



AUGUST 2024

District Director – L. Ray Davis, Jr, MSS, LAT, ATC

Dear Fellow Members:

Thank you for your membership in the NATA! Below are updates I want to bring to your attention.

- Please log into [NATA.org](https://www.nata.org) to update your workplace settings.
- Applications for volunteer positions open soon, check GATher for positions of interests to you and/or colleagues.
- Honors & Awards season is in full swing. Feel free to nominate! Deadline is Sept 15th.
- Check new courses in NATA EducATe.
- NATA 2024 On Demand is available until Oct 31st. Complete these sooner than later.
- The Foundation & NATAPAC will always be happy to accept your donations. I encourage you to donate!
- Congratulations to All MAATA/NATA 2024 Award winners!
- It has come to my attention that I failed to inform the D3 committee reps to NATA to submit an original hotel receipt for reimbursement for attending committee day at NATA. I apologize for this oversight. I am officially informing the D3 reps, who attended NATA committee day and our NATA D3 business meeting, are requested to send an unreimbursed hotel receipt directly to the Treasurer by Friday, September 6th.

As always, thank you for your support in my Leadership as your District 3 Director.

District President – Matt Gage, PhD, LAT, ATC, CES

MAATA LEADERSHIP POSITION UPDATE

A call was sent out this summer for those interested in running for the MAATA District Director and Treasurer leadership positions. Both Ray Davis and Mat Lyden ran unopposed for the MAATA District Director and Treasurer positions. Thus, no election is needed for these

positions. Congratulations and thank you to Ray and Mat for their continued service to the MAATA!!!

PRESIDENT UPDATE

Hopefully you were able to spend some quality time with family and friends this summer. The MAATA Executive and District Councils are working to finalize some strategic initiatives for the upcoming year(s). These initiatives will be voted on during the next District Council meeting and shared in the next MAATA E-blast and/or newsletter. The executive and district councils will also be discussing making some changes to the MAATA Constitution and Bylaws this year. These potential changes will be voted on during the annual business meeting in May. Contact me at d3maatapresident@gmail.com if you have comments, questions, or concerns.

Have a great Fall,
Matt Gage

District Vice-President – Scott Cook, MS, LAT, ATC

The 2025 MAATA Annual Meeting and Clinical Symposium will be held at the Founders Inn in Virginia Beach, VA on May 2-4th. Please note the new earlier date. We hope that this new date will allow additional members the opportunity to attend. Look for registration to open in Mid-January 2025. Stay tuned for additional information regarding the Annual Meeting.

District Treasurer – Mat Lyden, MS, ATC

From the Treasurer's Desk,

Hello, my fellow athletic trainers & friends. For those in the traditional and/or academic settings, welcome back to another year and hope you are all off to a healthy start. As for all other settings, I hope you found some time to enjoy a summer trip, get quality time with family, or a little of both.

So, it appears I will be in the role as your treasurer for another term and I am grateful for all the support received. Looking forward to proudly serving the membership of the district and encourage you to please reach out if I can ever be of any assistance to any of you.

The Financial Advisory Committee is just starting to convene as we begin prepping the FY25 budget. We will be meeting and planning our 2025 revenues and expenses which will be approved by our District Council in November. Outside of these efforts, I have found the months of July and August to be very quiet from the daily duties of this office and will start to ramp up over the next month.

Thank you, again and Warmest Regards,
Mat

Educational Program Committee – Claire Adkinson, MS, LAT, ATC

Be on the lookout for the 2024 MAATA Annual Symposium Speaker Abstract Proposal submissions to go live soon! We highly encourage our D3 Members to submit proposals on various athletic training topics. Check our social media platforms for updates. If you know of anyone who would be a great fit for the symposium, please do not hesitate to share their contact information with me!

For any questions, concerns, or speaker connections, please email maatad3education@gmail.com.

LGBTQ+ Advisory Committee – Kirk Armstrong, EdD, ATC

Members of the MAATA LGBTQ Advisory committee have published an educational technique, a resource for didactic or clinical educators to use with athletic training students. The article features a standardized patient of an LGBTQ+ patient. Kudos to Melissa Marty, Michelle Singleton, Laura Marinaro, and Kirk Armstrong on publishing this resource!

