



DECEMBER 2023

District Director– L. Ray Davis, Jr, MSS, LAT, ATC

NATA NEWS; Happy December!!!!

- We are down to the final month, hopefully, all members have submitted CEU's or are close to finalizing soon!
- The same goes for our Membership Drive. Please update yours and encourage other ATs to do the same. The NATA has links for you to use as background information #ForwardTogether #BeNATA
- We are hoping to see the 2023 Salary Survey results in the January or February NATA News! I thank you for completing the survey.
- As always, don't forget The Foundation and NATA PAC need your support. There are many ways you can help. Thank you for donating!
- **The NATA Needs YOU!!!** PLEASE login to GATher, update your profile, & check for volunteer updates/opportunities. Thank you for applying to be a volunteer.
- Don't forget to share NATA posts on social media. There are quite a few postings happening! You never know who may be following you and not following the NATA, D3 or even our states.
- Lastly, we have many things happening on our NATA.org website that are member benefits. Please take the time to look at various resources!

Merry Christmas & Happy New Year!

Ray Davis, Jr

District President– Steve Cole, MEd, LAT, ATC

I hope everyone had a relaxing and enjoyable Thanksgiving and is ready to transition into the Holiday season and Winter. As we close out our fiscal year, I want to assure each of you that the MAATA is financially sound. This is in large part to the focus of the Executive Board in controlling expenses and the work of the MAATA Financial Advisory Committee, chaired by Mat Lyden, MAATA Treasurer. While our expenses are numerous, the largest being the MAATA Educational symposium, the financial income to the MAATA comes from only two main sources, membership dues and our annual MAATA Educational symposium. As a result, it is critical that we continue to work to grow our membership and support the annual MAATA Educational symposium. As we are in the time of NATA membership renewal, please encourage your colleagues to remain members or rejoin! Secondly, please mark your calendar to attend the MAATA Educational symposium May 17-19, 2024 at the Founders Inn in Virginia Beach.

District Vice-President – Scott Cook, MS, LAT, ATC

Mark your calendars!! The 2024 MAATA Annual Meeting will be held May 17-19, 2024 at the Founders Inn, in Virginia Beach. Make plans to attend and earn CEU's, enjoy social activities, fellowship, and network with your fellow Athletic Trainers.

Look for registration to begin January 15, 2024. Further information will be forthcoming in future E-blasts and newsletters. The first 50 paid registrants will be entered into a drawing for a chance at one of the following: a free hotel night for the 2024 meeting at the Founders Inn (must be registered at the hotel.) Free registration for the 2025 MAATA Annual Meeting, or a free night at the 2025 Annual Meeting site TBA.

District Secretary – Erin Cash, PhD, LAT, ATC

Hello District 3 and Happy Holidays! I would like to remind everyone of their NATA membership renewals. A membership with NATA pays for all three levels: NATA, District, and State! Members have until January 31st to renew their membership before losing access to all benefits. NATA has options in place to assist members who may be going through an economic hardship. Contact Member Services at membership@nata.org or 972-532-8897 to discuss how they can help. Be the difference, be the NATA!

It is also a reporting year so be sure you get your CEU's done and submitted on <https://bocatc.org/>. Remember that the BOC Certification Maintenance Fee is now a separate charge via the website. BOC requirements are due by 11:59pm CT on December 31, 2023. The BOC office will be closed December 30th to January 1st.

Please be sure you get to rest and recharge, if only for a few days this holiday season! If there's anything I can do for you, please don't hesitate to contact me (d3sectry@gmail.com)

Honors & Awards Committee – Bob Casmus, MS, LAT, ATC

The MAATA Honors and Awards open window for nominations closed on November 1, 2023. Thank you to everyone who submitted a nomination. All supporting materials submitted for each of the nominees for the MAATA Awards are under review by the scoring groups.

The 2024 Honors and Award recipients will be announced in the January 2024 e-blast and Spring 2024 Newsletter. The Honors & Awards Ceremony will be held in VA Beach at the District III Meeting in May 2024.

