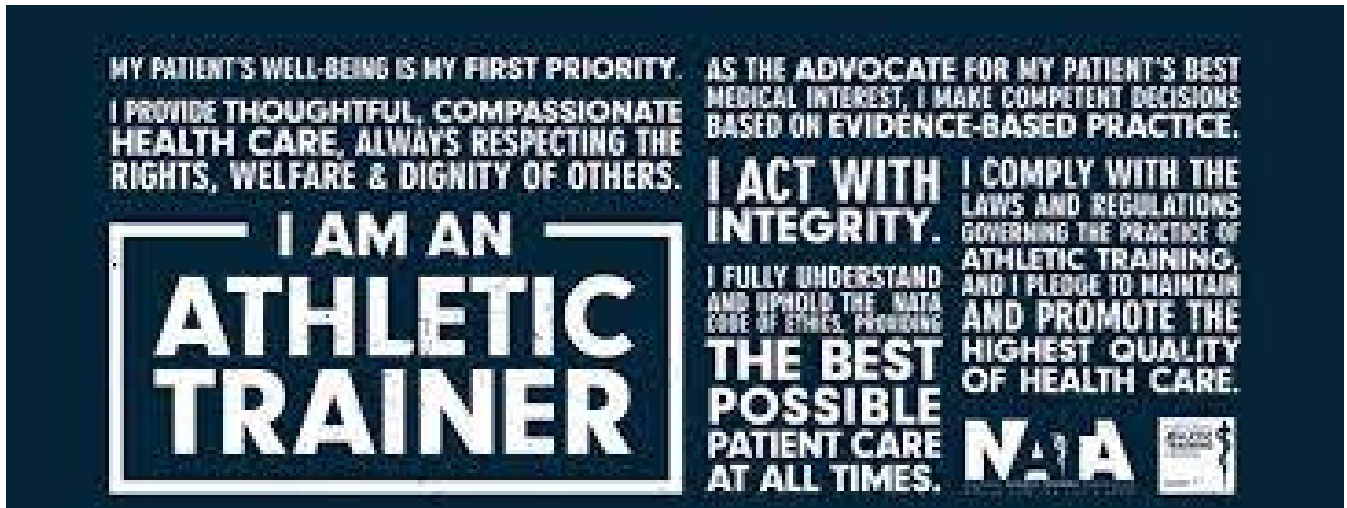


# MAATA STUDENT SENATE NEWSLETTER



## District News

MAATA Student program has been moved to a virtual format this year!

Be on the look out for information on the student program and free coms!

Thank you to everyone who participated in NATM we loved seeing all your posts!

### Follow us on social media

Instagram:  
[@maata\\_student\\_senate](https://www.instagram.com/maata_student_senate)

Twitter:  
[@MAATA\\_students](https://twitter.com/MAATA_students)

Facebook:  
Mid Atlantic Athletic Trainers' Association Students

Website:  
<https://www.maata.org/studentsenate>

# NATA NEWS

Virtual NATA registration is open! Click [here](#) to find out more.

## SAVE THE DATE

Join us for the 2021 NATA Virtual Clinical Symposia & AT Expo, live **June 22-24** and on-demand **June 25-Sept. 30**.

The application for the Chuck Kimmel First-Time Attendee Award is open until April 15th! Click [here](#) to apply today.

Eligibility criteria include being a first-time NATA convention attendee, enrolled in a CAATE accredited program and have an NPI number.

Read the latest NATA News online [here](#). This month's issue focuses on how the NATA Professional Development Committee ensures representational and relevant education content for all members through collaboration!

### Injury & Illness Prevention and Wellness Promotion

ATs promote healthy lifestyle behaviors through education to enhance wellness and minimize the risk of injury and illness. In the performing arts, ATs use dance-specific, functional movement screenings as well as taping and bracing to reduce the risk of injury and increase performance.

### Examination, Assessment and Diagnosis

ATs implement systematic, evidence-based examinations and assessments to formulate valid clinical diagnoses and determine patients' plan of care. The examination, assessment and diagnosis of injuries in performing arts is very similar to more traditional settings where ATs work.

### Immediate and Emergency Care

ATs integrate best practices in immediate and emergency care for optimal outcomes. A unique factor that ATs in the performing arts must manage is the sometimes difficult access or extraction of the patient from the scene, such as in an aerial or water performance.

