



**MAATA**  
MID ATLANTIC ATHLETIC TRAINERS' ASSOCIATION

DISTRICT III  
NEWSLETTER  
fall 2023

# LETTER FROM THE DISTRICT DIRECTOR

L. Ray Davis, Jr., MSS, LAT, ATC



NATA

From the BOC

This is a reporting year; I encourage all members to submit CEU's sooner than later!

Governmental Affairs

We've heard information on Iowa (de-regulating) & Kansas Rule changes about temporary licensing, I encourage states to seek help from the NATA GA in addressing these issues before they arise.

Thank you to South Carolina for your upcoming Bootcamp 2.0.

The NATAPAC Sweepstakes closed September 30<sup>th</sup>. Thank you to members who participated through your donations.

The NATA is addressing document storage procedures as we are moving forward to address file sharing by various individuals current and past. All documents including sub committees should be housed in the Dropbox business account.

An ECE Chair should be named soon. Interviews of 3 applicants have been completed and a named individual is awaiting contact approval.

Don't forget to check GATher for volunteer updates and opportunities.

Please share NATA posts on social media. There are quite a few postings happening! You never know who may be following you and not following the NATA, D3 or even our states.

Lastly, we have many things happening on our NATA.org website that are member benefits.

Happy Fall!

Ray Davis, Jr

# FROM THE DISTRICT VICE PRESIDENT

Scott Cook, MS, LAT, ATC



Mark your calendars!! The 2024 MAATA Annual Meeting will be held May 17-19, 2024 at the Founders Inn, in Virginia Beach. Make plans to attend and earn CEU's, enjoy social activities, fellowship, and network with your fellow Athletic Trainers.

Look for registration to begin in early January 2024. Further information will be forthcoming in future E-blasts and newsletters. The deadline for 2024 MAATA Annual Symposium Proposals is on Friday, December 8, 2023. We are strongly encouraging proposals from our D3 Members!

Submission Link:

[2024 MAATA Annual Symposium - Call for Proposals](#)

If you have any questions regarding this form or presentation requirements, please contact: [maatad3education@gmail.com](mailto:maatad3education@gmail.com). Decisions on submissions will be made within 4 weeks after the deadline. If you have any questions, comments, or concerns, please contact me!



## District III Council

Ray Davis, Jr., MSS, LAT, ATC, District Director  
[maatad3dir@gmail.com](mailto:maatad3dir@gmail.com)

Steve L. Cole, District President  
[stevecole1227@gmail.com](mailto:stevecole1227@gmail.com)

Scott Cook, District Vice President  
[cooksl5@outlook.com](mailto:cooksl5@outlook.com)

Erin Cash, District Secretary  
[d3sectry@gmail.com](mailto:d3sectry@gmail.com)

Mat Lyden, District Treasurer  
[d3maatacfo@gmail.com](mailto:d3maatacfo@gmail.com)

Katie Walsh Flanagan, Past District Director  
[Flanagank@ecu.edu](mailto:Flanagank@ecu.edu)

## State Presidents

Shannon Fooks, District of Columbia  
[fookss@sidwell.edu](mailto:fookss@sidwell.edu)

Jean Knecht Perez, Maryland  
[jean.perez@goucher.edu](mailto:jean.perez@goucher.edu)

Nina Walker, North Carolina  
[president@ncata.net](mailto:president@ncata.net)

Amy Fraley, South Carolina  
[president@scata.org](mailto:president@scata.org)

Danny Carroll, Virginia  
[vatapresident@gmail.com](mailto:vatapresident@gmail.com)

Tom Belmaggio, West Virginia  
[belmaggio@marshall.edu](mailto:belmaggio@marshall.edu)



# FROM THE DISTRICT SECRETARY

Erin Cash, PhD, LAT, ATC



Hello District 3 and Happy Fall! I hope this newsletter finds you well and squeezing in some down time. I am very honored to be your new Secretary and encourage you to reach out to me if you ever have any questions, suggestions, or concerns. We have an excellent Executive and District Council who always put you first in every conversation we have!

As we begin the final quarter of the 2023 year, I would like to remind everyone on their NATA membership renewals. A membership with NATA is a one-stop shop. Paying your dues pays for all three levels: NATA, District, and State! NATA provides a [Membership Dues Calculator](#) so you can see how your membership dollars are distributed. Membership provides access to member benefits in professional growth, support, advocacy, and connection. These member benefits not only provide valuable advantages to you as an Athletic Trainer, they're also an investment in the future of our profession. [Learn more about the value of NATA membership.](#)

Members have until January 31<sup>st</sup> to renew their membership before losing access to all benefits. NATA has options in place to assist members who may be going through an economic hardship. Contact Member Services at [membership@nata.org](mailto:membership@nata.org) or 972-532-8897 to discuss how they can help.

Speaking of NATA membership renewals, we are recognizing our D3 members on Milestone years of NATA memberships in our Newsletters! Please join me in congratulating our members in their respective state below and be on the lookout for first time NATA members in the Spring Newsletter. We are better together - thank you for supporting our profession at the national, district, and state levels!

If there's anything I can do for you, please don't hesitate to contact me ([d3sectry@gmail.com](mailto:d3sectry@gmail.com))



# FROM THE DISTRICT TREASURER

Mat Lyden, MS, ATC

Greetings to my AT family. I hope you are all having a wonderful, healthy fall. For me, this is the start of the last quarter of our fiscal year as I complete 1 full year as district treasurer. It has been a very educational experience and I have enjoyed the interaction with several of you across the district in addition to many new acquaintances throughout the other districts. It brings me great pride to give back to our profession and serve all of you through this work.

As for the real activity in my area, our Financial Advisory Committee has officially convened, and we have started the process of assembling our FY24 budget to present to the executive board for final approval. I would like to thank our committee members; 3 state treasurer reps; Joe Cauble (SC), Jarrett Friday (NC), Laura Wamsley (WV), and District VP; Scott Cook. I appreciate all the time in reviewing spreadsheets of information and offering a transparent system of checks and balances to keep the financial health of the organization stable. Our committee plans to meet several times through the next 4-6 weeks to finalize and present the new budget.

In the flavor of being fiduciary for our district, we have several other exec officers, state presidents, committee chairs, and others who are carefully reviewing our future district meetings in an effort to keep the costs reasonable and still offer a great CE program, networking opportunities, and most important, some much needed social activities among all of us. More info to come from the VP position.

