in consultation with the District Council committee liaison, the Committee Chair and the State President followed by the approval from the Executive Board.	Was just the President
Article 3, Section 3.3.2		X	Clarified members of Annual Symposium Committee	
Article 3, Section 3.2.6	X		Serve on Financial Advisory Committee	New committee
Article 3, Section 3.4.6		X	Defined timeframe	
Article 3, Section 3.5.1.4	X		Serve as Chair of Financial Advisory Committee	New committee
Article 4		X	Added Name	
Article 5.1		X	Changed name to Executive Board	Was Executive Council
Article 5, Section 5.1.1		X	Clarified expectations	
Article 5, Section 5.1.2		X	Clarified expectations	
Article 5, Section 5.1.3		X	Clarified expectations	
Article 5, Section 5.1.4		X	Clarified expectations	
Article 5, Section 5.2.5		X	Clarified expectations	
Article 5, Section 5.2.6	X		District Council will approve all amendments to Constitution and By-Laws prior to presenting to membership	Was Executive Council
Article 6, Section 6.1.2		X	Clarified expectations	
Article 6, Section 6.1.3		X	Clarified expectations	
Article 6, Section 6.1.4		X	Clarified expectations	
Article 6, Section 6.1.5		X	Clarified expectations	

Proposed revisions to the MAATA By-Laws; approved by Executive Council March 15, 2023. Previous revisions were approved by membership May 15, 2021.

Article 6, Section 6.1.6		X	Clarified expectations	
Article 6, Section 6.2.2		X	Clarification of committee terms	
Article 6, Section 6.2.4	X		President appoints MAATA committee members in consultation with the District Council committee liaison, the Committee Chair and the State President followed by the approval from the Executive Board.	Was just the President
Article 6, Section 6.4			Added Name	
Article 6, Section 6.4.1.2.1		X	Clarified award recipients	
Article 6, Section 6.4.1.2.2		X	Clarified expectation	
Article 6, Section 6.4.1.2.5		X	Clarified award recipients	
Article 6, Section 6.4.1.2.6		X	Clarified expectation	
Article 6, Section 6.4.1.2.7		X	Clarified expectation	
Article 6, Section 6.4.3.1		X	Clarified members of Annual Symposium Committee	
Article 6, Section 6.4.4.3		X	Clarified members of Site Selection Committee	
Article 6, Section 6.4.5.2.1		X	Clarified expectation	
Article 6, Section 6.4.5.2.2		X	Clarified expectation	
Article 6, Section 6.4.5.2.3		X	Clarified expectation	
Article 6, Section 6.4.5.2.4		X	Clarified expectation	
Article 6, Section 6.4.5.7		X	Clarified expectation	New responsibility
Article 6, Section 6.4.7		X	Add Committee description/function of Secondary School Committee	New section
Article 6, Section 6.4.8		X	Add Committee description/function of Young Professionals Committee	New section
Article 6, Section 6.4.9		X	Add Committee description/function of Governmental Affairs Committee	New section
Article 6, Section 6.4.10		X	Add Committee description/function of LGBTQ+ Committee	New section
Article 6, Section 6.4.11		X	Add Committee description/function of Ethnic Diversity Advisory Committee	New section
Article 6, Section 6.4.12		X	Add Committee description/function of Financial Advisory Committee	New section
Article 6, Section 6.4.13		X	Add Committee description/function of Scoail Media Committee	New section
Article 9		X	Added Name	
Article 10		X	Added Name	
Article 10, Section 10.1	X		If association dissolves, funds are divided between State Associations proportional to their membership at that time	Was fund dispensed to NATA Foundation
Article 11		X	Added Name	
Article 11, Section 11.1		X	Clarified process	
Article 11, Section 11.2		X	Clarified process	
Article 11, Section 11.3		X	Clarified process	
Article 11, Section 11.4		X	Clarified process	

Proposed revisions to the MAATA Constitution; approved by Executive Council March 15, 2023. Previous revisions were approved by membership May 15, 2021.

