



MID ATLANTIC ATHLETIC TRAINERS' ASSOCIATION

DISTRICT III NEWSLETTER

spring 2024

LETTER FROM THE DISTRICT DIRECTOR

L. Ray Davis, Jr., MSS, LAT, ATC



Hello, My Fellow, D3 AT's! Another National Athletic Training Month has come and gone! I am hopeful each of you had the opportunity to share in this year's theme, "From Head to Toe". Thank you for all who participated on social media and at your workspaces. As I have said before, always remember WE are the NATA, and we constantly need your volunteering efforts.

Once again, I can't thank our volunteers who will be rolling off our NATA committees and at the same time, I welcome new volunteers and those who are in the process of fulfilling obligations in their committee expectations. As a reminder for those who have not updated your GATHER accounts, PLEASE do so! Your Volunteer portal on Gather will be our pathway to accept and process volunteer applications for NATA committees in the future. Again, thank you for volunteering for NATA committee positions.

Congratulations to Secondary School Safety Award recipients. Again District 3 had many renewals and first-time recipients. Thank you for your commitment! Also special thanks to those of you who participated in the NATA Salary Survey. It's very important for all of us to take advantage of these surveys. Your input is needed!

We are in the midst of state and district annual symposiums. I encourage you to register and attend these very informative opportunities. Additionally AT associations need your engagement. So please take the time to attend these meetings.

Don't forget...

- NATA COPA Con 2024 Virtual Conference on Practice Advancement: TRENDS & TECHNOLOGY (Live April 26th 10 a.m. – 1 p.m. CDT) (On-Demand available April 26th – June 7th)
- The District 3 MAATA Annual Symposium, The Founders Inn, Virginia Beach, May 17th thru 19th.
- The 75th NATA Clinical Symposia & AT Expo, New Orleans June 25th thru 28th. We will have quite an event there. Our District meeting will occur Tuesday evening after the NATA Happy Hour!
- NATA Timely Topics & NATA Podcasts are ongoing; check out the conversations.
- NATA Member bucks (\$150) can be used for various educational opportunities on NATA educATe. Please take advantage of your benefit as a member.

Thank you for supporting & allowing me to serve as your District Director throughout my first term. I look forward to representing you again in a second term.

Best Wishes in the remainder of your spring season!

Ray Davis, Jr

FROM THE DISTRICT **PRESIDENT**

Steven L. Cole, MEd, ATC



As I reflect on the past three years, I am honored to have had the privilege to serve as the first President of the Mid-Atlantic Athletic Trainers Association and humbled by the support and guidance I have received from so many individuals. I am proud of what we have accomplished, especially the formal involvement of our State Association Presidents in the operation of the MAATA and the increase collaboration between our State Associations and MAATA committees. Due to the diligence of the Executive Board, the MAATA maintains a strong financial position that will permit continued and enhanced support of the MAATA committees as well as the support of various student initiatives.

Due to the strong leadership of our State Presidents, members of the MAATA Executive Board and Matt Gage assuming the Presidency at our annual meeting in May, I can assure you the future of the MAATA is strong. Thank you for allowing me the opportunity to serve you!



FROM THE DISTRICT **PRESIDENT-ELECT**

Matt Gage, PhD, LAT, ATC, CES

Hopefully, you are doing well and are having a great Spring!

The MAATA Annual Meeting and Clinical Symposium Task Force survey closed at midnight on April 25th. Thank you for taking time to complete the survey.

The task force will now begin reviewing the survey results. Your feedback will be used to recommend changes to future MAATA Annual Meeting and Clinical Symposium.

Thank you again for completing the survey! Looking forward to seeing you in Virginia Beach

District III Council

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maatad3dir@gmail.com

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FROM THE DISTRICT VICE PRESIDENT

Scott Cook, MS, LAT, ATC



Registration continues for the 2024 MAATA Annual Meeting and Clinical Symposium to be held May 17-19 at the Founders Inn in Virginia Beach, VA. Early registration will continue until **April 27, 2024**. Beat the price increase and register now! Make plans to attend to earn CEU's, network, meet with vendors, cheer on your team at the Quiz Bowl and renew old friendships.

We are looking forward to hosting NATA President Dieringer and President-Elect Duffy and showing off our District 3 hospitality. The educational program can be viewed on the website and offers a variety of topics to earn CEU's of your choice. Two pre-conference sessions are also available for an extra fee.

More information can be found [HERE](#). If you have any questions, please contact Scott Cook MAATA Vice President at: maatameetingplanner@gmail.com .

Thank you for your support of the MAATA and see you at the Beach!!

FROM THE DISTRICT SECRETARY

Erin Cash, PhD, LAT, ATC



Hello District 3 and Happy Spring! I hope this newsletter finds you doing well and warming up as we head towards the summer. I wanted to thank the recent District 3 leadership who are rolling off for all they have done and sending a warm welcome to those taking over!

We are recognizing our D3 members on first year NATA memberships in this Newsletter. Please join me in congratulating our members in their respective state below! We are better together - thank you for supporting our profession at the national, district, and state levels!

If there's anything I can do for you, please don't hesitate to contact me (d3sectry@gmail.com)



FROM THE DISTRICT TREASURER

Mat Lyden, MS, ATC

Greetings and happy spring. For those AT's in the traditional settings and the academic world, I wish all of you a healthy finish to this school year. There is no question you are all up to your eyeballs in work and the end of the season is well within sight. Make it a great finish and prepare for some well-deserved down time.

In the world of district finances, we have completed our 1st quarter well above budget, see the report below of actual income & expense compared to budget, and know the little celebration party I had lasted about 2 minutes. Due to how our budget cycle aligns with the calendar year, we have the largest influx of membership dues and meeting sponsorship & registration monies (our biggest incomes) post during this time. Inversely, we will not see a great deal of expenditures until next quarter related to our annual meeting, scholarships, grants, honors & awards, and related expenses. Nevertheless, our organization remains in a very stable position financially and no surprises to report.