In closing, our district remains among one of the more fiscally sound across our national organization and I look forward to working with many of you in the near future. Please feel free to reach me at [d3maatacfo@gmail.com](mailto:d3maatacfo@gmail.com) if you ever have any questions.

# DISTRICT-WIDE NEWS

## ELECTION COMMITTEE

Katie Walsh Flanagan, EdD, LAT, ATC



The election period for the next President of the MAATA is open!

Qualified members (certified or certified, retired) were sent an email on Saturday morning, October 1 with a special link to candidates Bios and the Ballot. The candidates are **Jason Doctor, Matt Gage** and **Scott Powers**. Voting closes at **11:59 pm Saturday, October 14<sup>th</sup>**. If one candidate does not get more than 50% of the vote, a run-off election will follow in October

A direct link to the candidates' biographies is [HERE](#).

I would like to thank the Election Committee, **Tina Carrillo** (DC), **Jeremy Searson** (SC) and **Jenni Johnson** (WV) for making the time to vet the candidates.

Each qualified member will get one (1) vote as duplicate votes will be removed. Members are reminded to have their NATA membership number and BOC certification number to vote.

The President-elect will shadow current President Cole beginning in November, and will take office in May 2024 at the annual symposium.

If you did not receive an email with a special link to the ballot, please check your spam then email Katie at [Flanagank@ecu.edu](mailto:Flanagank@ecu.edu)



## EDUCATIONAL PROGRAM COMMITTEE

Claire Adkinson, MS, LAT, ATC

I am thrilled to have been appointed as the new Education Committee Chair for District III. Having served in district-level volunteer roles as a student senator and subsequently as the Free Communication Chair, I am committed to delivering valuable and engaging content at the symposium each year. As we prepare for the 2024 MAATA Annual Symposium, I look forward to meeting with you and supporting your educational needs. Should you have any inquiries, comments, or concerns regarding the education component of the symposium, please do not hesitate to contact me. [maatad3education@gmail.com](mailto:maatad3education@gmail.com) | 410-704-2239

Abstracts are currently being accepted for the 2024 MAATA Symposium hosted at Virginia Beach, VA May 17th-19th. The deadline for submission is Friday, December 8, 2023. We are strongly encouraging proposals from our D3 Members on all related athletic training topics! If you have any questions regarding this form or presentation requirements, please contact Claire Adkinson ([maatad3education@gmail.com](mailto:maatad3education@gmail.com)). Decisions on submissions will be made within 4 weeks after the deadline. Proposals may be submitted for both the professional and student program [HERE](#).

As I've taken on a new role, we have a vacancy for the Free Communications Chair at the upcoming annual symposium. You can find the call for the position by clicking on the link [HERE](#). If you are interested, please follow the submission steps provided in the call. There is also a vacant position for a South Carolina representative on the education committee. For more information about the role, please click [HERE](#).

If you know someone who would be a good fit for either of these roles, please don't hesitate to let me know so that I can reach out to them!



## HONORS & AWARDS COMMITTEE

Bob Casmus, MS, LAT, ATC

The MAATA Honors and Awards is currently open, and the committee is still accepting nominations. The hard deadline for nominations is November 1st, 2023. All supporting materials for the nomination must be in by 11/30/23. The November 30<sup>th</sup> deadline includes all advocacy forms and/or letters of recommendation and the candidate profile/application information. Please consider recognizing a deserving fellow athletic trainer for one of the MAATA Honors & Awards. The MAATA Service Award honors individuals who have done service at the local, state and district levels. The MAATA MDAT award recognizes individuals primarily for their service at the district and national levels. The MAATA Hall of Fame is focused on those individuals who have or had a lifetime of service and impact at the state, district, and the national levels. I urge everyone to submit nominations for the MAATA Honors & Awards. All information can be found on the MAATA website under [DIII Honors and Awards](#).

## MEMORIAL RESOLUTIONS & HISTORICAL COMMISSION COMMITTEES

Randy Meador, MS, ATC



Hello District III, I'm sure you are busy with fall sports and the start of winter sports is very soon! I am Randy Meador an Athletic Trainer at West Virginia University and I am the Chair of the Memorial Resolutions Committee. Although we don't want this committee to be busy, it is important to honor our departed athletic training colleagues. If you are aware of a deceased colleague, please forward their information to your state representative. We are also looking for a representative on this committee from the District of Columbia. Please contact the District of Columbia President if you are interested.

The following individuals are the current members of the District III/MAATA Memorial Resolutions Committee (part of the Historical Commission:)

- District of Columbia – TBA
- Maryland - Samuel Thompson, Jr. – [samthomp@lifebridgehealth.org](mailto:samthomp@lifebridgehealth.org)
- North Carolina – Randy Pridgen – [rplatatc@gmail.com](mailto:rplatatc@gmail.com)
- South Carolina – James Berry – [drjimberry@gmail.com](mailto:drjimberry@gmail.com)
- Virginia – Sherry Summers – [sherrysummers57@gmail.com](mailto:sherrysummers57@gmail.com)
- West Virginia – Randall Meador – [randy.meador@mail.wvu.edu](mailto:randy.meador@mail.wvu.edu)



## LGBTQ+ ADVISORY COMMITTEE

Kirk Armstrong, EdD, ATC

The LGBTQ Advisory Committee welcomes two new members this fall: Jon Arndt (Maryland state representative) and Matt Ewert (Student Senate representative).

Do you know an Athletic Trainer that has made an impact on inclusion for LGBTQ colleagues or patients with their organization, at the local or state level? Applications are being accepted for the NATA LGBTQ inclusive Excellence Award. The application deadline is November 15.

Submissions can be made [HERE](#).

# RESEARCH & GRANTS COMMITTEE

Bonnie Van Luen, PhD, ATC, FNATA, FNAP

The Research and Grants Committee is currently reviewing the grant proposals which were submitted in this last cycle. Announcements of awards will be made to the winners in early November. Thanks to everyone who took the time to apply for funding to support their work!



## SECONDARY SCHOOLS AT COMMITTEE

Adam Wall, MS, LAT, ATC

Nominations for the Servant's Heart Award is now open until November 30<sup>th</sup>. The Servant's Heart Award is awarded by the NATA Secondary School Committee and recognizes deserving secondary school ATs in each district for their service to the athletic training profession, their school and their communities.