A link to their article is provided: <https://doi.org/10.4085/1947-380X-23-010>

Secondary Schools AT Committee – Adam Wall, MS, LAT, ATC

The NATA Secondary School Committee would like to thank all the district 3 representatives that came and attended our committee events down in New Orleans! We had a wonderful week of learning, networking, and fellowshiping with fellow secondary school ATCs from across the country. We would like to congratulate once again our secondary school award winners from district three. Eric Rogers from North Carolina was awarded the Servant's Heart Award. Heather Murphy from Virginia was awarded the Athletic Trainer of the Year Award. Heather was also selected as the national Secondary School Athletic Trainer of the Year!



Nominations for both awards are now open until September 15, 2024. You can nominate your fellow colleagues at <https://www.nata.org/membership/honors-and-awards>. District winners will be announced at both the 2025 district and NATA meeting. The Safe Sports School Award is now accepting applications after a brief reconstruction of the formal application process. The

new online application process gives the applicant faster response in regard to their application status. More information will be announced in regard to the district grant for those renewing and applying as first-time applicants.

Scholarship Committee – Sara Pittelkau, MA, LAT, ATC

The MAATA Scholarship Committee is reviewing all scholarships to ensure it can reach the most amount of students possible. We encourage you to apply for a scholarship! Please be sure that your application is complete when submitting in order to be eligible for consideration. Keep an eye out on social media and your emails for when the 2025 scholarship season opens. We look forward to reading your applications!

Social Media & Young Professionals' Committee – Kassy Mosley, MS, LAT, ATC

Young Professional Committee

Be sure to check out our social media accounts, IG and X: @maata_ypc for the latest information on all things happening with our committee!!

We have committee openings for the following: District of Columbia Representative, North Carolina state representative and two Member at Large Representative. These positions are a one year, twice renewable term.

Candidates should be:

- Within 0-12 years of certification
- Able to attend monthly video conference calls
- Collaborate with other members to create YPC events at the annual district symposium.
- State representative: serve as liaison between the district and state YPC

Interested applicants should email an updated resume and letter of interest to d3sectry@gmail.com

Please reach out to Chair, Kassy Mosley at mosleyk18@ecu.edu with any questions regarding the position.

Social Media Committee

Be sure to follow us on our District social media handles for the latest up to date information on happenings, events and volunteer openings throughout the district!

Instagram: d3athletictrainers **X:** @D3_MAATA **Facebook:** Mid Atlantic Athletic Trainers' Association

Student Senate – Emily Hildebrand, PhD, LAT, ATC

The Student Senate is currently scheduling virtual meetings with ATPs to share information about this year's District III event. E-mail us to sign up: maatastudentsenate@gmail.com.

Applications are now open for incoming MAATA Student Senators to serve on this committee from 2024-2026. Follow these steps and if you have questions, e-mail us!

1. Become a [NATA Student Member](#) (cost varies by state but join today WITHOUT having to renew the end of the year);
2. Get your [NPI number](#) (free);
3. Solidify your **resume** (highlight your academic, employment, and volunteer experiences that make you a strong applicant)
4. Identify **2 references** for us to contact who can speak to your future as an AT and your overall character fit for this position (1 must be an AT).
5. Compose a **300-word essay** answering the following: Leadership and involvement are crucial in the field of athletic training. Reflect on your lived experiences and personal journey into this health care profession. Share how these have shaped your understanding of involvement and leadership and how that will impact your role within the MAATA Student Senate.
6. Fill out the application [HERE](#) by **October 4, 2024 @ 11:59pm**;
7. Complete a 20-minute virtual **interview** so we can learn more about your experiences and interest in the Senate.

NATA Connection & Engagement Committee – Jenni Johnson, MS, ATC

Hi Everyone! I hope everyone enjoyed their summer and that the beginning of fall is going smoothly. You will be getting an email from the NATA asking you to update your workplace setting. This will allow the NATA to send you more content that is specific to individual needs. We will be holding several Town Halls throughout the year. The first one will focus on students in September, and the second will focus on Veteran (seasoned) athletic trainers on October 23rd. More information will be sent via email and posted on the NATA website. Our committee held a scavenger hunt during the convention; thank you to all who participated. There will be another opportunity to participate during membership renewal. It is a great opportunity to proudly display your renewal status and win prizes. More information will follow closer to October. As always, if there is anything I can do to help boost membership and engagement or answer any questions, please feel free to reach out.