Section	Substantial change	Format change	Proposed Change	Comment
Article 1		X	Added Name	
Article 6		X	Changed Name to Governance	Was Organization
Article 6, Section 2		X	Changed Name to Executive Board	Was Executive Council
Article 6, Section 6.2.5	X		Defined expectations; responsible for day to day operations and governance	
Article 6, Section 6.2.6	X		Defined voting quorum	
Article 6, Section 6.3.4		X	Clarified role of Chair of MAATA Student Senate role in the District Council	
Article 6, Section 6.3.5	X		Defined expectations; responsible for long term operations and governance	
Article 6, Section 6.3.6	X		Defined voting	
Article 6, Section 6.3.7	X		Defined voting quorum	
Article 6, Section 6.5.2	X		Defined ground for removal from office	New section
Article 6, Section 6.5.3	X		Any individual removed from office shall not be eligible to run or be appointed to any position within the MAATA for a period of two (2) years from removal from office.	New section
Article 7, Section 7.1.6	X		An individual cannot hold more than one elected office in the MAATA or State Associations within the District at a time	Clarification
Article 7, Section 7.1.7	X		Cannot serve as an NATA committee chair concurrently while an elected officer of the MAATA Executive Board.	New section
Article 7, Section 7.1.8	X		If no candidate is identified to run for an elected office, the District Council will appoint someone to serve out term.	Was Executive Council
Article 8, Section 8.2	X		Candidates for office must be a member of the MAATA (in good standing) for at least two (2) years	Was three (3) years
Article 8, Section 8.4		X	Years of service count only if obligation to serve was completed (will not count terms vacated prior to obligation completed	Clarification
Article 8, Section 8.6.1.2	X		Previously held elected office within any of the state athletic training associations, including the District of Columbia within the MAATA	Was held office just within MAATA
Article 8, Section 8.8		X	Separated description/qualification for office of Secretary and Treasurer	New section
Article 8, Section 8.9		X	Separated description/qualification for office of Secretary and Treasurer	New section
Article 9, Section 9.1		X	Clarified process	
Article 10, Section 10.1		X	Clarified process	
Article 9, Section 11.2		X	Clarified process	
Article 9, Section 11.3		X	Clarified process	
Article 9, Section 11.4		X	Clarified process, aligns with By-Laws	
Article 9, Section 11.5		X	Clarified process	

FROM THE DISTRICT SECRETARY

Jason Mitchell, MEd, LAT, ATC



Greetings from Virginia,

I want to thank District President Cole, Director Davis, and the entire District Council for their tireless and dedicated work for the membership. It has been an honor to serve as your District Secretary, and I am excited to welcome Erin Cash as our incoming District Secretary in May! These volunteers are all amazing professionals AND wonderful people. Your association is in good hands!

I want to thank all of you who chose to renew your NATA membership for 2023! As of April 3, the MAATA had **4351** members, of which **3597** were in good standing with the NATA and processed their renewals by the deadline. **We still encourage the ~750 members who have yet renewed to please do so!**

Of our **3597** active members, here are some further breakdowns: **2814** Certified Professional members, **244** Certified Retired members, **191** Certified Student members, **49** Associate members, **11** Honorary members, **282** Student members, **5** Licensed Professional members, and **1** Retired member. Certified Members by state are the following: District of Columbia – **63**, Maryland – **467**, North Carolina – **1066**, South Carolina – **592**, Virginia – **905**, West Virginia – **156**.

Also, I hope you can join us at the Annual Business meeting this May 20th. I know that Vice-President elect Scott Cook, Zach Garrett & Emily Hildebrand have been working diligently to bring you a quality program again this year, and we can't thank them, and the entire Annual Meeting Planning Committee, enough for all their hard work!

Again, I want to thank all of you for your continued support, and I wish you continued health & safety for the remainder of the spring. If there's anything I can do for you, please do NOT hesitate to contact me (d3sectry@gmail.com).

Jason

THANK YOU TO OUR SPONSORS

DIRECTOR'S SPONSORS



PLATINUM SPONSORS



FROM THE DISTRICT TREASURER

Mat Lyden, MS, ATC



Greetings Mid-Atlantic Athletic Trainers,

Having officially completed my first quarter as treasurer, thanks to the efforts of past and current leadership the district sits in a healthy financial position. I wanted to especially thank Jay Sedory for his work and the assistance he provided during our handoff of the duties of this role. One of which is leading our Financial Advisory Committee to ensure we include both district and state representatives through our annual budgeting process. More to come on these processes in future communications.