This award recognizes ATs who have:

- Demonstrated a long-term commitment to the secondary school setting.
- Provided public awareness, promotion and education about the AT's role in their local communities.
- Helped establish and maintain the athletic trainers' presence in the secondary school setting.
- Promoted the secondary school setting as a career-destination.
- Exhibited a consistent and exemplary level of student athletic health care.
- Provided public awareness, promotion and education for sports safety and injury prevention.

Award nominations begin Oct. 1<sup>st</sup>. The deadline for nominations is Nov. 30<sup>th</sup>. Please review the posted eligibility criteria. Nominees will be notified by email of their nomination and next steps. Winners will be announced in Spring of 2024. You can nominate your fellow peers and colleagues [HERE](#).

The MAATA Secondary School Committee are still searching for ATLAS Ambassadors to help assist with the KSI ATLAS project. ATLAS Ambassadors will help assist the KSI team with the following items:

- Submit written report to the SSATC District Representative Quarterly.
- Attend Quarterly ambassador conference calls (virtually hosted).
- Work with the SSATC District Rep as well as KSI ATLAS Project leaders to identify and make changes to the AT services provided to schools within their state.
- Assist in funneling ATLAS data queries/needs from state AT leadership to KSI.
- Assist NATA and KSI with notifying the state athletic training network of changes to the survey.
- Provide/educate state athletic training network regarding the data ATLAS provides and how it can be leveraged to assist key strategic initiatives within the state.
- Assist NATA and KSI in identifying/tracking changes to AT services within the state

We need volunteers from the following states: North Carolina (3 positions vacant), Maryland (2 positions vacant), Virginia (1 position vacant), South Carolina (2 positions vacant). If you are interested in being an ATLAS ambassador, please email [awall3@wcpss.net](mailto:awall3@wcpss.net) for more information about the application process.







## SCHOLARSHIP COMMITTEE

Sara Pittelkau, MA, LAT, ATC

The scholarship committee is working on perfecting each scholarship definition as well as the scoring rubric. 2024 submissions will be accepted starting January 1, 2024. Deadline is March 15, 2024. Program directors, mentors, etc., please share this information with students. For any questions, please contact the MAATA Scholarship Committee Chair Sara Pittelkau, MA, LAT, ATC @ [maata.scholarships@gmail.com](mailto:maata.scholarships@gmail.com).

LAT, ATC @ [maata.scholarships@gmail.com](mailto:maata.scholarships@gmail.com).

We are also looking for a new Maryland representative to be part of the committee. If you are interested, please send a letter of interest and resume to MAATA Scholarship Committee Chair Sara Pittelkau, MA, LAT, ATC @ [maata.scholarships@gmail.com](mailto:maata.scholarships@gmail.com) by November 1, 2023 5pm.

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## SOCIAL MEDIA & YOUNG PROFESSIONALS COMMITTEE

Kassy Mosley, MS, LAT, ATC

### Young Professional Committee

Nominations are open for the inaugural MAATA YP Distinguished award! The MAATA Distinguished Young Professionals Award is to honor and recognize high quality young professionals (YPs) that have made an immediate and definitive impact on the local, District (3), and/or national level of the athletic training profession. Be sure to check out <https://www.maata.org/youngprofessionals> under the 'The MAATA Distinguished YP award' tab for more information and nomination form. Nominations are due November 30<sup>th</sup>!



Be sure to check out our social media accounts, IG and X: @maata\_ypc for the latest information on all things happening with our committee including upcoming chats, socials and symposium events!!

We have committee openings for our District of Columbia Representative and our Member at Large Representatives. These positions are a one year, twice renewable term. Candidates should be:

- Within 0-12 years of certification
- Able to attend monthly video conference calls
- Collaborate with other members to create YPC events at the annual district symposium.
- State representative: serve as liaison between the district and state YPC
- Member at large representatives: manage YPC social medias and websites

Interested applicants should email an updated resume and letter of interest to [d3sectry@gmail.com](mailto:d3sectry@gmail.com). Deadline is October 20<sup>th</sup>. Please reach out to Chair, Kassy Mosley at [mosleyk18@ecu.edu](mailto:mosleyk18@ecu.edu) with any questions regarding the position.

### Social Media Committee

Be sure to follow us on our District social media handles for the latest up to date information on happenings, events and volunteer openings throughout the district!

**Instagram:** d3athletictrainers **X:** @D3\_MAATA **Facebook:** Mid Atlantic Athletic Trainers' Association





## STUDENT SENATE COMMITTEE

Emily Hildebrand, PhD, LAT, ATC

The Student Senate would like to first take the opportunity to encourage students to embrace the challenges and recognize your hard work will pay off – good luck this Fall semester! For those new to the District, the Senate is comprised of 2 students from each state in District III, who work collaboratively throughout the year to advocate for needs of students in the Mid-Atlantic region. The major responsibility of the Senate involves planning and carrying out the annual Student Program which is part of the MAATA Annual Symposium. Currently the Senate is seeking applications for individuals enrolled in an ATP and will serve a 2-year term: This means if you are a first year ATS, you are eligible to apply by Oct. 15, 11:59pm: <https://forms.gle/DtJuWnBqkb6fmFKW8>. To learn about our current 2<sup>nd</sup> year Senators, read below and be sure to follow us @MAATA\_Student\_Senate so you are ready for all that is to come this year!



### **Rickee Yates** **D.C./Maryland**

Rickee is a native of Washington D.C. and is a second year Master of Science in Athletic Training student at Towson University in Maryland. She completed her undergraduate career at North Carolina Central University (NCCU). During her tenure, Rickee has had the pleasure of completing over 1000 community service hours working with NCCU's Football and Women's Basketball teams. As her senior internship, Rickee was fortunate enough to observe at Duke University Athletic Medicine facility. Rickee's passion for Athletic Training began during high school when she tore her meniscus while competing in gymnastics. Throughout this arduous process, she was fortunate to observe her Athletic Trainer and Physical Therapist closely. Rickee noticed how much assistance, dedication and support they provided during her recovery. Because of them and a bit of consistency from her, she was able to make a full recovery and regain her title as a three-time Maryland state champion. This is when she knew athletic training was the career for her. After graduating, she aspires to work in the professional sports setting, specifically with the NFL, NBA or WNBA but is also open to working in the collegiate gymnastics setting. As a Student Senator, Rickee is a member of the Public Relations committee and is enthused to network, collaborate with like-minded professionals and is eager to promote the profession of Athletic Training by incorporating education programs for all athletic training students.