Budget vs. Actuals: MAATA FY24 BUDGET - FY24 P&L				
January - March, 2024				
	Actual	Budget	over Budget	% of Budget
Income				
Total Income	\$ 66,224.52	\$ 31,250.01	\$ 34,974.51	211.92%
Gross Profit	\$ 66,224.52	\$ 31,250.01	\$ 34,974.51	211.92%
Expenses				
Total Expenses	\$ 7,671.79	\$ 28,615.08	\$ (20,943.29)	26.81%
Net Operating Income	\$ 58,552.73	\$ 2,634.93	\$ 55,917.80	2222.17%
Net Income	\$ 58,552.73	\$ 2,634.93	\$ 55,917.80	2222.17%

In other news, I hope to see as many of you as possible in Virginia Beach at the 2024 MAATA Annual Symposium. The planning committee has been working hard to put together a great educational offering in addition to several social events for us to network and enjoy time with one another.

Please feel free to reach out to me if I can be of any assistance to you or if you have questions relating to our operational budget.

Warmest regards,
Mat Lyden

DISTRICT-WIDE NEWS

ELECTION COMMITTEE

Katie Walsh Flanagan, EdD, LAT, ATC

Both the District Director and District Treasurer positions are open this summer. Director Ray Davis and current treasurer, Mat Lyden have indicated they will seek a next term, but these elections are also open to qualified District 3 members.

Interested members should review the MAATA Constitution for qualifications to run (Article 7.1 and 8.1 – 8.4;) and qualifications for District Director (Article 8.5); and District treasurer (Article 8.9). In the By-Laws the following can be found: When newly elected officers take office (Section 2.4), Terms of Office (Section 2.5.1 and 2.5.3), and Duties of Office (Section 3.1 and 3.5). These documents can be found in the 'Members Only' section of the website (www.maata.org) with the password 'MAATA2023'

Interested candidates will be asked to apply in June. More detailed information will be in an upcoming E-Blast.



EDUCATIONAL PROGRAM COMMITTEE

Claire Adkinson, MS, LAT, ATC

I look forward to seeing you all at the MAATA Annual Symposium this year! Our esteemed speaker line-up is set to deliver an eclectic mix of lectures and lab presentations on various topics. We are pleased to announce that the symposium schedule has been updated, and the timing of each presentation has been confirmed. We invite you to peruse the schedule in readiness for the symposium.

It is essential to note the maximum capacity for each lecture/lab presentation. The sign-up process has undergone revision, and changes have been implemented accordingly. Be on the lookout for an upcoming MAATA e-blast, scheduled to be dispatched the week of the symposium. The e-blast will contain sign-up links for each presentation.

To view the schedule: [2024 MAATA Annual Symposium Schedule](#)

If you have any questions or concerns about the conference's education component, please feel free to contact me at Maatad3education@gmail.com.

FREE COMMUNICATIONS

Tom Campbell, PhD, LAT, ATC

All abstract submissions have been reviewed and letters have been sent to all applicants! We want to thank all who submitted this year and encourage future submissions. Currently, we are in the process of organizing and finalizing presentations. We hope to have 12 oral presentations and 20 poster presentations! Free communication sessions will occur at 4:30pm-6pm Friday and 1:30pm-3:30pm Saturday - please attend each session and support our presenters!





HONORS & AWARDS COMMITTEE

Bob Casmus, MS, LAT, ATC

It is my sincere hope that all of us will attend the Honors & Awards program during the MAATA 2024 Symposium this coming May. We will be honoring Scott Powers with the MAATA Service Award and Paul Rupp as the MAATA Most Distinguished Athletic Trainer Award. Our 2024 MAATA Hall of Fame inductees are John Reynolds and Sherry Summers. In addition, we will also honor our to-be-named MAATA scholarship winners for District 3. Please join us as we celebrate these outstanding and most deserving award winners from District 3. I would also

like to thank our sub-committee chairs for the Honors & Awards Committee of Scott Johnson, ATC (HOF), Nancy Burke, ATC (MDAT) and Sherry Summers, ATC (Service Award) for their time and efforts to make the Honors & Awards process a success each year. I especially want to thank the silent & anonymous scoring group members for their participation in this important activity.

RESEARCH & GRANTS COMMITTEE

Bonnie Van Luen, PhD, ATC, FNATA, FNAP

Spring 2024 Awards

Several proposals were received for the Research and Grants Committee to review for the March 2024 deadline.

Congratulations to Dr. Lisa Custer and her team (Dr. Hyunjae Jeon, Dr. Elizabeth Bell, Dr. Rian Landers-Ramos) from Towson University who received support for their proposal entitled "Comprehensive assessment of chronic ankle instability across the lifespan". Dr. Custer's team will examine if there are differences between young, middle-aged, and older-aged adults with and without CAI for the measures of 1) self-reported function, 2) physical activity levels, 3) health-related quality of life, 4) clinical impairments (balance, strength, ROM), 5) talar-cartilage deformation, 6) gait kinematics and kinetics, and 7) oxidative function and blood flow of the tibialis anterior.

Congratulations to Dr. Ashley Thrasher and Dr. Shannon David from Western Carolina University and North Dakota State University, respectively, who received support for their proposal entitled "Early professional athletic trainers' perceptions of navigating difficult conversations and conflict during transition to practice". They will examine how early professional ATs manage conflict and navigate difficult conversations, how conflict and challenges in communication impact transition to practice and what training and development early professional ATs need in order to manage conflict and difficult conversations.

We look forward to having the investigators present the findings at an upcoming meeting!