The district meeting is quickly approaching and look forward to getting to meet several new faces in addition to seeing old friends. Our program committee has been working hard at putting together an excellent educational lineup. Be sure to take an opportunity to win a free hotel night at the Founder's Inn with your registration.

In closing, I encourage all of you to review the compensation and value conversations that are occurring around our profession. Take the time to get on the NATA website and catch up on the current news and advances that are happening in these areas. And for podcast listeners, the NATA Cast series is worth hearing. Until next time, hope all of you have a healthy spring and keep your patient populations safe and well.

Warmest Regards,
Mat Lyden

DISTRICT-WIDE NEWS



ANNUAL MEETING PLANNING COMMITTEE

Scott Cook, MS, LAT, ATC

The MAATA Annual Meeting is being held May 19-21, 2023 at the Founders Inn in Virginia Beach, VA. Don't miss out on the opportunity to engage with colleagues in learning labs, lectures, networking and social events, including the Directors Reception and the Quiz Bowl. A total of 14 CEUS are being offered during the educational symposium. View the full educational program for all continuing education options including pre/post conference specials by clicking [HERE](#). Registration and hotel accommodations for Founders Inn and Spa can also be found on the website by clicking [HERE](#).

As a THANK YOU to our members, we will be holding a drawing for one free night at the Founders Inn for two registrants who booked at the Founders Inn and registered during the Early Registration Period, which ended on April 2nd.

We will also hold a drawing for any additional one free night for two registrants who booked at the Founders Inn, and who have registered during the Late Registration period which runs April 3 -April 21st.

The winners will be announced during the Business Meeting on Saturday May 20th. Look for more announcements on Social Media.

Hope to see you in Virginia Beach!



STUDENT SENATE COMMITTEE

Emily Hildebrand

The annual MAATA Symposium - Student Program is just weeks away so make sure you register and secure your hotel [HERE](#). The presenter line-up has a little bit of everything from clinical examination skills, therapeutic intervention design, inclusive evaluations, general medical considerations, and content to help you transition to practice. Learn what your fellow athletic training students across the District are researching that may be helpful to your roles as a healthcare provider. It wouldn't be an AT conference without some friendly competition so [SIGN UP](#) to compete in the athletic training Olympics and come cheer on teams at the Quiz Bowl: **Towson University/Frostburg State University; Marshall University; Shenandoah University; University of North Carolina Charlotte; and University of South Carolina**. This conference is a great way to chat with those who have been in the field; whether they are a young professional or a seasoned veteran – they all have advice and are ready to share it to help make you a better AT. Lastly, our Community Service Committee has partnered with the LGBTQ+ Advisory Committee is hosting a District wide penny wars competition to support [LGBT Life Center](#) of Hampton/Newport News, VA or directly contribute via Venmo @senate_service.

MAATA STUDENT PROGRAM LINE-UP



19

May
2023

Meet and Greet

Jenni Johnson

Truth about Membership

Caroline Lisse

Promoting Optimal Knee Joint Health Following Injury

Free Communication

Poster Presentations

District III Quiz Bowl

Follow us
for updates

@maata_student_senate



20

May
2023

Mentor's Breakfast

Connie Peterson

Optimizing Rehab: Just Add Water

Ryan McCann

Eval of Lateral Ankle Sprains using ROAST

Honors & Awards

Business Meeting Lunch

Kirk Armstrong & Jenni Johnson

Inclusive Evals with Standardized Patients

Free Communication

Oral Presentations

AT Olympics

YP Networking Event

Director's Reception



21

May
2023

Ed Strapp

ATs Response to Opioid Crisis

Devon Serrano

Working with Transgender Student Athletes

Sharon Moore

New Evidence, Conflicting Headlines: mRNA vaccinations

Ali Bower &

Wanda Swinger

Do We Really Know Tape?





HONORS & AWARDS COMMITTEE

Bob Casmus

It is my sincere hope that all of us will attend the Honors & Awards program during the MAATA 2023 Symposium this coming May. We will be honoring Sara Pittelkau and Kristen Ramsey with the MAATA Service Award and Meredith Petschauer as the MAATA Most Distinguished Athletic Trainer Award. Our 2023 MAATA Hall of Fame inductee is Katie Flanagan. In addition, we will also honor our to-be-named MAATA scholarship winners for District 3. Please join us as we celebrate these outstanding and most deserving award winners from District 3.