NATAPAC District 3 Board of Directors – Steve Cole, M.Ed, LAT, ATC

NATA Beat

Keep your finger on the pulse of NATA advocacy efforts through NATA Beat, a **NEW** [quarterly eblast](#) dedicated to everything NATA Government Affairs: state legislative, federal legislative,

regulatory, reimbursement and NATAPAC. Each edition will focus on NATA's bipartisan work to advocate for ATs to practice to the fullest extent of their education and skill set.

Salary and Compensation Levels

The Department of Labor issued a final rule April 23 updating the salary and compensation levels needed for workers to be exempt from overtime eligibility, which took effect **July 1**. NATA created the new [DOL Overtime Rule Fact Sheet](#) as a resource for members.

By the Numbers, What the NATA does

State Legislation

- On average, there are **3.1 million** words per day introduced in state sessions. NATA sorts through all of those words to make certain that our members are aware of what is happening to impact their ability to practice.
- NATA is currently tracking a total of **109 bills**. Of those, 24 have passed and been signed into law, and 54 are still making their way through the legislative process.

Federal Legislation

- There were more than **15,000** bills introduced during the 118th Congress.
- In total, **1,490** of the bills introduced pertained to health care.
 - 960 health bills in the House and 530 in the Senate
 - 12 House health bills and 3 Senate health bills passed out of committee
 - 16 health bills passed in the House and 3 passed in the Senate
 - 1 health bill signed into law

Legislative Alerts

Want to receive updates on legislative progress in your state? Sign up at <https://www.nata.org/advocacy/federal/federal-legislative-alert-center> to receive legislative alerts for your specific state.

NATA Convention Program Committee – Michael Higgins, PhD, LAT, ATC, PT, CSCS

On-Demand for members who could not attend NATA

For those unable to attend the in-person 75th NATA Clinical Symposia & AT Expo this June in New Orleans, you can still register to receive on-demand access to content. From Aug. 1 to Oct. 31, NATA 2024 On-Demand registrants will be able to view select on-demand content as well as the NATA Research & Education Foundation Free Communications Program poster presentations. NATA 2024 On-Demand registrants must view sessions in their entirety and complete the session assessments at the end to earn CEUs.

Exclusive On-Demand Content Now Available for In-Person NATA 2024 Attendees

In-person attendees of the 75th NATA Clinical Symposia & AT Expo can now access exclusive educational content including sessions on artificial intelligence, cybersecurity and an update on NFL health and safety research from NFL Chief Medical Officer Dr. Allen Sills.

[NATA EducATe: NATA 75th In-Person Convention - Exclusive Content](#)

NATA 2025 Orlando Fla. June 24th-27th

The Two Themes for next year's meeting are:

Innovations in risk reduction and **Advances in soft tissue injury management.**

If you would like to be a moderator in Orlando, please let me know.

Michael Higgins email: Mjh7s@virginia.edu

Election Committee – Katie Walsh Flanagan, EdD, LAT, ATC (Past-Director)

Please join me in congratulating both Ray Davis, Jr. and Mat Lyden in continuing their roles in the MAATA. Ray is finishing his first term as District and will begin his second and final term next summer (June 2025). Mat begins his first three-year term as District Treasurer this year. Both ran unopposed.

EDAC – Xavion Santiago, MS, LAT, ATC

Happy fall y'all! Welcome back to school for all of my ATs that is applicable for. Whether you are in the school setting, a parent, or a student yourself I am wishing everyone a safe and productive school year. In the back-to-school theme, there is still time to submit!!! In honor of back to school, EDAC would like to give you all the opportunity to recognize an educator within the Athletic Training Educational realm. If you would like to recognize an Ethnically Diverse educator (professor, preceptor, etc.), please follow the link https://docs.google.com/forms/d/e/1FAIpQLScIImBkaQ9vcyHhDsZpIRaw-UXRQB_vnYszWjZG-HlvuUJpBA/viewform?pli=1

There is an exciting opportunity for students interested in sports medicine in both Baltimore and Washington DC this year. We will be starting a student athletic training club for inner city students in both major cities. Please contact D3EDACrep@gmail.com for more information.

Lastly, we have a vacancy for a state EDAC rep in the wild and wonderful state of West Virginia. Please contact D3EDACrep@gmail.com if you or someone you know are interested in this position.