### **Teagan Crane** **South Carolina**

Teagan is from Fort Worth, Texas, and is a second-year Professional Master of Science in Athletic Training student at the University of South Carolina. She is a graduate of the University of Arkansas where she earned her B.S. in Exercise Science. Currently, she serves as the Iota Tau Alpha Vice President at the USC and is also a member of the South Carolina Athletic Training Student Association on campus. She found her passion for athletic training in high school after being part of her school's sports medicine program. After graduation, her career goal is to work with collegiate or professional women's soccer. As a Student Senator for South Carolina, Teagan is excited to network, advocate for students, and advance the profession of athletic training alongside peers and mentors. Teagan is the chair of the Service Committee and serves as the liaison to the Young Professionals team in the District.



### **Matthew Ewert** **North Carolina**

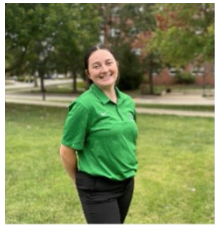
Matt is originally from Olathe, Kansas about 30 minutes South of Kansas City. He earned his undergraduate degree from Kansas State University and is currently in his final year of the Professional Master of Science in Athletic Training Program at Western Carolina University. Matt is currently in an immersive clinical rotation in Colorado, at The United States Air Force Academy working with their football and hockey teams. He is proud to represent North Carolina and Western Carolina University with his position on the Senate, specifically chair of the AT Olympics Competition Committee and liaison to the LGBTQ+ Committee, and is thankful for the opportunities it has given

him to give back to the profession. With this position, Matt would like to increase awareness of athletic training to students in undergraduate premedical professions as well as students in secondary schools to help athletic training grow. After graduation, Matt has dreams of working as an AT in the capacity of ski patrol during the winters and trail search and rescue the rest of the year.



**Anna Chidester**  
**Virginia**

Anna is from Cecil County, Maryland and is a second-year professional graduate athletic training student at Old Dominion University in Norfolk, Virginia. She graduated from The Pennsylvania State University with a B.S. in Agricultural Business in May of 2022. She decided before her last year at Penn State that she had a passion for athletic training and was able to complete all prerequisite coursework and pursue this degree. Anna is serving as the President of the Student Senate as well as chair of the Mentor's Breakfast and Meet and Greet Committee. After graduating, she plans on getting her Doctorate of Athletic Training with a focus on entrepreneurship in AT related businesses. She eventually would like to open a women's health center and use her health care knowledge combined with her business know-how to run her own company. As an advocate for athletic training, she hopes to educate people about the importance of sports medicine and understanding the role of an AT in all traditional and non-traditional settings. As a student senator, she is excited to mentor incoming first year students, network with other young professionals and to promote the athletic training industry. She is excited to share her passions and inspire other ATs to grow in leadership with her.



**Heather Williamson**  
**West Virginia**

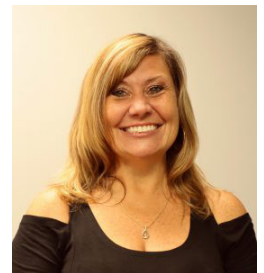
Heather is originally from Cleveland, Ohio, and is in her second year of the Professional Master of Science in Athletic Training Program at Marshall University. During her time in the program, she has completed clinical experiences in collegiate and secondary school settings. Heather is a member of the Marshall University Athletic Training Association on campus and served as the president of the student-run organization. Heather discovered her passion for athletic training while in high school playing a wide variety of sports. As the West Virginia Student Senator, Heather hopes to use her position to be an advocate for the profession while collaborating with students, mentors, and professionals who share the same mission. After graduation, she aspires to work with athletes at the collegiate or professional levels. Heather is currently chair of the Public Relations Committee with the Senate.

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## NATA CONNECTION & ENGAGEMENT COMMITTEE

Jennifer Johnson, MS, ATC

IT'S MEMBERSHIP RENEWAL SEASON!!! Make sure to renew your membership early! NATA offers installment payment options for those who need it. Members have until Nov. 30, 2023, to sign up to renew their 2024 membership and pay in four installments. The NATA Connection and Engagement Committee has developed two justification letter templates that athletic trainers can use when requesting funding support for their NATA membership. One template is designed for clinicians, while the other is designed for those in higher education. The templates can be downloaded and modified to fit your and your employer's needs, found [HERE](#).



Follow the Connection & Engagement Committee on all social media platforms. Look for a Meet & Greet for Career Advancement in November. Also, look for the Salary Survey coming in October.



## NATA FOUNDATION

Marty Baker, LAT, ATC

The days are getting shorter, the temperatures are cooler, practice venues are busy and stadiums are full of cheering fans...it must be Fall. If you work in the college, university or high school setting I hope you have had a successful start to the new school year be it in the clinical or didactic settings. If you work in the clinic or any of the emerging practice settings, I know you continue to be dedicated to providing outstanding care to your patients. Regardless of your setting the NATA Research & Education Foundation is here to support your efforts to provide premier patient outcomes.

One of the primary missions of The Foundation is the awarding of Grants for cutting edge research that makes a difference to the profession of athletic training. The Foundation awards research grants annually in three different categories; Professional, Doctoral Student and Masters Student programs. MAATA members have a rich tradition of being the recipients of these Research Grants and 2023 was no exception. Two members of the MAATA were just announced as recipients of the Foundation's 2023 Masters Student Research Grants. Please join me in congratulating:

Sara Escobar of Lynchburg University for her work on  
Impact Mitigation Properties of Youth and Adult Ice Hockey Helmets  
and

Maegan Milliet of the University of South Carolina for her work on  
Interviews of Athletic Trainers' Following the Death of a student-athlete by Suicide.

In the Spring two more MAATA members reaped Foundation Grant Awards as well.

Brittany Ingram of UNC @ Chapel Hill was awarded a Doctoral Student Grant for her work on  
The Impact of Social Determinants of Health on Sport Related Concussion in Emerging Adults  
and

Shelby Beaz also of UNC @ Chapel Hill for her work on  
The GEMM Trial: Graded Exposure and Mindfulness Meditation for Patients Post-ACL Reconstruction.

The 2024 Grant cycle is already underway. For more information, please visit The Foundation [here](#). Funding is made possible by research endowments and funds from YOUR commitment to The Foundation.

Another great benefit of The Foundation is the educational resources which are an excellent way to supplement your skills and what better way to do that than the monthly publication of *Research to Clinical Practice*. This month's topic is Catastrophic Cervical Spine Injuries. All of the RTCP issues can be found [here](#) including last month's investigation into Blood Flow Restriction.