I would also like to thank our sub-committee chairs for the Honors & Awards Committee of John Bielawski, ATC (HOF), Nancy Burke, ATC (MDAT) and Sherry Summers, ATC (Service Award) for their time and efforts to make the Honors & Awards process a success each year. I especially want to thank the silent & anonymous scoring group members for their participation in this important activity.

LGBTQ+ ADVISORY COMMITTEE

Kirk Armstrong



The LGBTQ Advisory Committee will be partnering with the MAATA Student Senate for a community service project to support the LGBT Life Center of Hampton Roads. This center empowers the LGBTQ communities and all people affected by HIV through improving health and wellness, strengthening families and communities, and providing transformative education and advocacy.

To support the LGBT Life Center, we will be collecting donations through a Penny Wars. This will be a competition between states and DC to see how collects the most funds. Cash (change) donations will be accepted, as well as electronic donations through Venmo. More information will be coming soon!



NATA ICSM

Jennifer O'Donoghue

Spring 2023 Update

As your DI representative on the NATA-ICSM, greetings and I hope that your spring season is going well. Information below provides reminders of basic information, in addition to our work-group tasks that have been accomplished recently ([direct links are highlighted in blue](#)). Please don't hesitate to reach out if you would like further details or have questions.

Jennifer O'Donoghue, PhD, ATC, CSCS

ICSM Division I Chair, ACC Representative

NCATA College/University Board Representative | District 3 MAATA DI Representative

North Carolina State University

Email: jaodonog@ncsu.edu

Intercollegiate Council for Sports Medicine

The NATA Intercollegiate Council for Sports Medicine (ICSM), formerly known as the College/University Athletic Trainers' Committee (CUATC), will address issues affecting the studentathlete and athletic trainers at the collegiate level. The ICSM will identify relevant, timely issues in the field of athletic training and collaborate with various organizing bodies of collegiate and intercollegiate athletics to improve student athlete safety, well-being and healthcare by influencing policy and providing resources.

Council Roster

This athletic conference-based committee is comprised of members from the college/university setting, including ATs working in DI, DII, DIII, Junior College and NAIA institutions.

Winter/Spring 2023 NATA-ICSM Work Group Completed Tasks, found by clicking the [link for the Resources to help advance college/university ATs](#)

Collegiate AT Labor Crisis

Members from the Intercollegiate Council for Sports Medicine and the college/university subgroup of the AT Compensation Task Force collaborated on a project to provide data driven metrics outlining the current collegiate workplace environment with strategies to improve employee engagement. Although the information provided outlines opportunities to identify necessary employment fundamentals, recruitment, retention and advancement of collegiate athletic trainers, the research and information presented within this white paper comes from and is applicable to various collegiate employers.

[The Collegiate Athletic Trainer Labor Crisis: A Data Driven Guide Outlining the Current Collegiate Workplace Environment and Strategies to Improve Workplace Engagement](#)

[Athletic Training Employer Checklist](#)

[ICSM Compensation Task Force Survey Results](#)

[The State of Athletic Training: Employment: Timely Topics Series On-Demand Event](#)

[Collegiate Sports Connect interview](#)

March 27, 2023

Brant Berkstresser, Associate AD of Sports Medicine at Tarleton State and Chairman of the Intercollegiate Council for Sports Medicine joins Connect/MB Sports' Matt Banker to discuss the athletic trainer shortage. The two dive into the core issues impacting the labor shortage. Berkstresser also discusses what's happening on the front end on injury prevention, structuring compensation, return to play timeframes and much more!

Best Practices for Development of a Bias Action Plan

The ICSM has created a document that outlines best practices for the development of a bias action plan. This document highlights potential steps and campus resources for the athletic department to evaluate and implement necessary protocols supporting student athletes.