Forthcoming information on annual research funding campaign

The Research and Grants Committee is excited to announce an annual research funding campaign which will be launched in the coming weeks. The goal of this funding campaign is to increase the research funding for the members of District III in order for our membership to pursue projects that require larger amounts of funding. This campaign will be instrumental in supporting our membership and those who lead the way through the discovery, integration and application of scholarship within the discipline. A separate information email will be sent to all members in the coming weeks.





SCHOLARSHIP COMMITTEE

Sara Pittelkau, MA, LAT, ATC

Congratulations to the 2024 MAATA Scholarship winners:

EDWARD BLOCK



1st Place

Amanda Pendleton, Liberty University (VA)



2nd Place

Noah Sutker, Towson University (MD)

A.C. "WHITEY" GWYNNE



Maegan Milliet, University of South Carolina

LARRY SUTTON



1st Place

Julia Kupfert, **High Point University (NC)**

2nd Place

none awarded

WILLIAM PRENTICE

NO APPLICANTS THIS YEAR

SOCIAL MEDIA & YOUNG PROFESSIONALS

COMMITTEE

Kassy Mosley, MS, LAT, ATC



Young Professional Committee

Check out the Young Professionals Committee events while at MAATA symposium this year!! The YPC will be presenting on "Exploring the Experience Gap: Professional Socialization of Early Professional Athletic Trainers" on Saturday May 18th. We will also be hosting our Young Professional Social open to students and young and seasoned professionals on Friday, May 17th. We will be presenting our inaugural MAATA Distinguished Young Professional Award to this year's recipient, Dr. Shelby Baez. Dr. Baez will be presented with her award during the MAATA Honors & Awards session this coming May 2024.

Looking for opportunities to volunteer with the YPC?! Multiple representative positions will be opening up at the end of the summer this year so keep your eyes open for these opportunities!

Be sure to check out our social media accounts, IG and X: @maata_ypc for the latest information on all things happening with our committee including upcoming chats, socials and symposium events!!

Social Media Committee

Be sure to follow us on our District social media handles for the latest up to date information on happenings, events and volunteer openings throughout the district!
Instagram: d3athletictrainers **X:** @D3_MAATA **Facebook:** Mid Atlantic Athletic Trainers' Association



STUDENT SENATE COMMITTEE

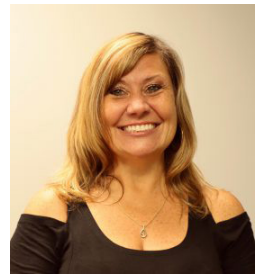
Emily Hildebrand, PhD, LAT, ATC

The [Student Senate Spring Newsletter](#) is your guide to all things 2024 MAATA Symposium - developed by athletic training students, for athletic training students. Check out every part of this 3-day event full of networking, learning, and socializing and be sure to [register](#) ASAP. We will kick off this year's student program with a Meet and Greet event leading into a chance to chat with future employers. Be sure to stop by and share your resume with: **Atrium Health, Spartanburg Regional Healthcare System and their residency program, ATI PT, Athletico & Pivot, Fortis Surgical, Children's Hospital of the King's Daughters, Prince William County Schools, and MedStar Health.** Get caught up with the latest Governmental Affairs Committee updates before heading to the intellectual competition of the symposium.

Congrats to the following programs who will compete at this year's District III Quiz Bowl: **Towson University/ Frostburg State University, Marshall University, Shenandoah University, UNC Greensboro, and University of South Carolina.** Thanks to all the students and faculty advisors who submitted free communications abstracts; a full list of poster and oral presentations is highlighted in our newsletter - be sure to impress with your final products as prizes are at stake! Saturday offers a full day of various lecture and learning lab presentations, a networking lunch with Hall of Fame Athletic Trainers, and a friendly AT Olympics competition to take home the traveling trophy. Leave with knowledge, professional contacts, and giveaways including this year's attendee gift designed by **Olivia Newhouse** from Marshall University and **Landon Murray** from University of South Carolina. Lastly, congratulations to all those graduating from ATPs and have secured their next chapter especially members of the Student Senate: **Anna Chidester, Heather Williamson, Teagan Crane, Matthew Ewert, and Rickee Yates.**

NATA CONNECTION & ENGAGEMENT COMMITTEE

Jennifer Johnson, MS, ATC



Hi everyone! I wanted to take a minute to reintroduce the CEC committee. The purpose of the Connection and Engagement Committee is to develop ambassadors and programming to foster community within NATA. This includes bringing awareness to members about resources, information, and support available from the national office. Please take a few minutes to review the salary survey on the NATA website. The NATA News will be releasing a series of convention articles very soon. There will be a fun contest going on during the convention so take a look and jump in to participate. The CEC is sponsoring a chat weekly on Gather. We would love to hear your feedback. We will be presenting at the SAAC SLF and at the NATA. We would love to see you there. The NATA has developed a digital badge to be used with your email [NATA Member Resources | NATA](#). I look forward to seeing everyone in Virginia Beach!



NATA CONVENTION PROGRAM COMMITTEE

Michael Higgins PhD, LAT, ATC, PT, CSCS

The CPC has been working hard all year to make sure this year's and next year's NATA Symposia and Expo meet the expectations and needs of the NATA members. The committee met in October of last year to discuss and plan all the programming needs for the upcoming conferences. We are looking at ways to increase member attendance and provide programming that draws members to want to participate in the educational sessions.

The CPC is excited about the upcoming [NATA Clinical Symposium and AT Expo](#) in New Orleans, June 25-28. The convention website is open with all the information that you need to register, explore educational content, find housing and much more. Plan on joining your colleagues for a great conference in a fun filled city.

The Two Themes for next year's meeting in Orlando are:

1. **Innovations in risk reduction**
2. **Advances in soft tissue injury management.**

If you have any topics that you would be interested in presenting or like to see at next year's conference in Orlando, please reach out to me. Michael Higgins email: Mjh7s@virginia.edu

Looking forward to seeing you in New Orleans!