One of the highlights of our national meeting each year is The Foundation's Free Communication Program. Currently abstracts for the 2024 program in New Orleans are being accepted until November 1st. Please consider submitting a research or case study proposal for inclusion into what I am sure will be another awesome program. Interested in sharing with your peers? Click [here](#).

Are you an athletic training student? How about an educator? Whether you are a student, faculty member or clinical preceptor you need to know that The Foundation has two student center programs designed to help provide funds for their educational experience. The 2024 award cycle for The Foundation's Student Scholarships begins in November. Last cycle over 60 scholarships were awarded. In addition, The Foundation is currently accepting applications for the Deloss Brubaker Student Writing Contest. If you are a student, please consider applying for one of these programs. This is free money but you can't win it if you don't apply. If you are an educator, please make the students in your cohort aware of these opportunities. Together let's get this information out. Help The Foundation connect with a deserving athletic training student. More information can be found [here](#).

If you are an athletic trainer that has been the recipient of a grant or scholarship sponsored by the The Foundation, please consider paying it forward with a financial gift to The Foundation. A one-time gift or by joining the Circle of Champions can make all the difference in The Foundation's ability to fulfill its mission. For a moment imagine if every athletic training student, practicing AT and retired member made a small gift of \$10 to The Foundation on an annual basis what an impact we could make together. Individual athletic trainers are **the largest single source of income** for The Foundation, not corporations or businesses, It's US. Please join me as a contributor to supporting The Foundation's important mission to the profession of athletic training. [SUPPORT THE FOUNDATION.](#)



## NATA ICSM

Jennifer O'Donoghue, PhD, ATC, CSCS

As the DI Chair and your representative on the NATA-ICSM, greetings and I hope that your fall season is going well. Information below provides reminders of basic information, in addition to our work-group tasks that have been accomplished recently ([direct links are highlighted in blue](#)). [Council Roster](#): This athletic conference-based committee is comprised of members from the college/university setting, including ATs working in DI, DII, DIII, Junior College and NAIA institutions.

**2023 NATA-ICSM Work Group Completed Tasks, found by clicking the [link for the Resources to help advance college/university ATs](#)**

### **Collegiate AT Labor Crisis**

Members from the Intercollegiate Council for Sports Medicine and the college/university subgroup of the AT Compensation Task Force collaborated on a project to provide data driven metrics outlining the current collegiate workplace environment with strategies to improve employee engagement. Although the information provided outlines opportunities to identify necessary employment fundamentals, recruitment, retention and advancement of collegiate athletic trainers, the research and information presented within this white paper comes from and is applicable to various collegiate employers.

**[The Collegiate Athletic Trainer Labor Crisis: A Data Driven Guide Outlining the Current Collegiate Workplace Environment and Strategies to Improve Workplace Engagement](#)**

**[Athletic Training Employer Checklist \(pdf\)](#)**

**[ICSM Compensation Task Force Survey Results \(pdf\)](#)**

**[The State of Athletic Training: Employment: Timely Topics Series On-Demand Event Collegiate Sports Connect interview](#)**

March 27, 2023: Brant Berkstresser, Associate AD of Sports Medicine at Tarleton State and Chairman of the Intercollegiate Council for Sports Medicine joins Connect/MB Sports' Matt Banker to discuss the athletic trainer shortage. The two dive into the core issues impacting the labor shortage. Berkstresser also discusses what's happening on the front end on injury prevention, structuring compensation, return to play timeframes and much more!



## Summer 2023 updates associated with the ICSM White Paper and meetings with associated associations and stakeholder groups:

- Attached is the report from the NATA, BOC, and CAATE meeting with NCAA on June 21, 2023 regarding the Collegiate AT Labor Crisis. This was disseminated from the NCAA last Thursday. I wanted to make sure everyone has seen this if it hasn't come across your inbox. Please feel free to share this with your administration, conference members.
- The following, [blog post](#), was part of weekly communication from CUPA, one of the college/university HR groups regarding: [NATA Provides Insights Into the Collegiate Athletic Trainer Labor Crisis](#)

## Updates for the [10 for 10 Presentations on Common Collegiate Health and Safety Issues](#)

The original concept for the "10 for 10" presentations was to provide collegiate athletic trainers with 10 presentations with around 10 slides on common health and safety issues affecting college athletes. The number of presentations has grown past 10 and topics will continue to be added. Each presentation can be modified by the athletic trainer and will be useful for meetings with coaches, parents, administrators and student-athletes.

Please don't hesitate to reach out if you would like further details or have questions.

### Jennifer O'Donoghue, PhD, ATC, CSCS

ICSM Division I Chair, ACC Representative NCATA College/University Board Representative District 3 MAATA DI Representative  
North Carolina State University Email: [jaodonog@ncsu.edu](mailto:jaodonog@ncsu.edu)



## NATA PROFESSIONAL EDUCATION COMMITTEE

Ashley Thrasher, EdD, LAT, ATC, CSCS

### Master Preceptor:

Calling all preceptors! [Master Preceptor Level 3 is going live!](#) November 3, 2023 at the NATA Headquarters in Carrollton, TX. This is open to all preceptors, even if you have not completed levels 1-2. Only those who complete all three levels will receive the *Master Preceptor* distinction. This session will focus on conflict resolution and crucial conversations, developing, implementing, and assessing simulation and standardized patient experiences, and collaboration with other preceptors. The workshop is approved for 5.5 CEUs. Email [ki@nata.org](mailto:ki@nata.org) or [abthrasher@wcu.edu](mailto:abthrasher@wcu.edu) for more information

### Coming soon:

Clinical Education Coordinator Support—we are developing a series of resources to assist CECs in their role. Watch social media for their release!

DEIA: We are developing an audit tool to be used by AT Programs to ensure inclusive policies and procedures. Watch social media for the tool!



SHANNON FOOKS, MS, ATC, CSCS  
PRESIDENT

The DCATA is looking for a speaker to give a virtual presentation for our upcoming Winter business meeting which, will occur in January. If anyone is interested in presenting with a virtual video, please contact Mike Walker at [mwalker@stjohnschs.org](mailto:mwalker@stjohnschs.org) with the topic(s) of choice. Licensure is going well and every DC ATC must be licensed by December 31<sup>st</sup>.