[Best Practices for Development of a Bias Action Plan](#)

Please take advantage of the resources and opportunities below:

Collegiate Standard of Care Commissioner Preview

On behalf of the National Athletic Trainers' Association (NATA), please find attached information regarding a soon-to-be released **[Inter-Association Collegiate Standard of Care Tool](#)** (June 2023) providing a key solution to assisting your conference institutions in completing the newly established **[NCAA Transformation Committee's recommendations specific to Health and Safety support and medical services](#)**. This tool will be FREE for your institutions who are members of NATA, AOSSM, AMSSM and/or AASPT.

View a Free Preview: Visit nata.org/icsc-tool

AT Prepare Offers a Library of Resources

Preparation can make all the difference when it comes to responding to a patient in need or an emergency situation. **[AT Prepare](#)**, a new page on the NATA website, features a host of resources available to the NATA membership to aid in these efforts.

NATA-Cast

The **[NATA-Cast](#)** is the official podcast of the National Athletic Trainers' Association, providing in-depth conversations about health care topics that interest you – the athletic trainer.

Timely Topics Series

The NATA **[Timely Topics Series](#)** will provide members with an engaging, high-level introductory conversation about a hot topic in athletic training. Each event will give attendees the chance to connect in real-time to thought leaders who have anecdotal success within these areas of interest as well as access to a library of related resources.

Collegiate Standard of Care Commissioner Preview

The Inter-Association Collegiate Standard of Care Tool, expected launch June 2023, is spearheaded by the National Athletic Trainers' Association (NATA) and supported by the American Orthopaedic Society for Sports Medicine (AOSSM), American Medical Society for Sports Medicine (AMSSM) and American Academy of Sports Physical Therapy (AASPT).

This tool is designed by collegiate medical experts to be utilized by a university's lead medical provider(s) to be able to internally audit their institution's standard of care. The self-guided tool also includes a library of resources to elevate and support ongoing advancement to the highest standard of care. This invaluable resource will evolve as healthcare standards and expectations evolve.

The leadership of these four premier health care organizations are thrilled to be able to provide member athletic trainers and physicians with a tool designed for self-guided study, backed by evidence and best practices.

This free resource will arm you and the member institutions with the peace of mind that only a comprehensive, uniformed review of health and safety support services can provide. In doing so, this best practices resource is designed to protect student athletes and advance health care services on each campus.

View a Free Preview!

Visit nata.org/icsc-tool to see.

Quick Facts

- The Inter-Association Collegiate Standard of Care Tool is free for members of NATA, AOSSM, AMSSM and AASPT.
- The standards are based off of national/international consensus statements and evidence-informed research.
- The Standard of Care tool will be supported by on-going updates to remain reflective of contemporary standards.
- All information or data inputted will remain unidentified.

The tool is comprised of 16 domains:

1. Risk management
2. Cardiovascular considerations
3. Traumatic brain/head injury
4. Doping, substance abuse and supplements
5. Medication management
6. Stakeholder education
7. Emergency response
8. Environmental/exertional conditions
9. Student athlete performance and wellness
10. General medical conditions
11. Health care administration and organization
12. Behavioral and mental health
13. Musculoskeletal injury prevention and management
14. Medical examinations
15. Facility management
16. Nutrition and body composition

In addition to access to a comprehensive library of resources to elevate standard of care, the tool also provides access to a discussion board for consultation and peer-to-peer support.

Would you like to schedule a demo for your conference? Contact Tory Lindley (tlindley@ysu.edu) or Katie Scott (katies@nata.org) today!

PROFESSIONAL DEVELOPMENT COMMITTEE

Lisa Custer

The PDC is now on social media. Follow us to learn about new CEU opportunities. @NATA_ProDev

SCHOLARSHIP COMMITTEE

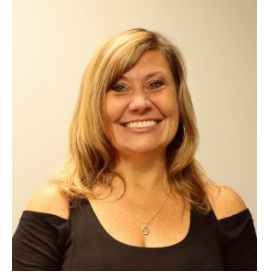
Sara Pittelkau

MAATA Scholarship winners will be announced shortly – stay tuned to social media!!!

NATA CONNECTION & ENGAGEMENT COMMITTEE

Jennifer Johnson

The Connection & Engagement committee has gone social! Follow the accounts on social media! Every month we will spotlight a benefit of NATA membership. We will also host a virtual Meet & Greet in May focusing on New Grads and Early Professionals. Please watch your emails for updates. We would love to have you join. I hope everyone has a great spring!!