### Therapeutic Intervention

ATs rehabilitate and recondition injuries, illnesses and general medical conditions with the goal of achieving optimal activity levels using the applications of therapeutic exercise, modality devices and manual techniques. Performers have high training loads and schedules, and ATs help patients rehabilitate despite those conditions.

### Health Care Administration and Professional Responsibility

ATs integrate best practices in policy construction and implementation, documentation and basic business practices to promote optimal patient care and employee well-being. ATs integrate terminology and cultural competency in order to provide high quality health care to performers.

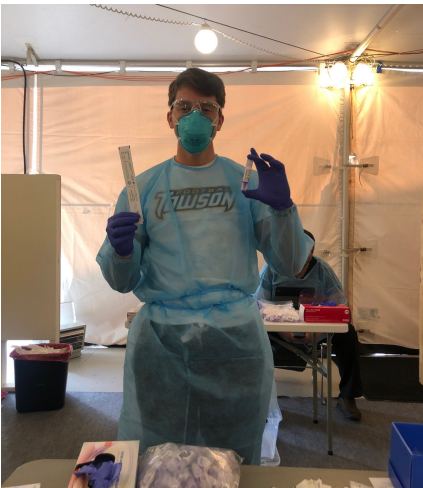


# Program Spotlight

## TOWSON UNIVERSITY



The Towson University ATP has been pivoting just like everyone else. They have had classes outside in tents and spread out in gyms, and the students are appreciative to be one of the only programs allowed to have face-to-face classes on campus.



Other endeavors have included learning anatomy on the Anatomage Table (a virtual dissection table) and collecting pantry items for the TU community members who are experiencing food insecurity. We can't forget to mention the countless hours spent at clinical rotations assisting with the Covid-19 protocols. Keep finding the positives and best of luck to all ATS taking their Boards!



Is your program doing something cool? We would love to know!  
Contact Rachel Gordon at [rmgordon@email.sc.edu](mailto:rmgordon@email.sc.edu)



# ATs Care Committee

## What is ATs Care?

- Peer-to-peer support program
- Offers crisis management training to athletic trainers dealing with the aftermath of a critical event in their practice or in life
- A resource available to certified and student Athletic Trainers

Are you interested in learning more? Check out the ATs Care [website](#) for additional information and to find out who the MAATA reps are!



### THE MISSION OF ATs CARE:

The mission of ATs Care Committee is to aid ATs and AT students, regardless of NATA membership, in the aftermath of a critical incident utilizing a peer-to-peer-system to assist, monitor, and encourage these individuals to seek initial support through state or regional athletic training care teams.



# MAATA Student Senate Service Project

## MEET OUR 2020-2021 SERVICE PROJECT RECIPIENTS

Maryland- Hillary Blosser  
Fort Hill High School

DC- Stephen Taylor  
D.C. Metropolitan Police Academy



Virginia- Alyssa Kocik  
Unity Reed High School

West Virginia- Hayden Sturgell  
Hannah Junior/Senior High School

North Carolina- Randy Pridgen  
East Wake High School

South Carolina- Caitlin Hart  
Newberry High School



Visit our [clothing store](#) or venmo us at  
@MAATAstudentsenateservice if you would like to  
donate to any of our recipients!!

# D3 State News



Quiz bowl is tentatively planned for April so stay on the lookout for more information!

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The annual Business meeting will be held on 5/12 at 10 am! CEs will be available on-demand during the week of 5/10-14

- Be on the lookout for more info!

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Thank you to all students who applied for the VATA scholarship! Be on the lookout for the winners to be announced soon.

# D3 State News



The annual WVATA Quiz Bowl will be held on April 16th @ 3-5 PM. Stay tuned to find out who will be continuing onto the MAATA Quiz Bowl! Check out the Instagram Page [Here!](#)

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Thank you to all who attended the NCATA Virtual Business Meeting on March 15th!

Continue to view the virtual on-demand events in April and May as part of the supplemental symposium.

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Be on the lookout for more information on the SCATA annual symposium this summer!

South Carolina Student Quiz Bowl Sunday, April 11th from 3-5 pm!

SCATA Virtual 5K Fundraiser ends April 6th, thank you to all of those who have already registered!