NATA SECONDARY SCHOOL COMMITTEE

Jennifer Rheeling, MS, LAT, ATC

The NATA SSATC invites you to the following in New Orleans:

SSATC Ed. Session, June 26, 2:40 - 3:35 "Show Me the Money: A Secondary School AT's Guide to Contracts and Work-life Balance"

SSATC Town Hall, June 27, 3:00 - 4:30. Gather with fellow SSATs for a committee update, awards celebration, and conversation. Light refreshments served.

Congratulations to our SSATC National Award Winners from D3: Athletic Trainer of the Year Heather Murphy, and Servant's Heart Eric Rogers. We are pleased to be so well represented!

Be on the lookout for big projects coming out of the SSATC in the next few months.

ETHNIC DIVERSITY ADVISORY COMMITTEE

Xavion Santiago MS, LAT, ATC, FMT

The NATA Ethnic Diversity Advisory Committee has some exciting news and great materials to share. This year, the speaker's bureau was developed and is available for anyone looking for a qualified professional listed by their subject matter expertise. "Are you looking for speakers to invite to your next education event? Do you need an ethnically diverse subject matter expert to provide valuable insight into hot topics in sports medicine? Look no further than the [EDAC Speakers Bureau!](#)" #EDAC365 Campaign has continued to produce very insightful posts and disperse information. Follow NATA EDAC on all social media platforms for the most pertinent AT news. EDAC will now be operating under the newly developed [NATA DEIA Council](#).

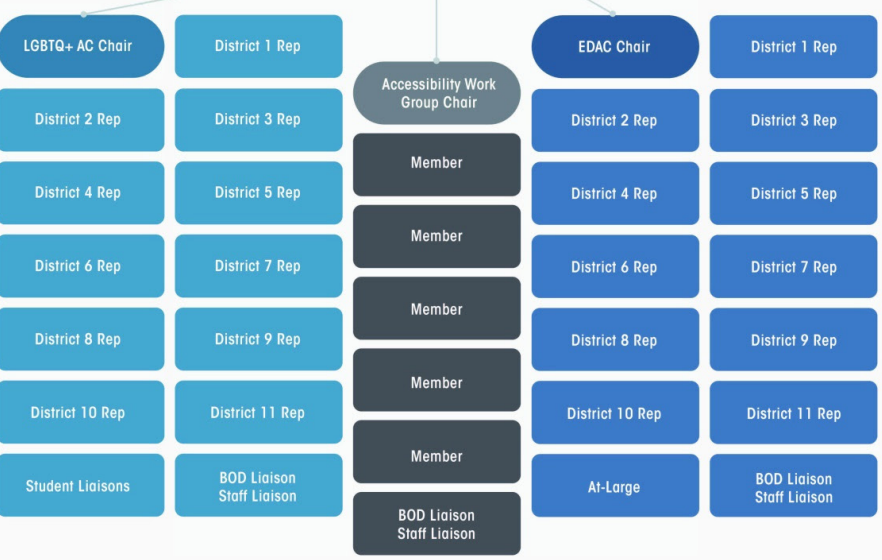


NATA EDAC has much to celebrate this year at the 75th NATA convention. Our committee is excited to celebrate our own Director, Darryl Conway, as he is entered into the NATA Hall of Fame. This year, we will be partnering with the New Orleans YMCA for our annual day of service, on Tuesday June 25. Our town hall on Wednesday and education session on Thursday will be events you do not want to miss.

Please join us at our joint town hall with the LGBTQIA committee at this year's MAATA Convention.

Lastly, our district has been key in progressing the future of athletic training. Collin Francis, Rachele Moore, Brandon Holland and the rest of the Baltimore Area Sports Health Initiative have been working tirelessly to establish an HBCU to master's athletic training program pipeline. Please contact info@baltimoreathlethealth.org for more information. Winston Salem State University has made headway getting 6 students into accredited masters programs. Congratulations to all!

Please contact D3EDACrep@gmail.com for any questions, comments or concerns. Be GreAT!





NATA FOUNDATION

Marty Baker, LAT, ATC

I am so looking forward to seeing everyone in Virginia Beach next month. Please stop by our booth to say hello or if you need any information about your Foundation. As has been our tradition Bob Casmus and I will be holding a raffle for tickets to attend the Foundation's *Pickleball & Pints* event in #NOLA with proceeds going to the Foundation. For more information see below.

The athletic training students of the MAATA were awarded the most NATA Foundation Scholarships of any district in the NATA. A huge shoutout to these athletic training students and their programs.

Julie Warren

PBATS Hall of Fame Scholarship
Sponsored by the Professional Baseball
Athletic Trainers' Society
University of South Carolina - Columbia

Hannah Arnett

PFATS William Tessendorf Scholarship
Sponsored by the Professional Football
Athletic Trainers' Society
University of South Carolina

Katelyn Young

PFATS Robert H. ("Bobby") Gunn Scholarship
Sponsored by the Professional Football
Athletic Trainers' Society
University of Lynchburg

Maggie McMullan

Norm Mackie Memorial Scholarship
Sponsored by the Professional Hockey
Athletic Trainers' Society
James Madison University

Daniel Rosenblum

NBA Commissioner David Stern
Memorial Scholarship
Sponsored by the National Basketball
Athletic Trainers' Association
University of Virginia

Heather Williamson

Richard E. Vandervoort Memorial Scholarship
Sponsored by
The Richard E. Vandervoort Foundation
Marshall University

Cameron Phan

Richard E. Vandervoort Memorial Scholarship
Sponsored by
The Richard E. Vandervoort Foundation
University of South Carolina

Sydney Frigm

Richard E. Vandervoort Memorial Scholarship
for Female Athletic Training Students
Sponsored by
The Richard E. Vandervoort Foundation
University of Virginia

Taisei Chiba

PFATS Rollin Mallernee Scholarship
Sponsored by the Professional Football Athletic
Trainers' Society University of South Carolina

Kayleigh De Koker

William Prentice/MAATA (D3) Scholarship
Sponsored by the NATA District 3, MAATA
University of South Carolina

Over the years your Foundation has awarded more than \$4 million to support over 2000 future AT leaders.