District of Columbia Athletic Trainers' Association – Shannon Fooks, MS, LAT, ATC, CSCS

Summer Symposium

The DCATA 2024 Summer Symposium now available. It is a hybrid event that featured two in person presentations that happened on June 30th and then two virtual presentations. The two in person presentations are now available on the virtual plantroom. The virtual platform will be open until August 30 th . The symposium offers 4 CEUs. The topics are:

- Mental Health Impacts of Injury on Student-Athletes

- Perform Like a Pro
- Just Do IT: Collaborating with Information Technology to Build your own
- electronic Medical Records
- Dermatomyositis

DCATA Members \$30

Non DCATA Members \$45

If you have any questions feel free to reach out to Mike Walker at mwalker@stjohnschs.org

Governmental Affairs update

The DC Council held their first hearing on July 10 related to the Cardiac Planning and Response Act that was first introduced in Nov 2023. Among those present to testify/advocate for the bill to become law were representatives from the American Heart Association and the NFL. Athletic trainers in the district should continue to advocate for appropriate cardiac emergency response planning in their schools and to their representatives. See the articles below!

<https://www.fox5dc.com/news/cpr-act-dc-council-wants-schools-create-cardiac-emergency-response-plans>

<https://easternstates.heart.org/2024/07/23/survivors-physicians-and-advocates-convene-in-support-of-the-cpr-act/>

North Carolina Athletic Trainers' Association – Nina Walker, MA, ATC, LAT

We have had a wonderful summer, We hosted Team Up for Sports Safety (TUFSS) this summer, rec'd great insight and had a wonderful and engaged group of stakeholders at NC State attend. Our PR committee continued with their speaking tour, meeting with the NC School Board Association, NC Independent School Association, and NC Coaches Association about the importance of athletic trainers in secondary schools. We also hosted a virtual job fair, which included most of the major employers in the state. We are looking forward to having another one in 2025. We graduated our 2022-2024 NCATA Leadership Institute Class, and we will be accepting our new class this fall (<https://www.ncathletictrainer.org/ncatali>). Applications are due on Nov 1st, 2024. Keep an eye out for 2 wonderful "Can We Talks" zoom discussions this September and October. One on Adaptive Sports with a special guest from the Paralympics, and the other with former NATA President Marge Albohm who will discuss gender equity and salary negotiations. Don't miss these wonderful experiences by our NCATA DEI committee. All are welcome.

South Carolina Athletic Trainers' Association – Will Christman, MS, LAT, ATC

July 10th-12th SCATA celebrated its 40 year anniversary at the annual symposium with 389 attendees. At the symposium Michelle Futrell was awarded the Fred Hoover Award of Excellence celebrating all her

hard work and dedication to Athletic Training in South Carolina. Sheila Gordon received the Founders Most Distinguished Athletic Award for all her dedication to the association and distinguished service at the local, district, and national levels. Jason Powell received the SCATA Athletic Training Service Award for his dedication to the association and distinguished service at the state level. The Terry Lewis Professional Scholarship was awarded to Kimberly Nardi and The Terry Lewis Post Professional Scholarship was awarded to Julie Warren. The Hannah Sobeski Memorial Scholarship was awarded to Cameron Marc Baker, son of SCATA member Mike Baker. The SCATA President's award was presented to two individuals, Bob Horner Lead Counsel for LLR and Deanna Kuykendall NATA Governmental Affairs, for their hard work and unwavering support moving licensure forward in South Carolina. Also, the new executive council took on their roles: President Will Christman, President-elect, Secretary Amanda Taylor, and Treasurer Joe Cauble.

At the NATA State Leadership Forum in New Orleans SCATA accepted the Dan Campbell Legislative Award. The BOC awarded SCATA the Dave Montgomery Public Advocacy Award.

Virginia Athletic Trainers' Association – Michael Kotelnicki, EdS, LAT, ATC

The VATA just started back up with a full executive meeting this month. The direction of this meeting was the introduction of new region representatives and committee chairs. We began the conversation of our annual meeting that will take place in January. Additionally, we talked about a state legislative proposal in January of sudden cardiac incident response or a heat illness bill. As we speak with our state senators and state representatives, our goal is AED, emergency action plan and cooling tub requirements. The process is slow and we want to make sure we propose a bill that will help keep our student athletes safe all the while making the requirements attainable so schools will be able to comply.

West Virginia Athletic Trainers' Association – Samm Scarneo-Miller, PhD, ATC

The WVATA is excited to welcome back our sideline athletic trainers to a new academic year. To our non-sideline athletic trainers, we hope the crisp fall air starts to creep in to help alleviate some of the stressors from this summer heat. We put out a request for proposals for a new lobbyist. Applications are due soon and we are hoping we find someone who can represent our profession at the state government. We are also exploring new avenues to fundraise for the association – any and all ideas are welcome. Lastly, we are excited to welcome all of our committee chairs onto our executive committee monthly calls. We hope this helps increase transparency to our committees and allows our committees to bounce more ideas off additional members to continue to strengthen our association.