NATA PROFESSIONAL EDUCATION COMMITTEE

Ashley Thrasher

MASTER PRECEPTOR LEVEL 3 IS HAPPENING APRIL 28!

Are you a preceptor? Interested in improving your skills and knowledge as a preceptor? Join us at the NATA Headquarters in Dallas for Level 3 of Master Preceptor! This is open to all preceptors and is eligible for 5.5 CEUs.

[Click here for more information](#)

Levels 1 and 2 are available through the Professional Development Center. While this is open for all preceptors, only preceptors who have completed all three levels will earn the distinction of *Master Preceptor*. The PEC also has a new teaching tip available check out [Scaffolding Scenarios for Autonomous Clinical Decision Making](#)

Have a unique or model practice you would like to share? Contact Ashley Thrasher (abthrasher@wcu.edu) if you are interested in making a Teaching Tip. These are 7-10 minute videos about a model practice that can enhance the classroom.

RESEARCH & GRANTS COMMITTEE

Bonnie Van Luen

Doctoral Student Funding Awards

The Research and Grants Committee is excited to announce funding for 2 doctoral student grant awards (\$1,000 each) for this calendar year. The parameters surrounding these awards include:

- Doctoral students can be within any stage of their doctoral studies but must be completing their doctoral program within a District III program.
- This award must be spent by the end of the 2023 calendar year (December 31st).
- No requests for extensions can be made.
- No salaries can be included.
- Travel related to the application must take place by the end of the 2023 calendar year.
- Expectations include presentation of the findings at the 2024 District III meeting.
- Applications are due May 15th following the current format found on the [District III website](#)
- Funding to be awarded by June 1st.





NATA FOUNDATION

Marty Baker

I love the renewal vibe of spring. It is the idea of a new start and of course the building excitement of our meeting in May and the NATA meeting in Indy.

Speaking of Indy your Foundation has two exciting events planned that are sure to please. If you like watching some baseball then our [Take Me Out To The Ball Game](#) fundraiser is right in your strike zone.

TAKE ME OUT TO THE BALL GAME

FRIDAY, JUNE 23

Support the NATA Foundation by joining us for a fun evening of baseball with the Indianapolis Indians.

Victory Field
5 minute walk from convention center and key hotels

\$ 55 per adult
40 NATA Student Member
40 under age of 21

Tickets can be purchased only through NATA's 2023 convention registration site.
LAST DAY FOR TICKET SALES IS WEDNESDAY, JUNE 14

PRE-GAME TAILGATE 6-7:15 PM
Includes buffet, soft drinks and draft beer during the exclusive NATA Foundation pre-game tailgate picnic in the ballpark. Tailgate picnic ends promptly at 7:15PM.

INDIANS VS CLIPPERS 7:05 PM
Entry includes exclusive NATA Foundation block of tickets.

This will be the Indianapolis Indians annual "Civil Rights Game" honoring the historical Negro Baseball League's team, the Indianapolis ABCs. The Negro Baseball League's historical mobile exhibit will be in the stadium and available to view (free of charge).



MORE INFO

natafoundation.org/support/events/



When you are on the road it is always difficult to maintain your fitness routine, enter the Foundation's [305 Fitness](#) fundraiser. It is sure to elevate your heart rate and support your Foundation's initiatives at the same time.

JOIN THE NATA FOUNDATION

for a professionally led "305 Fitness" session



SATURDAY
JUNE 24
7-8 AM

EXCLUSIVELY
SPONSORED BY



INDIANA
CONVENTION
CENTER

- Dance based workout
- Zumba with a Miami vibe
- Easy-to-follow fun dance moves
- Great workout for dancers & non-dancers



\$30 PER PERSON

Proceeds go towards advancing the athletic training profession through the Foundation's Research, Education and Professional Development Programs.

Advance registration is required.

Tickets can be purchased only through NATA's 2023 convention registration site by June 14th.



NATA
RESEARCH &
EDUCATION
FOUNDATION

MORE INFO

natafoundation.org/support/events/



Tickets for both events are going fast and once they are gone the event is closed. To register go to the NATA meeting registration site. If you have already registered no worries, you can always go back in and add the event.