**Congratulations to the DCATA members on milestone years of membership to the NATA!**

**15 YEARS OF MEMBERSHIP**

Christina Carrillo MS, ATC  
Chan Cho MA, ATC, CSCS  
Seanta Cleveland EdD, LAT, ATC  
Amy Devere, MS, ATC  
Kemba Ford MS, LAT, ATC  
Brian Goodstein MS, ATC, CSCS, NASM-CES  
Tiffany Kenworth MEd, ATC  
Mariko Kobanawa ATC, PES  
Amy Marable MEd, ATC  
Jovan Means MS, ATC  
Valentin Porter LAT, ATC  
Xavion Santiago MS, LAT, ATC  
Daisuke Sekine MS, ATC  
Jaime Walls MA, ATC  
Jamila Watson DAT, LAT, ATC  
Anna Wielkoszewski ATC, RYT-200, PN Level 1

**25 YEARS OF MEMBERSHIP**

Veronica Amprey LAT, ATC  
Joseph Driscoll, ATC, CSCS  
Christopher Duncan DAT, LAT, ATC  
Tamara Gaw MS, ATC  
Shawn Hendi MS, ATC  
Christopher Hennelly MA, ATC  
Penny Lynch MA, LAT, ATC  
Jennifer Rheeling MS, ATC, LAT  
Rachelle Saunders MS, ATC  
Terry Thompson  
Michael Walker MEd, ATC, FAFS  
Matthew Virtue MS, ATC

**40 YEARS OF MEMBERSHIP**

Beverly Westerman EdD, ATC

**RETIRED MEMBERS**

25-Alan Alper AT Ret  
25-Brett Jackson AT, Ret  
40-Nathaniel Ehrlich AT Ret  
40-Theresa Pugh AT Ret



**JEAN PEREZ, MS, LAT, ATC**  
PRESIDENT

The MATA is celebrating its 40-year anniversary with a bull and oyster roast on Saturday, October 14 at the FOP Lodge in Catonsville. Please use the QR code in the image below to register and help us celebrate!

We recently welcomed three new committee chairs to the Executive Council - Dr. Sierra Hobbs (ICSM,) Dr. Kelsey Tanler (Young Professionals,) and Dr. Ashley Santo (Symposium & Education.)

One of the Baltimore news stations did a feature on youth sports safety and the importance of athletic trainers in all high schools in which they interviewed several of our members. Check out the three-part series in the links below:

[Part 1 and 2](#)

[Part 3](#)



**Congratulations to the MATA members on milestone years of membership to the NATA!**

**15 YEARS OF MEMBERSHIP**

Mathew An MS, LAT, ATC  
Thomas Chatfield LAT, ATC  
Kaitlyn D'Annibale DAT, LAT, ATC  
Amber Hardy ATC, NASM-CES, ITAT  
David Hayes  
Matthew Kabay ATC  
Andrew Maguire EdD, LAT, ATC  
Rachel O'Brien ATC  
Angela Palmeri MS, LAT, ATC  
Stacie Rector BS, LAT, ATC  
Laura Richards MA, LAT, ATC, NASM-PES  
Catherine Robinson LAT, ATC  
Kathleen Tamberrino MS, ATC  
Stephanie Tong MS, LAT, ATC  
Julie Tucker MS, LAT, ATC

**25 YEARS OF MEMBERSHIP**

Stephanie Adams MEd, LAT, ATC  
Carissa Colangelo PTA, LAT, ATC  
Jonathan Glover ATC  
Mark Myers DAT, LAT, ATC  
Gregory Penczek MS, LAT, ATC  
Nicholas Pitruzzella LAT, ATC  
Meghan Whitehead MS, LAT, ATC

**40 YEARS OF MEMBERSHIP**

Brian Ebel MBA, LAT, ATC  
Gregg Nibbelink MS, LAT, ATC  
Marc Sickel ATC

**RETIRED MEMBERS**

25-Craig Keller AT Ret  
25-Rebecca VanAmburg MPH AT Ret  
51-John Bielawski AT Ret  
51-John Bush AT Ret  
51- Charles Huffman AT Ret  
51-Ira Silverstein AT Ret  
56-William Tessorf AT Ret  
57-David Ambrose AT Ret  
58-Raymond Chronister AT Ret



NINA WALKER, MA, LAT, ATC  
PRESIDENT

WE are turning 50! Hope you can celebrate with us at the NCATA Symposium March 8-10<sup>th</sup> in beautiful Wrightsville Beach, NC! We will have a wonderful Gala celebrating our Hall of Famers and 50 years of excellence!

We are excited for our ELECTION this month and hope we will have the largest turnout in history. Pairing the election with the budget vote gives more members an opportunity to have a voice in how we utilize your member dollars. [NCATA - Vote Here!](#)

DEIC has had some great events. Our summer/fall series has started with a great talk from Brittany Ingram- Social Determinants of Health and our Settings Committee What is an AT event to engage HS students. Check this out and all our other videos on our YouTube page. Please subscribe so you don't miss any! [YouTube Channel](#)

Also check out our newsletter [HERE](#) for more information.

**Congratulations to the NCATA members on milestone years of membership to the NATA!**

**15 YEARS OF MEMBERSHIP**

Cassie Barkley MSAT, LAT, ATC  
Thomas Birchmeier PhD, ATC, CSCS  
Amber Breen MAT, LAT, ATC  
Robyn Barton MA, LAT, ATC  
Nicole Compton LAT, ATC  
Shawn Cradit EdD, LAT, ATC  
Scott Crothers MA, LAT, ATC  
Niles Fleet DPT, LAT, PT, ATC  
Zachary Fournier MS, ATC, PES  
Ashley Fronk MAT, LAT, ATC  
Emily Gaddy LAT, ATC  
Melissa Gresham BS, MS, LAT, ATC  
Lauren Griffin EdD, LAT, ATC  
Steven Herrenbruck MS, LAT, ATC  
Caitlyn Kerins MS, LAT, ATC  
Caroline Lisee PhD, ATC  
Jared Kennedy MHA, LAT, ATC  
Jaime Kent ATC  
Jessica Kirby EdD, LAT, ATC  
Katherine Maher LAT, ATC, RN  
Huston Mattson, IV LAT, ATC  
Trina Mauder LAT, ATC  
Jeremy Miller MSAT, LAT, ATC  
Tyler Moos LAT, ATC  
Erica Murphy LAT, ATC  
Regina Parquet MS, ATC, PES  
Sadie Ragen LAT, ATC  
Kristen Ramsey MEd, LAT, ATC