Honors & Awards Committee – Bob Casmus, MS, ATC

Welcome Jenifer Rheeling as the new MDAT Sub-Committee Chair and again many thanks to Nancy Burke for her years of great service as our Sub-committee Chair for MDAT. Nancy is now the new NATA HOF Committee Chair.

The MAATA Honors and Awards are officially open now and the committee is accepting nominations currently. The hard deadline for nominations is November 1st, 2024. Please consider nominating your fellow athletic trainers for MAATA Honors & Awards. All of us know at least one individual who is worthy and deserving of such recognition. The advocacy forms and/or letters of recommendation and the candidate profile/application information must be received by November 30th, 2024 to be considered for the award to which a nomination was made. Incomplete files will not be considered for the awards process. All MAATA Honors & Awards Information including eligibility can be found at: <https://www.maata.org/honorsandawards>

The MAATA Service Award honors individuals who have done service at the local, state and district levels. The MAATA MDAT award recognizes individuals primarily for their service at the district and national levels. The MAATA Hall of Fame is focused on those individuals who have or had a lifetime of service and impact at the state, district, and the national levels.

2024 NATA and MAATA Honor and Award Recipients

A.C. “Whitey” Gwynne Scholarship: Maegan Milliet, University of South Carolina

Larry Sutton Scholarship: Julia Kupfert, High Point University (NC)

Edward Block Scholarship:

1st place - Amanda Pendleton, Liberty University (VA)

2nd place - Noah Sutker, Towson University (MD)

Bobby Gunn Leadership Award: Teagan Crane, University of South Carolina

MAATA Research Awards

Dr. Lisa Custer, Dr. Hyunjae Jeon, Dr. Elizabeth Bell, Dr. Rian Landers-Ramos (Towson University), Dr. Ashley Thrasher (Western Carolina University) and Dr. Shannon David (North Dakota State University)

NATA Foundation Scholarship Winners

Hannah Arnett – University of South Carolina

Katelyn Young – University of Lynchburg

Maggie McMullan – James Madison University

Daniel Rosenblum – University of Virginia

Heather Williamson – Marshall University

Cameron Phan – University of South Carolina

Sydney Frigm – University of Virginia

Taisei Chiba – University of South Carolina

Kayleigh De Koker – University of South Carolina
Julie Warren – University of South Carolina

NATA Foundation Research Awards

Dr. Troy Blackburn - Medal for Distinguished Athletic Training Research
Dr. Shelby Biaz - Dr. Freddie & Hilda Pang Fu New Investigator Award
NATA Foundation Free Communication and Specialty Awards
Sara Escobar – University of Lynchburg - Free Communications
Sunghoon Chung, MS, ATC - Old Dominion University - Free Communications
Johna Register-Mihalik, PhD, ATC, FNATA - UNC –Chapel - Free Communications
Susan Yeargin, PhD, ATC University of South Carolina
Claire Akard – University of Virginia - Student Writing Contest

NATA Most Distinguished Athletic Trainer Award - Anna Sedory
NATA Athletic Training Service Award Kirk Armstrong & Julie Cavallario
NATA Fellows Chris Kuenze & Alan Needle
NATA District 3 Secondary School Athletic Trainer of the Year - Heather Murphy, ATC -
Thomas Jefferson HS, Fairfax County, VA
William T. Griffin Award for Outstanding Leadership in Legislative Advocacy – Jane McClean
SCATA Awarded the Dan Campbell Legislative Award
MAATA Distinguished Young Professionals Award - Dr. Shelby Baez
MAATA Director’s Award - Emily Hildebrand, Ph.D, ATC
MAATA President’s Award - Katie Walsh Flanagan, EdD, LAT, ATC
MAATA Special Recognition - Marty Satalof, LAT, ATC
MAATA Athletic Trainer Service Award Recipient - W. Scott Powers MS LAT ATC
MAATA Most Distinguished Athletic Trainer Award Recipient - Paul G. Rupp, MS, LAT,
ATC
MAATA HOF - John Reynolds, MS, LAT, ATC & Sherry Summers, MS, ED, AT-R

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