One of the most important initiatives of your Foundation is supporting the next generation of athletic training students. Not only is receiving an NATA Foundation Scholarship a prestigious thing but it helps the recipient with a much-needed financial boost. Once again, the athletic training students of the MAATA ATEP programs represented our district well. Please join me in congratulating these worthy students on their receiving an NATA Research and Education Foundation Scholarship.

Jasmin DeBerry, James Madison University
The Keith Jones NBATA Scholarship for Black Athletic Training Students
National Basketball Athletic Trainers' Association

Aleiza Higgins, University of North Carolina Greensboro
NATA Memorial Scholarship
NATA Memorial Scholarship Fund (NATA's eleven districts)

Olivia McCusker, University of South Carolina
PFATS William Tessendorf Scholarship
Professional Football Athletic Trainers' Society

Kimberly Nard, University of South Carolina
Rachael Oats Leadership Scholarship
Friends of Rachael Oats

Rebecca Perry, Towson University
Gatorade Gail Weldon Scholarship
Gatorade

Emma Stith, James Madison University
William Prentice/MAATA (D3) Scholarship
NATA District 3, MAATA

Jennifer Xu, University of Virginia
Richard E. Vandervoort Memorial Scholarship for Diversity, Equity, and Inclusion
The Richard E. Vandervoort Foundation

Please take a quick moment to check out the name of the endowed scholarship that funds the award to the student. Without their generous support our scholarships would not be possible.

I always try to end my remarks to this group by thanking those that support the initiatives of our Foundation with their hard-earned dollars. Your financial support, no matter how large or small matters, it makes a difference, it has a true impact on the athletic training profession and advances our ability to provide world class health care to our patients...THANK YOU.

If every member of the MAATA joined the Foundation's Circle of Champions and committed to a gift of \$5-10 dollars a month this district would have an unimaginable impact. The gift does not have to be large to be impactful. You, me, together WE can make a difference. Why not you, why not now? Please consider a gift and commit to it today. Thank you.

[Click Here to Support the Foundation](#)

I hope to see you at the Founder's Inn and at Indy.



COMMITTEE ON PRACTICE ADVANCEMENTS (COPA)

Andy Carter

To begin, I would like to share some of the accomplishments and work still ongoing within the Council on Practice Advancement (COPA) and its 10 committees over the last few months. As a Council, we have monthly conference calls and had an in-person Joint Committee Meeting for committee chairs in January in Dallas. Likewise, each of the 10 committees holds monthly conference calls as well. I serve as the Chair of the Community Outreach Committee. Some of the highlights of our work include:

- COPA-CON: We are held our third installment of COPA-CON virtually on March 31-April 1 with on-demand access for an additional month. This year's theme was "Results and Resiliency" and featured 10.75 hours of educational content and programming that focused on a wide variety of clinical and administrative topics through a COPA lens but relevant across all practice settings.
- Education: Traditionally, COPA, along with its committees and workgroups, have been very prolific in the production of educational materials for the membership. These educational initiatives have come in the form of webinars, videos, NATA sessions, and even pre-conference symposia. Most recently, in the March issue of the NATA News, COPA Members were featured in an article about how members can effectively market their skills as ATs .
- Social Media: COPA's social media presence and engagement is and will continue to be strong. You can follow COPA on Facebook, Twitter, and Instagram.
- COPA committees are working to build out their setting-specific webpages on nata.org.
- Per Diem Survey: The COPA Community Outreach Committee produced and distributed a survey to learn more about ATs who work on a per diem or PRN basis to better understand the challenges they face and the pay rates that they can expect. We had over 400 responses from ATs in 43 out of 50 states and lots of great comments. Hopefully this data can help these ATs negotiate better salaries and working conditions in this growing practice area.
- COPA Committees collaborate across the NATA to provide input and perspective on the initiatives and projects of other committees and workgroups including the AT Compensation Taskforce, the Career Advancement Committee, and the Student Leadership Committee.
- Analytics and Outcomes: Analyzing how ATs are using documentation to enhance the care they provide—what data are they collecting and how are they using this information?

If you have questions, concerns, or ideas about the work of one of our committees, please shoot me an email at andyatc@gmail.com. As you can see, the work of our council is very diverse in terms of setting. I'll work to get you connected with the COPA member best suited to address your concern or answer your question.