If you are headed to NOLA and looking for a great night of fun, fellowship and maybe just a bit of competition consider joining us at your Foundation's *Pickle Ball & Pints* event. Tickets to this annual event are sure to sell out and once the tickets are gone...that's it. You can get your tickets when you register to attend our annual meeting. If you have already registered, you can go back in and purchase your tickets. For more information [click here](#).

Finally, I always like to end my remarks to the members of the best district in the NATA with a sincere thanks to those of you who support the mission of your Foundation with their hard-earned resources. Each of us is making a difference! If you are able, please consider joining so many of your fellow ATs. No amount is too small and there are many different ways you can make a difference, [click here](#) to find a way that works for you. Help the Foundation grow their resources and enhance the profession of athletic training. Thanks so much...see in Virginia Beach!



Pickleball
June 25 7-10pm **and Pints**
The Exchange Pickleball + Bar - New Orleans, LA



NATA POLITICAL ACTION COMMITTEE

Donita Valentine, DAT, LAT, SFMA, CISM

Not familiar with NATAPAC? Click [HERE](#) to learn more.

NATAPAC, the National Athletic Trainers' Association Political Action Committee, is gearing up for an exciting luncheon during the NATA Annual Symposium in New Orleans this year. The luncheon, scheduled for June 27th from Noon to 1:30 PM, promises to be a fantastic event filled with networking opportunities and engaging discussions.

Tickets for the luncheon are priced at \$50 and can be purchased by members along with their convention registration. Members are also encouraged to consider sponsoring a student to attend the luncheon, with the goal of doubling last year's student attendance.

At the convention, be sure to visit the NATAPAC booth where you can join the 625 club. This exclusive club is for members who pledge a recurring monthly contribution of \$6.25, totaling \$75 annually. Your support will help further the mission of NATAPAC and advocate for important issues in the athletic training community.

As we bid farewell to our current NATAPAC Chair, Mark Letendre, who will deliver a special Keynote Farewell address in June, we look forward to welcoming the new chair. Stay tuned for the exciting introduction!

We hope to see you in New Orleans for a memorable and impactful experience at the NATA Annual Symposium. Visit the link provided to learn more about NATAPAC and how you can get involved.



NATA PROFESSIONAL EDUCATION COMMITTEE

Ashley Thrasher, EdD, LAT, ATC, CSCS

The Professional Education Committee has some big things coming at NATA Convention in June! There are exciting updates coming from the Executive Council for Education. Plan to attend the Educationalists Town Hall at NATA in New Orleans this June!

On Tuesday, June 25, [Master Preceptor Live](#) will be offered as an advanced track session worth 6 CEUs. This is open to **all preceptors**. If you have completed levels 1&2, you will earn the distinction of *master preceptor* once you complete the live version. This is a blended advanced track, with asynchronous content prior to the live workshop.

On Thursday, June 27 at 2:10, join the PEC for a talk about ensuring DEIA best practices in academic and clinical settings. We have created an audit that can be used to assist with quality improvement, and we will be discussing how to use the resource and ensure inclusive environments for education and patient care.



MEMORIAL RESOLUTIONS & HISTORICAL COMMISSION COMMITTEES

Randy Meador, MS, ATC

We Remember...

*Although they are gone, let us never forget their lives,
and their service and commitment to the ideals of the
athletic training profession, and for enhancing the
history of our district.*



Carrie Astrid Powell, a dedicated individual whose passion for serving extended beyond her professional career, passed away at her home on November 5, 2023. She will be fondly remembered for her immense contributions to the field of athletic training and her unwavering commitment to making a difference in the lives of those around her. She was a true giver and had an unwavering love for the Lord. God gained an angel.

Born in Bibb County, Georgia, Carrie's early years were marked by an innate curiosity and a heartfelt desire to help others. Her Father Matthew was an Emergency Medical Doctor and her Mother Virginia was an RN. Carrie spent a lot of time with her Father at the hospital. Seeing their dedication to helping people with their health, paved the way for Carrie's remarkable journey that touched countless lives and leaves an indelible impact on her community.

Carrie's academic journey began at Lenoir-Rhyne College in Hickory, NC, where she graduated in 2000 with a Bachelor of Science degree in Sports Medicine/Athletic Training. During her time at Lenoir-Rhyne College, Carrie's exemplary dedication and hard work earned her numerous accolades including being recognized in Who's Who Among American University and College Students. Her passion for sports medicine shone through as she received the Athletic Training Education Program Award and the Moretz Student Athletic Trainer Award.

Driven by an unwavering thirst for knowledge and an enduring desire to expand her expertise, Carrie furthered her education at Western Carolina University. In 2006, she graduated with a Bachelor of Science degree in Emergency Medical Care with a Health Management concentration. Throughout her studies, Carrie demonstrated exceptional skill and dedication which earned her prestigious awards such as the Jackson-Swain Counties Medical Society Scholarship, the Flynn Education Scholarship recipient, and the Clinical Accommodation Award.

Professionally, Carrie's talents as an athletic trainer were unrivaled. She was an athletic trainer for 20 years at Swain County High School. She loved life, she loved her job, and she loved her Swain community. Swain was her Family. With grace and compassion, she dedicated herself to helping her athletes and students. She cared for them so much that she referred to them as "My Kids". Her extensive knowledge and calm demeanor made a profound impact on those she worked with and cared for. Whether it was administering first-aid techniques or providing encouragement to athletes and their families, Carrie's presence brought solace and hope to countless individuals.