LGBTQ+ Advisory Committee – Kirk Armstrong, EdD, ATC

Here are a few updates on what projects committee members are working on:

1. The committee is developing a database of speakers within the MAATA and their areas of expertise. If you would like to be included, please send me contact information and area(s) of expertise.
2. As state laws are changing rapidly regarding LGBTQ healthcare, it is tough to keep up. Each state representative will be developing resources (by state) to keep members aware

of what legislation has changed and how those changes impact your practice of athletic training.

3. The committee is working to develop an LGBTQ Community within the MAATA, for members of the LGBTQ+ community and allies. Be on the lookout for more information on how to join soon!

Research and Grant Committee – Bonnie Van Lunen, PhD, ATC, FNATA, FNAP

The Research and Grants Committee is excited to announce Spring 2024 funding for \$3,000.

- The funding is available for all District III members and these awards must be spent by the end of the 2024 calendar year (December 31st).
- No requests for extensions can be made.
- No salaries can be included.
- Travel related to the application must take place by the end of the 2024 calendar year.
- Expectations include presentation of the findings at the 2025 District III meeting.
- Applications are due March 15th following the current format found on the District III website.
- Funding to be awarded by April 15th.

Secondary Schools AT Committee – Adam Wall, MS, LAT, ATC

The MAATA Secondary School Committee are still searching for ATLAS Ambassadors to help assist with the KSI ATLAS project. We need volunteers from the following states: North Carolina (2 positions vacant) and Maryland (2 positions vacant). If you're interested in being an ATLAS Ambassador, please email awall3@wcpss.net for more information about the application process.

Nominations for the NATA Secondary School Servant's Heart and Athletic Trainer of the Year Award are now open until the end of the year. Please visit the NATA Honors and Awards website to review the qualification and nomination process for these awards. One winner from district three will be selected for both awards and recognized at the 2024 NATA meeting in June.

Scholarship Committee – Sara Pittelkau, MA, LAT, ATC

Attention students!! Please view [this link](#) on what scholarships you could apply for. Scholarships will open in January 2024, be on the lookout for more information in coming eblasts. Also, please visit the [scholarship page](#) for information.

Social Media & Young Professionals' Committee – Kassy Mosley, MS, LAT, ATC

Young Professional Committee

Be sure to check out our social media accounts, IG and X: @maata_ypc for the latest information on all things happening with our committee including upcoming chats, socials and symposium events!!

We have committee openings for our District of Columbia Representative and our Career Advancement Member at Large Representative. These positions are a one year, twice renewable term. Candidates should be:

- Within 0-12 years of certification
- Able to attend monthly video conference calls
- Collaborate with other members to create YPC events at the annual district symposium.
- State representative: serve as liaison between the district and state YPC

Interested applicants should email an updated resume and letter of interest to d3sectry@gmail.com. Please reach out to Chair, Kassy Mosley at mosleyk18@ecu.edu with any questions regarding the position.

Social Media Committee

It's that time of year again!! Our District 3 NATA Renewal giveaway is here!! This year we have multiple ways to enter and earn extra entries!

How to enter:

- 1) Renew or enroll your NATA membership by 12/31/23
- 2) take a picture of your membership enroll/renewal
- 3A) for 1 entry complete the form at: <https://forms.gle/X19q8KL31HBKikBz7>
- 3B) for 2 entries share your picture on social media, tag us and use hashtag #D3renews

For extra entry: share our post about the contest to your story or retweet it and tag us! Must complete step 3A or 3B to gain the extra entry!

Be sure to follow us on our District social media handles for the latest up to date information on happenings, events and volunteer openings throughout the district! **Instagram:** d3athletictrainers
X: @D3_MAATA **Facebook:** Mid Atlantic Athletic Trainers' Association

NATA Ethnic Diversity Advisory Committee – Xavion Santiago

Happy Holidays to all from EDAC! The DEIA Council has two open at-large positions to provide insight, expertise, and/or experience in areas not currently represented by the Council membership. The DEIA Council also has an Accessibility Work Group which is seeking up to five (5) members to serve as work group members. For more information on these positions as well as any open D3 volunteer positions please check Gather.