Victoria Ross DPT, PT, ATC

Andrew Simmons, Sr. LAT, PTA, ATC  
Brittney Weisensel MS, LAT, ATC

**25 YEARS OF MEMBERSHIP**

Stephen Dorenkamp MAT, LAT, ATC  
Tricia Hubbard-Turner PhD, LAT, ATC  
Michael Blackburn MA, LAT, ATC  
Nathan Clark MS, LAT, ATC  
William P. Coburn MA, LAT, ATC  
Brian Dallas MEd, ATC  
Joshua Fallin LAT, ATC  
Kevin Kucko MA, ATC  
Michael Haber ATC  
Nicholas Martin MS, LAT, ATC  
Thomas Michell, Jr. MA, LAT, ATC  
Heidi Pieper MHS, LAT, ATC  
Michele Ruhmann ATC  
Bernard Stasko, III AFFAA-CGFI, ATC  
Aaron Terranova EdD, LAT, ATC

**40 YEARS OF MEMBERSHIP**

Michael Agnone PT, LAT, ATC  
Gregory Collins LAT, ATC  
Kevin Jones MA, LAT, ATC  
Paul Lessard ATC  
Jonathan Schner BS, ATC, LAT  
Bret Wood MEd, LAT, ATC

**50+ YEARS OF MEMBERSHIP**

51-Keith Luxton MS, LAT, ATC  
52-James Rehbock LAT, ATC, PA  
54-Martin Baker LAT, ATC

**RETIRED MEMBERS**

25-Debra Ford AT Ret  
25-Susan Piner AT Ret  
50-John Levitt AT Ret  
50-James Strickland AT Ret  
50-Greg Ott AT Ret  
51-Kirby Patterson AT Ret  
52-David Engelhardt AT Ret  
52-Martin Erb AT Ret  
53-Paul Grace AT Ret  
52-Daniel Hooker PhD, AT Ret  
52-Clairbeth Lehn AT Ret  
52-Mark Pfeil AT Ret  
57-Ronald Kanoy AT Ret





AMY FRALEY, PHD, SCAT, ATC, CSCS  
PRESIDENT

**Congratulations to the SCATA members on milestone years of membership to the NATA!**

**15 YEARS OF MEMBERSHIP**

Sophia Adams ATC  
Martha Baldwin MS, LAT, ATC  
Marlin Brown MS, LAT, ATC  
Riley Cox ATC  
Bradley Crowe MS, ATC  
Patricia Curley MA, LAT, ATC  
Martha Dettl-Rivera EdD, SCAT, ATC  
Anita Fleming MS, ATC  
Adam Hager MEd, SCAT, ATC  
Krystyna Nau ATC  
Nora Pace DAT, SCAT, ATC  
Brittany Pollard MEd, ATC, NASM-PES  
James Small ATC, CSCS  
Amanda Taylor MS, LAT, ATC  
April Taylor MS, ATC  
Brittney Williams SCAT, ATC

**25 YEARS OF MEMBERSHIP**

Renaë Bomar EdD, SCAT, ATC  
Craig Clark ATC  
Roxanne Dingman ATC, OPA-C  
Clinton Haggard MA, SCAT, ATC  
Jami Jones ATC  
Teri LaSalle MS, PT, ATC  
Josh Lundgaard MS, ATC, PES  
Walter McCurry LAT, ATC  
Allen Merrill BS, SCAT, ATC  
Harriet Pearce MS, ATC, PT  
Todd Stewart MEd, LAT, ATC  
Kurt Wagner ATC  
Carmen Wilson MHA, ATC  
Susan Yeargin PhD, ATC

**40 YEARS OF MEMBERSHIP**

Debra Belcher ATC, PT  
Robert Cable MS, LAT, ATC

**50+ YEARS OF MEMBERSHIP**

50-Michael Sandago SCAT, ATC  
50-Gerard Scibilia MS, DPT, ATC  
51-Rod Walters, II DAT, SCAT, ATC  
52-Andy Clawson MS, SCAT, ATC

**RETIRED MEMBERS**

25-Chris Junkins AT Ret  
25-Jynne Stowe AT Ret  
40- Sheila Romano AT Ret  
50-Dennis P. Brogna AT Ret  
50-Paul Lasinski AT Ret  
51-Marjorie Albohm MS, AT Ret  
51-Bradley Taylor AT Ret  
53-James Laughnane AT Ret  
54-John Lopez AT Ret  
58-Kent Falb AT Ret



DANNY CARROLL, MEd, LAT, ATC  
PRESIDENT

Greetings on behalf of the VATA! I hope that everyone has survived preseason and has settled into their Fall routine.

The VATA has done some good things this year and we are looking to expand upon that as we head into next year.

Please join us at the Hampton Roads Convention Center for our annual meeting January 5-7, 2024. Look for registration information on our social media, the VATA website, and your inbox soon!

The following amendment to the VATA Constitution & Bylaws has passed and will be in effect next election.

*Amendment: In the event that a qualified candidate for any elected office of the VATA runs unopposed for that office, the election will be considered a "no contest", no voting will occur, and the candidate will be elevated to the office which they have sought.*

*Justification: The past several elections have included a large number of uncontested elections. All candidates are vetted by the Nominations Committee to ensure they meet the qualifications per the VATA Constitution and Bylaws for eligibility for office, therefore voting for these uncontested elections has become a formality. This change aligns the VATA with the NATA in these situations.*

Our TPR pilot continues to educate and work with insurers so that ATs can properly be reimbursed for services provided.

The legislation we passed this year went into effect on July 1st! Please see the summary and important FAQs.

*SUMMARY AS INTRODUCED: Emergency care; exemption from liability; athletic trainers. Authorizes licensed athletic trainers under contract with a local school division to administer albuterol inhalers and valved holding chambers or nebulized albuterol to students and exempts athletic trainers from liability for such administration. The bill permits prescribers to authorize licensed athletic trainers to possess and administer IV saline for use in emergency situations and subcutaneous lidocaine for wound closure.*

*Q: I am a contracted athletic trainer in a local school Division. Will I be able to administer albuterol inhalers and valved holding chambers or nebulized albuterol to students and exempts athletic trainers?*

*A: Yes, starting July 1, 2023. Do follow your normal practice of writing this skill into your SOPS and have approval from your team physician. This particular section of the Code of Virginia applies only to public school divisions.*

*Q: Is prescribed possession and administration of IV saline for an athlete in distress from heat illness appropriate for me?*

*A: First, you will need to demonstrate that you have been trained in this skill. Graduating from a CAATE accredited ATP post 2020 should have you covered, but do check your curriculum. If you have not received IV training, this should be accessible through a BOC CEU course. Next, you need to work on setting up the parameters for this in your SOPS and work with Team MD regarding direction. Consider legal counsel for your SOPS. Checking all of these boxes and implementing this in the right setting, could be a life saver!*

Q: Is prescribed possession and administration of subcutaneous lidocaine for wound closure appropriate for me?