Beyond her professional achievements, Carrie had a vibrant personality and diverse interests. In her free time, she found solace in various hobbies such as cooking, hiking, biking, drawing, painting, and engaging in crafts. Her creative spirit allowed her to find joy in bringing beauty into the world through her artistic endeavors. Carrie's proudest accomplishment came in 2021 when she was bestowed the prestigious NCHSAA Elton Hawley Athletic Trainer of the Year award. This recognition highlighted not only her exceptional skills but also underscored

the profound impact she made on the athletic community. Her dedication to maintaining the health and wellbeing of athletes was unparalleled, and her legacy will continue to inspire future generations of athletic trainers. Perhaps Carrie's greatest accomplishment of all was being her younger sister Kristi's best friend and closest companion, as well as being a devoted and adored aunt to Kristi's three children, whom she cared for and loved as if they were her own. Not having any children of her own, Carrie showered them with love and affection that was unmatched by any except their own mother. Abigail, Matthew and Henry returned that love and affection whole heartedly, and will forever carry the memories of their beloved Aunt Carrie.

Carrie Astrid Powell's sudden departure leaves an immense void in the lives of all who had the privilege of knowing her. She will be remembered for her unwavering commitment to caring for others, her thirst for knowledge, and her ability to uplift those around her with a warm smile and compassionate heart. May her gentle soul rest in eternal peace as we cherish the memories she has left behind. She will be dearly missed, but she would want us to "Carrie On."

Carrie was preceded in death by her parents Matthew and Virginia Powell, her sister Kelley Ann Quinn Powell and her brothers Brian Powell and John Powell. She is survived by her siblings; Matthew L. Powell, Susanne M. B. Powell, Shayne Powell Flemming, Bonnie Powell Carver, Kathleen Patricia Douglas, William Powell, Kristi Powell; special niece Abigail Powell, nephews Matthew Powell, Henry Powell; along with many other nieces and nephews.



Dr. Greg Elkins - We are also sorry to inform you of the passing of Dr. Greg Elkins. Although Dr. Elkins was not an ATC he went through the undergraduate Athletic Training Program at West Virginia University. He was a team physician for West Virginia University briefly and then he had to move back to the southern part of West Virginia to be a long-time team physician at two high schools, Hamlin and Lincoln County, Hamlin being his alma mater. Recently he was named the Chair of the Sports Medicine Committee for the National Federation of State High School Associations. Dr. Greg Elkins was a true advocate for athletic training! [NFHS Article](#) [Obituary](#)

“WE REMEMBER”/ MEMORIAL RESOLUTIONS INITIATIVE

Please assist with identifying our District's deceased athletic training colleagues, for the purpose of remembering their lives, and their contributions to our District's rich history. My hope is that this initiative will serve to remember our departed colleagues, while at the same time, making our District's membership aware of those individuals who have been a part of our District's rich history.

Therefore, I am asking that you forward the following information on those deceased colleagues to your state representative (see the following names & emails):

- Full name of deceased
- Year he/she died
- His/her city & state of residency/work
- Obituary if available w/picture

Send your information to your state representative listed below:

The following individuals are the current members of the District III/MAATA Memorial Resolutions Committee (part of the Historical Commission:)

- District of Columbia – TBA (if no one is interested, please forward obit information to Sherry Summers)
- Maryland - Samuel Thompson, Jr. – samthomp@lifebridgehealth.org
- North Carolina – Randy Pridgen – rplatatc@gmail.com
- South Carolina – James Berry – drjimberry@gmail.com
- Virginia – Sherry Summers – sherry summers57@gmail.com
- West Virginia – Randall Meador – randy.meador@mail.wvu.edu



SHANNON FOOKS, MS, ATC, CSCS
PRESIDENT

VDCATA Symposium

The DCATA is looking for speakers to give virtual presentations for our upcoming Virtual DCATA Symposium in early June. If anyone is interested in presenting for our meeting with a virtual video, please contact Mike Walker at mwalker@stjohnschs.org with the topic(s) of choice. Our membership was polled, and the results showed that these topics were among the most requested. However, topics are not restricted just to this list, and we will welcome any subjects of discussion.

- Cupping
- Joint dislocations and management
- Manual Therapy topics
- Emergency Response
- Mental Health Resources

LGBTQ+ Parade Interest

Looking for DC ATCs to join up and participate in the pride parade on June 8th

Rock N Roll Race

Thank You Rock N Roll Race Volunteers. It continues to be one of our biggest fundraisers

RSVP for DCATA Honors

The second DCATA Honors will be at Sidwell Friends School on June 9th from 1:00 to 3:00

Committee Chair Openings

Young Professional Committee chair

***No DCATA members with first time membership to the NATA**



JEAN PEREZ, MS, LAT, ATC
PRESIDENT

Please join us for the 2024 MATA Symposium and business meeting. This year's symposium will be held at Towson University on Saturday, June 1. Register [here](#). The business meeting will be held Friday, May 31, location and details are forthcoming.

Congratulations to the MATA members on first time membership to the NATA!

Aaron Colley
William Giannelli
Cameron Jones, ATC
Aaron Meriwether
Rebecca Moen
Nicholas Ostrowski

Kelsey Powers
Tyler Reid, BS
Riannon Shagena
Justin Signor
Donovan Stone
Noah Sutker
Nicholas Tucker

Save The Date

MATA BUSINESS MEETING & ANNUAL SYMPOSIUM

— May	— 31	— 2024
June	01	2024

**Symposium
Location: Towson
University**

MATA
MARYLAND ATHLETIC TRAINERS' ASSOCIATION



NINA WALKER, MA, LAT, ATC
PRESIDENT

NCATA celebrated 50 years of excellence at Wrightsville Beach. Our Gala was incredible! Amazing seeing so many ATs all dressed up. It was a wonderful event and we loved giving our Hall of Fame the beautiful rings they deserved. Check out our social media for a beautiful video.