The Bill Chisholm Award will be open for nominations beginning in January 2024, we look forward to all the nominations. If you have any questions or concerns please reach out to me d3edacrep@gmail.com.

NATA Foundation – Marty Baker, LAT, ATC

For athletic training students and their faculty: I would love to see every program in our district have at least one NATA Foundation Scholarship winner. The deadline for applications and supporting documents is January 15, 2024. Let's make it happen:

<https://www.natafoundation.org/education/scholarships/apply/>

And don't forget the Student Writing Contest and its deadline of February 1, 2024. It's free money after all! <https://www.natafoundation.org/education/writing-contest/>

Research to Clinic Practice: This publication captures and organizes educational resources specific to topics in athletic training. Each month focuses on a new timely topic and points athletic trainers to position statements, key/seminal research papers, infographics, and other resources. <https://www.natafoundation.org/education/educational-resources/research-to-clinical-practice/>

Would you consider joining me and becoming a Circle of Champion member? Your recurring donation will ensure that the knowledge advancement of the Athletic Training profession continues <https://www.natafoundation.org/support/ways-to-give/circle-of-champions/>

NATA Intercollegiate Council for Sports Medicine – Jennifer O’Donoghue, PhD, ATC, CSCS

As the DI Chair and your representative on the NATA-ICSM, greetings and I hope that everyone’s fall season went well. Shawn Hendi rolled off the ICSM last year, but I still serve as the D3 Representative. Information below provides reminders of basic information, in addition to our work-group tasks that have been accomplished recently (**direct links are highlighted in blue**). Please don’t hesitate to reach out if you would like further details or have questions.

Jennifer O'Donoghue, PhD, ATC, CSCS
ICSM Division I Chair, ACC Representative
NCATA College/University Board
Representative District 3 MAATA DI
Representative
North Carolina State University
Email: jaodonog@ncsu.edu

[Intercollegiate Council for Sports Medicine](#)

The NATA Intercollegiate Council for Sports Medicine (ICSM), formerly known as the College/University Athletic Trainers' Committee (CUATC), will address issues affecting the student athlete and athletic trainers at the collegiate level. The ICSM will identify relevant, timely issues in the field of athletic training and collaborate with various organizing bodies of collegiate and intercollegiate athletics to improve student athlete safety, well-being and healthcare by influencing policy and providing resources.

[Council Roster](#)

This athletic conference-based committee is comprised of members from the college/university setting, including ATs working in DI, DII, DIII, Junior College and NAIA institutions.

2023 NATA-ICSM Work Group Completed Tasks, found by using your NATA membership to login after clicking the [link for the Resources to help advance college/university ATs](#)

Collegiate AT Labor Crisis

Brant Berkstresser, Associate AD of Sports Medicine at Tarleton State and Chairman of the

Intercollegiate Council for Sports Medicine continues to work with the members from the Intercollegiate Council for Sports Medicine and the college/university subgroup of the AT Compensation Task Force in their collaboration on a project to provide data driven metrics outlining the current collegiate workplace environment with strategies to improve employee engagement. Although the information provided outlines opportunities to identify necessary employment fundamentals, recruitment, retention and advancement of collegiate athletic trainers, the research and information presented within this white paper comes from and is applicable to various collegiate employers.

[*The Collegiate Athletic Trainer Labor Crisis: A Data Driven Guide Outlining the Current Collegiate Workplace Environment and Strategies to Improve Workplace Engagement*](#)

[*Athletic Training Employer Checklist \(pdf\)*](#)

[*ICSM Compensation Task Force Survey Results \(pdf\)*](#)

[*The State of Athletic Training: Employment: Timely Topics Series On-Demand Event*](#)

[*Collegiate Sports Connect interview*](#)

[*College and University Professional Association for Human Resources Blog*](#)

Updates for the [*10 for 10 Presentations on Common Collegiate Health and Safety Issues*](#)

The original concept for the “10 for 10” presentations was to provide collegiate athletic trainers with 10 presentations with around 10 slides on common health and safety issues affecting college athletes. The number of presentations has grown past 10 and topics will continue to be added. Each presentation can be modified by the athletic trainer and will be useful for meetings with coaches, parents, administrators and student-athletes.