A: First, you will need to demonstrate that you have been trained in this skill. Graduating from a CAATE accredited ATP post 2020 should have you covered, but do check your curriculum. If you have not received wound closure training via suturing with lidocaine administration, this should be accessible through a BOC CEU course. Next, you need to work on setting up the parameters for this in your SOPS and work with Team MD regarding direction. Consider legal counsel for your SOPS.

**Please join me in congratulating the following VATA members on milestone years of membership to the NATA!**

**15 YEARS OF MEMBERSHIP**

Valerie Allen-Brown MS, VATL, ATC  
Rickie Atkins BS, LAT, ATC  
Justin Brubaker MS, ATC  
Anne Bryan MS, LAT, ATC, NASM-CES  
James Caiola MS, ATC  
Brett Griesemer MEd, LAT, ATC  
Kirsten Donkor MEd, ATC  
Benjamin Galley MS, LAT, ATC  
John Goetschius PhD, LAT, ATC  
Katherine Grover MS, LAT, ATC  
Jena Hansen-Honeycutt DAT, LAT, ATC  
Kevin Ialeggio MS, ATC  
Kimberley Kirk MEd, LAT, ATC  
Thomas Newman PhD, LAT, ATC  
Shandi Partner ATC  
Barbara Semple DPT, ATC, OCS  
Devon Serrano DAT, LAT, ATC  
Sara Salvato LAT, ATC  
Christine Snyder ATC  
Ara Stephens MS, ATC  
Shannon Sutphin LAT, ATC  
Margaret Ward MEd, ATC  
Ryan Wildenhain ATC  
Brian Wright MS, LAT, ATC

**25 YEARS OF MEMBERSHIP**

Jason Arnett MS, ATC  
Mary Barron PhD, LAT, ATC  
Andrea Berg DHSc, LAT, ATC  
Korey Berg ATC  
Jeanne Brown ATC  
Keith Doolan MEd, LAT, ATC  
Jamie Frye PhD, LAT, ATC  
Beth Funkhouser DAT, LAT, ATC  
Dale Gilbert BS, PTA, ATC  
Robert Hammill PhD, LAT, ATC  
Lawrence Hess MPT, ATC, CSCS  
Michael Hyatt MEd, LAT, ATC  
Jennifer Lewis DPT, PT, ATC  
Andy McPherson MS, ATC  
Amanda Miller LAT, ATC, CSCS, EMT-B  
Adam Mistr MEd, LAT, ATC  
Anthony Pass, Sr. ATC, CSCS, CES  
Robert Paxton LAT, ATC

Tracey Pinkin-Hamilton LAT, ATC  
Kristie Pugh MS, ATC, CSCS  
Anna Sedory MS, LAT, ATC  
Melanie Stanton EdD, LAT, ATC  
Jonathan Thompson ATC  
Leah Washington PhD, LAT, ATC  
Stephen Wiley MSPT, ATC

**40 YEARS OF MEMBERSHIP**

Marjorie Bessler MEd, LAT, ATC  
Deborah DeFranco ATC, CSCS, NCSA-CPT  
Lance Fujiwara MEd, LAT, ATC  
Scott Johnson MEd, LAT, ATC  
Paula Landacre - Radulski MS, ATC  
Todd Neuharth MA, LAT, ATC  
Martha Mansfield MEd, LAT, ATC  
Denise Massie DPT, LAT, ATC  
Connie Peterson PhD, LAT, ATC

**50+ YEARS OF MEMBERSHIP**

52-Kenneth Chatham MEd, LAT, ATC  
52-Sтивен Cole MEd, LAT, ATC  
55-Robert Lester MEd, LAT, ATC

**RETIRED MEMBERS**

25- Debi Corbatto AT Ret  
25-Dallas Simons AT Ret  
40-Angela Buttery Harding AT Ret  
40-Michael Woodhouse AT Ret  
50-Marty Bradley, II AT Ret  
50-Sharon Summers MEd, AT Ret  
50-Tom Wilkinson, Sr. AT Ret  
51-Larry Nottingham AT Ret  
51-Ronald Stefancin AT Ret  
52-Nancy Burke MS, AT Ret  
57-George Borden AT Ret  
57-Thomas Jones AT Ret  
61-Sam Ayoub AT Ret  
63-Joe Gieck AT Ret



# WVATA

WEST VIRGINIA ATHLETIC  
TRAINERS' ASSOCIATION

TOM BELMAGGIO, MS, LAT, ATC, CSCS  
PRESIDENT

From West Virginia we are planning our legislative efforts for the legislative session starting in January. We are looking into dates for our day at the Capital, as soon as we establish that date, we will pass it along to the membership. Items of note in this legislative session are the Youth Sports Safety Bill, we are looking to team up with other health care providers and we have met with the WV Physical Therapy Association to partner with our efforts. We are also looking into student loan repayment program through the West Virginia DHHR. They currently have a program for healthcare providers and we want athletic trainers added to the list. Athletic Trainers entering the workforce in West Virginia would be eligible to apply for tuition repayment if we can get this passed.

We are starting to plan for our annual symposium. We are looking for committee members for the program committee. Please email me at [belmaggio@marshall.edu](mailto:belmaggio@marshall.edu) if you are interested.

## **Congratulations to the WVATA members on milestone years of membership to the NATA!**

### **15 YEARS OF MEMBERSHIP**

Gilbert Catron MSS, LAT, ATC  
Tera Fetty MS, LAT, ATC

### **25 YEARS OF MEMBERSHIP**

Allison Hetrick ATC, CSCS, NREMT  
Chandra McCoy MAT, LAT, ATC  
Meleesa Wohleber DHSc, LAT, ATC

### **50+ YEARS OF MEMBERSHIP**

52-R Daniel Martin EdD, LAT, ATC

### **RETIRED MEMBERS**

25-Michael Boehke AT Ret  
50-Jo-Anne Potter AT Ret  
50-William Tibbetts AT Ret  
55-John Spiker AT Ret