Please join us for our first job fair on April 30th. Job seekers will be able to pop in and out of zoom rooms to learn about each position and make connections with those who are hiring. Employers are able to meet with incredible NC Talent. The event is free thanks to our sponsors. [Please sign up!](#)

Congratulations to the NCATA members on first time membership to the NATA!

- | | | | |
|------------------------------|---------------------------|-------------------|-------------------------|
| Makaelyn Alston | Jalen Goodwin | Kylie McMillan | Amber Strickland |
| Payton Aragon | Zachary Hamm | Destiny Middleton | Emily Sullivan |
| Jordan Barras | Yasmine Harper | Kelli Molnar | Megan Tamer |
| Matthew Bendixen | Samuel Harris | Lubna Mostafa | Olivia Tanaka |
| Taylor Blackwell | Samantha Heckman | Sarah Musselwhite | Matthew Teague |
| Kourtnie Blankenship, BS | Jordynn Hellinger | Abigail Muurisepp | Malissa Tickle |
| Jackson Bowers | Martin Hood | Jordyn Neighbors | Jordan Tomberlin |
| Winston Bryan | Camryn Hunsinger | Tony New, III | Felicia Tozzi, DBA, ATC |
| Nicholas Bryan | David James | Samantha Nixon | Harley Tremain |
| Bre'Anna Bush, MS, LAT, ATC | Francis Johnson, LAT, ATC | Debroah North | Lucas Wagoner |
| Jarod Carlton | Jimmesia Jones | Candice Overcash | William Wallen |
| Hali Christensen | Austin King | Zacahary Pace | Bailey Weeks |
| Katie Crews | Rachel Luna Sanchez | Hannah Reeder | Austin Willis |
| Kristin Fick, LAT, ATC | Ashley Marshall | Sara Sills | Jordyn Wills |
| Brianna Fintel, MS, LAT, ATC | Meghan Martinez | Kate Snook | Taylor Woodard |
| Lyndsey Givens | Ashley Maskeri | Mikayla Spriggs | Zakara Wright |



AMY FRALEY, PHD, SCAT, ATC, CSCS
PRESIDENT

All South Carolina ATs Must Apply for SC AT License

On June 19, 2023, South Carolina Governor Henry McMaster signed S.397 into law, licensing athletic trainers and moving regulatory oversight to the Department of Labor, Licensing and Regulation (LLR). This bill also gave LLR the ability to promulgate the regulations before fully licensing athletic trainers. We anticipate the regulations going into effect on or about May 24, 2024, which will include the same fee structure for initial applications and renewals that ATs paid at DHEC.

With the move to licensure and LLR, all athletic trainers in the state of South Carolina will have to apply for a license, even if currently certified through DHEC. This application will include a \$50 initial application fee for all applications. LLR is working on the online application process so all SC athletic trainers can begin applying before the regulation approval date, with a hopeful website launch date of May 3, 2024. Any athletic trainer due to recertify after May 3, 2024 does not need to recertify through DHEC.

Once the application is available on LLR's website, we will share additional information to guide ATs through the process. We understand the process is new for all athletic trainers in the state and hope to make the transition as seamless as possible. For any questions or concerns, please reach out to Amy Fraley (president@scata.org), Kevin Ennis (kevin.ennis@rocketmail.com), or Zachery Richards (zrichards@lexington1.net).

SCATA Annual Symposium

We are getting ready for the 2024 SCATA Annual Symposium. Please plan to join us in Columbia as we celebrate 40 years of SCATA's contribution to athletic training in South Carolina. Registration will open May 1, 2024.

SCATA Free Communications

Attention SCATA clinicians, educators, and students:

1. Have you managed a unique, interesting or even challenging patient case in the past few years that you could share, so others can learn from your experience?
2. Have you individually, or with a group, conducted any type of athletic training research?

If you answered **yes to either or both of these questions**, please submit an abstract for the 2024 SCATA Annual Symposium Free Communications session and encourage your colleagues to do the same by **June 1**. Additional information through the submission form can be accessed [HERE](#)

Interested in becoming a sponsor for the 2024 Annual Symposium?

SCATA sponsors have done a tremendous job supporting current athletic trainers in the various job settings we serve. SCATA sees this workshop as your way to invest in the future of these students that attend this workshop. We hope that with your help, we can make this workshop innovative, educational, and provide insight as these high school students grow and develop into potential health care providers.

Registration is also open for sponsors for the 2024 SCATA Annual Symposium. Thank you in advance!
[You can register here.](#)

Congratulations to the SCATA members on first time membership to the NATA!

Rachel Allen
Hannah Arnett
Logan Barger
Dylan Crew
Meghan DeVaux
Kaitlyn Devine
Sammy Dickstein
Kylia Dobson
Keilah Duncan
Caleb Fennell
Timothy Ferguson

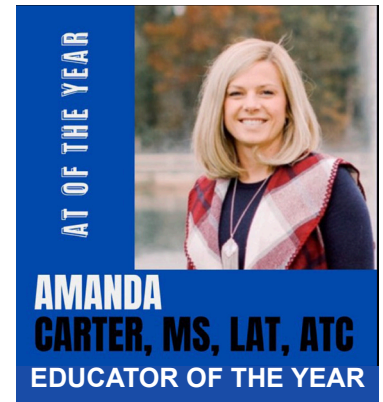
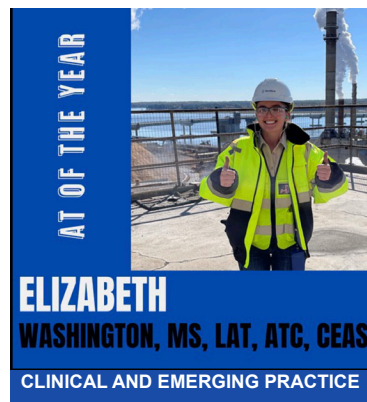
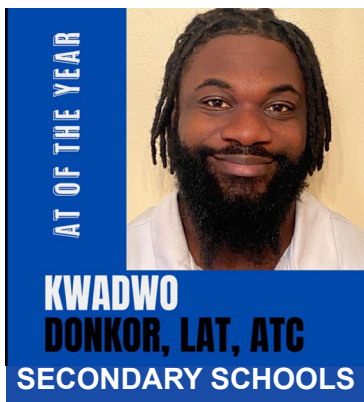
Indiyah Harrison
Mollie Hendrix
Brennan Hood
Shakir Iga
Maggie McCraw
Savannah Metz
Hunter Mixon
Landon Murray
Cyas President
Michael Reynolds
Carlos Rivera