DANNY CARROLL PRESIDENT

The VATA had a successful Hit the Hill Day in Richmond on February 14th, using the fitting theme of "Athletic Trainers Save Hearts". We were able to thank our legislators for supporting our bill this year, which was actually passed the previous day. We were also able to discuss the disparities of athletic trainers in public school systems across the state and talk about the importance of taking steps to fill that gap. As for our bill, HB2429, the governor signed it into law on March 26, to take effect July 1 of this year. HB2429 allows for the administration of albuterol, intravenous saline, and injection of lidocaine for the purposes of wound closure.



VATA State Senator John Bell, VATA Shenandoah Valley Region Representative Paul Peterson, VATA Governmental Affairs Committee Chair Dr. Rose Schmiege, and Shenandoah University Athletic Training Students



VATA President-Elect Mike Kotelnicki & VATA Shenandoah Valley Region Representative Paul Peterson



VATA State Delegate Michelle Maldonado, VATA Governmental Affairs Committee Chair Dr. Rose Schmiege, and Shenandoah University Athletic Training Students

The VATA Secondary Schools Athletic Training Committee hosted their asynchronous virtual symposium March 22-April 3, allowing participants to earn up to 6.5 CEUs.

VATA elections are coming up soon and we will have bios of the candidates sent out for the President-Elect position, as well as three Region Representative positions.



AMY HAND
PRESIDENT

Save The Date for the 2023 Annual SCATA Symposium. We invite you to join us in Columbia, SC July 13-14th, 2023. This year's event will host pre-con courses, special events, award lunch, professional networking and continuing education.

Check out our new website! SCATA has been working behind the scenes to update our webpage and resources tab. New pages include a Legislative Page, SCATA in the News, and Athletic Training Education Resources.

[Please Click Here](#)

Legislative Update:

On March 1, SCATA President Amy Fraley Hand and SCATA Emerging Practices Representative Kevin Herod testified in front of the Senate Medical Affairs Subcommittee. The bill was voted on favorably and moved to the Senate



2023 Annual Symposium

Columbia Metropolitan Convention Center!

July 13-14 2023

Registration pricing is available on the website

Now accepting!
Free Communication Proposals. Due June 15th

Pre con, special events, awards lunch and more!

More information to follow

BILL S. 397



Legislative Update

- ✓ Medical Affairs Sub Committee
- ✓ Full Committee
- ✓ Full Senate Vote



Medical Affairs Full Committee on March 2, where it got a favorable vote as well. Since then, S.397 was voted on for the first time in the full Senate on March 9 and again on March 14, where it also received a favorable vote. The bill has since been introduced in the House of Representatives, awaiting a subcommittee meeting. It is SCATA's hope that licensure for South Carolina athletic trainers will be achieved this calendar year.

TOM BELMAGGIO
PRESIDENT

The West Virginia Athletic Trainers Association (WVATA) is proud to announce the successful conclusion of its annual symposium, which took place on March 25th and 26th at the Marriott in Charleston, WV. This year's event brought together some of the top minds in athletic training, sports medicine, and related fields to share their latest research, insights, and best practices.

In addition to the informative sessions, the WVATA Annual Symposium also honored industry leaders who have made significant contributions to athletic training and sports medicine. The following individuals received awards for their outstanding achievements:

Steve Lough MS, LAT, ATC, who was awarded the WVATA Distinguished Service Award for their exceptional contributions to the field of athletic training.



Dr. Samantha Scarneo-Miller PhD, LAT, ATC, who received the WVATA Educator of the Year Award for their dedication to educating and mentoring the next generation of athletic trainers.



Chris Lapole MA, LAT, ATC, CSCS, who was awarded with the WVATA Athletic Trainer of the Year for his service to Marshall University and the WVATA.



Blayne Lykins, who was honored with the WVATA Athletic Training Student of the Year.



Dr. Joe Beckett EdD, LAT, ATC and Jenni Johnson MS, LAT, ATC, were inducted into the WVATA Hall of Fame for providing outstanding years of service to the WVATA



West Virginia Governor Jim Justice signed a proclamation that March is athletic training month in the state of West Virginia.