NATA Professional Education Committee – Ashley Thrasher, EdD, LAT, ATC, CSCS

The Professional Education Committee is working hard to develop resources for Master Preceptor Live (Coming to NATA!), Clinical Education Coordinator Support, a Diversity, Equity, Inclusion and Access audit tool for AT programs, and resources for using Artificial Intelligence in athletic training education. These resources will be distributed as they are completed. If you have any questions or suggestions for the Professional Education Committee, please contact Ashley Thrasher at abthrasher@wcu.edu.

NATA Professional Responsibility in Athletic Training Committee – Rod Walters, DA, ATC

The PRAT Committee continues to serve ATs with the following focus groups.

- Professional Values - To examine the efficacy of an oath for athletic training and make a recommendation whether the NATA should craft one.
- Case Studies - Provide a structured opportunity for members to begin the LERPS conversation.
- Awards - overhauled the decision-making process for more transparent and objectivity.
- Sports Medicine Legal Digest (SMLD) - resource for ATs with online content specific to current cases and occurrences.

DCATA – Shannon Fooks, MS, ATC, CSCS



2023 Winter CE Event Speakers

The DCATA is looking for a speaker to give a virtual presentation for our upcoming business meeting. The Winter business meeting will occur in January. If anyone is interested in presenting for our meeting with a virtual video, please contact Mike Walker at mwalker@stjohnschs.org with the topic(s) of choice. Our membership was polled, and the results showed that above topics were among the most requested. However, topics are not restricted just to this list and we will welcome any subjects of discussion.



Nominations are now being accepted for the 2024 DCATA Honors. For more details on each honor and award available click [HERE](#)

NCATA – Nina Walker, MA, LAT, ATC

North Carolina is excited to welcome Tony Cordova as our Secretary-Elect. We are so excited to have him join the executive board. In November, we were able to speak in front of the NC School Board Association with the talk Avoiding Athletic Litigation: Policy, Procedure and Practice. This talk was well received by the school board members in another packed house talk given by Dr. Katie Romano Hanes, and Emily Gaddy. WE are also so excited about our 50th Anniversary in 2024! Stay tuned for some events to come, plan on coming to our symposium for an amazing time of fellowship, education and one amazing GALA!!

SCATA – Amy Fraley, PhD, SCAT, ATC, CSCS

SCATA Secondary School Student Workshop

The annual South Carolina Athletic Trainers' Association Secondary School Student Workshop for secondary school student aides will be held on Saturday, January 27, 2024 at Pelion High School in Pelion, SC.

There will be a variety of hands-on sessions with a focus on exploring some of the skills and knowledge needed for a career in athletic training. We encourage all secondary school student aides (Sports Medicine Work-Based Learning) to attend, as well as any students in the CTE Sports Medicine Pathway interested in becoming an athletic trainer.

Registration is open on the SCATA website: <https://scata.wildapricot.org/page-18285>

Interested in becoming a sponsor for 2024?

SCATA sponsors have done a tremendous job supporting current athletic trainers in the various job settings we serve. SCATA sees this workshop as your way to invest in the future of these students that attend this workshop. We hope that with your help, we can make this workshop innovative, educational, and provide insight as these high school students grow and develop into potential health care providers.

We invite you to come attend this workshop and see all of the activities the students are engaging in and learning.

VATA – Danny Carroll, MEd, LAT, ATC

Registration is open for the VATA Annual Meeting January 5-7, 2024 in Hampton Roads, VA. Please register here: <https://www.vata.us/2024-annual-meeting>