Casey Rothenberg, MS, ATC
Christian Rudawsky
Jordan Rudd
Megan Russo, BS
Brianna Sandoval
Colin Serredszum
Taishi Shigyo
Jalyn Smith
Kierra Stewart
Christina Welmaker, MS, LAT, ATC
Michael Worthy, MSAT, LAT, ATC



MICHAEL KOTELNICKI, EDS, LAT, ATC
PRESIDENT

The VATA has had educational enlightening beginning of 2024 year tied in with a professionally benefitting amendment to our state practice act. The VATA hosted our annual educational symposium in Hampton VA in the first few weeks as our new year was upon us. The over 200 attendees participated in the always popular hands-on labs and sat in several engaging lectures. The student quiz bowl was an exciting and a back-and-forth battle among seven of our Commonwealth's top MSAT programs. Shenandoah University won and earned their spot for bragging rights this year and advancing to the next step for the upcoming quiz bowl at the MAATA symposium. Poster presentations displayed innovation, clear thought, and concise delivery of researched information. Additionally, we had many deserving peers earn awards: Secondary Schools AT of the year - Kwadwo Donkor, Clinical and Emerging Practice - Liz Washington, College and University - Anne Bryan, Researcher - Dr Julie Cavallario, Educator of the Year - Mandy Carter, Hall of Fame - Scott Powers and Dr Bonnie VanLunen.



Angela White of the Secondary Schools committee hosted an educational symposium at Monacan High School near Richmond VA. Attended by over 40 members, this day-long event had speakers and 2 lab opportunities of polyester casting and synthetic taping techniques. Topics ranged from the benefits of membership, unifying and standardizing concussion protocols, gait and running form rehabilitation and ethics. A nice relaxed setting that allowed fellowship and networking as well as the exchange of professional ideas and standards.

The governor just signed the new wording in our state practice act of whom the athletic trainer is able to treat

without hesitation by some medical legal counsel in some settings. House Bill 1349, sponsored by a wonderful advocate for the athletic trainer Del Michelle Maldonado and advocated by our Lobbyist Becky Bowers-Lanier passed unanimously in both the house and senate and was signed by the governor with the new wording "including inpatient and outpatient" securing those in the operating room, in the physician extender role and other non-sideline roles a secured position to be hired or continue their career under state law.

Lastly, we have some new positions filled in our VATA executive board as well as district representation. The new secretary will be Kelley Wiese, treasurer Meagan Daniels, Western Region Representative Kristen Matthis, Eastern Region Representative James Kegley, Tidewater Region Representative Corrinne Hupp. We are excited that the aforementioned volunteers have accepted the call to serve our VATA and lead our membership.

Congratulations to the VATA members on first time membership to the NATA!

Nicole Adkins
Katherine Allwine
Sean Belle
Kylie Brincks
Kennedy Brown
Danielle Cleveland
Kyle Mel Delin
Megan Dombrowski, BS, ACSM-
EPC
Ashton Eicher
Jasmine Ellis, BS
Cassidy Fox

Whitney Freeman
Jacob Gachowski, LAT, ATC, EMT
Mary Heffron
Raymie Hinkley, LAT, ATC
Kendallyn Johnson
Jonathan Joia
Mo Kim
Amber Kressler
Emily Lee
Taylor McCormick
Jade McCoy
Maggie McMullan

Alyssa Musselman
Amanda Pendleton
Caitlyn Pharis
Emi Reindle
Emma Russell
Reagan Sellers
Ashley Sennett
Danielle Shannon
Hannah Shouse
Adam Simpkins
Empris Smith
Emma Stanton
Violet Wray



TOM BELMAGGIO, MS, LAT, ATC, CSCS
PAST-PRESIDENT

The WVATA Annual Symposium was held on April 6th in Huntington, WV. This year, we provided a hybrid version of the symposium and plan to continue this offering in the future.

Our award winners for 2024 are:

- Gabe Roush - Athletic Trainer of the Year
- Dr. Zach Garrett - Athletic Training Service Award
- Jenny Johnson - Educator of the Year
- Dr. Vincent Stilger - Hall of Fame
- Heather Williamson and Sarah Margaret - Students of the Year

We are also excited to announce we are having our first annual golf scramble on June 7th at Bel Meadows in Clarksburg, WV. Start gathering your foursome. We will have more details available soon! I want to thank everyone for the opportunity to represent WV as President, I will now assume my role as Past President and look forward to working with Dr. Samm Scarneo-Miller as she takes over the Presidency.

Pictures from our symposium can be found [HERE](#)

SAMANTHA SCARNEO-MILLER, PHD, LAT, ATC
PRESIDENT

The WVATA would like to thank Tom Belmaggio for his service as President. We would also like to thank Suzanne Konz for her service as secretary and Sarah Margaret Williams for her service as student representative. We are currently holding our election for President-Elect, Secretary and Student Representative, polling closes this Friday 4/26 at 5pm!

Congratulations to the WVATA members on first time membership to the NATA!

- Bilal Emir Acikgoz
- Gabbi Carter
- Raleigh Elk
- Jeffrey Goderre
- Angelique Graham
- Justin Harrold
- Connor Hollen
- Garrett Owens
- Ashlynn Van Wingerden
- Hunter Williams