



NOVEMBER 2022

District President – Steve Cole

Research & Grants: Thank you for the Research & Grants committee for their recent work. Several grants have been awarded to MAATA members.

Scholarship Committee: Congratulations to Sara Pittelkau as the new Chair of the MAATA Scholarship committee.

YP Committee: Congratulations to Kassy Mosley for being selected as the District 3 rep to the NATA CAC committee. She will begin shadowing Kelley Crowe and assume responsibilities in June. In that role Kassy will also serve as the Chair of the MAATA YP committee.

Call for a Treasurer: Jay Sedory has resigned as the MAATA Treasurer effective December 31. An interim Treasurer will be appointed to serve for the remainder of his current term would expire in June 2024.

Any individual interested in serving in the capacity is requested to submit, 1) Letter of Interest, including specific information of past or current financial management experience, and current Resume. This information is to be send to the District Secretary at d3sectry@gmail.com No later than COB on **December 7, 2022**.

Call for Educational Proposals: We are still accepting proposals for educational programs as part of the MAATA Annual Clinical Symposium. The application can be found on the MAATA website under “Events”. Deadline is December 9.

See at the **Annual Clinical Symposium** and meeting in Virginia Beach May 19-21, 2023.

District Director – Ray Davis

The time has arrived to Renew your Membership to the NATA! Please Encourage those who are not members to join the only professional organization that Advocates for ALL ATs from the Federal level to the States Licensure!

Again thank you for volunteering for open NATA positions.

Happy Thanksgiving!

District Vice-President – Donita Valentine

Greetings District 3!

Fall is in full effect, and it is also NATA renewal time! Members have until December 31 to renew, and payment options are available. Renewing your NATA membership covers your NATA, district, and state dues in one place. And lastly, you can receive free CEU credits for use in the NATA Professional Development Center.

If you are a podcast person, NATA launched NATA-Cast, the official podcast of NATA, providing in-depth conversations about athletic trainer-focused healthcare topics.

There is still time to submit proposals for the annual symposium taking place in Virginia Beach, 5/19 – 5/21/23.

District Secretary – Jason Mitchell

It's NATA Membership REnewal season! REdiscover your NATA membership and REnew today at www.nata.org/renew.

This month, we want to focus on the [NATA Career Center](#):

- SUPPORT: The NATA Career Center is a member-only benefit, giving our ATs a serious advantage over nonmembers in the competitive job-seeking market.
- ADVOCACY: In addition to job opportunities, the NATA Career Center provides members with resources that can help them better advocate for themselves with potential employers.
- CONNECTION: As the world's largest and most comprehensive listing of athletic training jobs, the NATA Career Center connects available positions and employers with ATs ready to elevate their career.
- PROFESSIONAL GROWTH: The variety of jobs posted in the NATA Career Center allows an AT at any phase in their career to seek out new opportunities for professional development.

2023 is a reporting year. Take advantage of the 10 free CEU credits given to you when you renew your NATA membership to reach your CEU goal. These free CEU credits can be used in the [NATA Professional Development Center](#) January 1, 2023 – December 31, 2023.

Payment covers your national, district and state membership dues. Don't let finances get in the way of a membership, if you are experiencing a financial hardship contact Member Services at membership@nata.org or (972) 532-8897 to discuss how we can help.

NATIONAL UPDATES

Intercollegiate Council for Sports Medicine – Jennifer O’Donoghue

We will be hosting an ICSM Town Hall in the near future, with the *Bias Action Plan* as the focused point of discussion.

Additionally, we will have outcomes from other tasks we are working on. Information on those projects should be available for the winter/spring update.

Please check our Fall update [HERE](#).

NATA Connection & Engagement Committee – Jenni Johnson

It is membership renewal season!! REdiscover your NATA membership and REnew today at www.nata.org/renew. Your membership with NATA unlocks access to a variety of member benefits in professional growth, advocacy, support, and connection, with several benefits extending beyond just support, connection, professional growth and development, and advocacy. Be on the lookout for social media posts where you can win prizes for renewing your membership or joining the NATA for the first time! Let’s show the NATA that District 3 is a powerhouse in membership. My challenge is that each of you talks to one non-member about joining. There is strength in numbers. Renew before December 31 to keep your membership active. Payment covers your national, district, and state membership dues. Don’t let finances get in the way of a membership – if you are experiencing a financial hardship, contact Member Services at membership@nata.org or 972.532.8897 to discuss how we can help.

NATA Convention Program Committee – Michael Higgins

The CPC is in the final stages of putting together the educational program for Indianapolis in June. We are also working on educational topics for New Orleans.

NATA Foundation – Marty Baker

The November edition of Research to Clinical Practice focuses on ankle sprains by providing numerous resources on diagnosing and rehabilitating that ever-so-common injury. You can review all the editions of Research to Clinical Practice at <https://www.natafoundation.org/education/educational-resources>

As you make your gift list, please consider a gift to The Foundation. There are numerous programs where you to give. Each of these programs can be found at <https://www.natafoundation.org/support/events> and scrolling down to the Holiday Giving 2022 tab. No matter the size of the gift please be assured that it is meaningful, appreciated and sure to get a HoHoHo out of Santa.

NATA Secondary Schools AT Committee – Adam Wall

The NATA Secondary School Athletic Trainers' Committee has established the Secondary School Athletic Trainer of the Year Award to recognize deserving athletic trainers in secondary schools across the country. Specifically, this award recognizes ten district winners and one overall national winner who:

- Elevate the athletic training profession at the secondary school level.
- Provide public awareness, promotion, and education about the AT's role in their local communities.
- Contribute to their communities beyond their athletic environments.
- Help establish and maintain the athletic trainers' presence in the secondary school setting.
- Provide an exemplary level of patient health care.

NATA has established a nomination deadline of **Dec. 1, 2022**. Guidelines for nominations can be found here: <https://www.nata.org/membership/honors-and-awards/ss-athletic-trainer-of-the-year>. Upon nomination, the nominee will receive an email alerting him/her to the nomination and provide instructions to accept/decline the nomination and complete the application. The district winner will be recognized at the both the 2023 MAATA meeting and 2023 NATA meeting.

DISTRICT UPDATES

Ethnic Diversity Advisory Committee – Xavion Santiago

Happy Fall Y'all! Can you believe it is November already? I hope as you read this you are healthy and well. November brings more cultural and health related celebrations. This month, NATAEDAC365 has highlighted illnesses that plague the BIOPIC community such as stomach and lung cancers as well Native American Heritage Month. The NATA Now blog will also feature some of their Native/ Indigenous American leaders in the profession. Make sure you check those out!

Your EDAC state reps have been busy working to promote ethnic diversity! North Carolina's DEIA committee hosted another episode of their "Can we talk" series. This amazing session informed everyone on what it is like to be a Native AT and what it is like to care for Native athletes. This month we welcome Hideomi Masuda as our West Virginia state rep! With this wonderful addition, as all our states in the district have an EDAC state representative!

You do not have to be a state rep to be involved. Please reach out to me at d3edacrep@gmail.com if you are interested in serving your AT community or if you want to learn more about EDACs mission and goals. Look for more amazing updates in the next 60 Second Eblast!

Honors & Awards Committee – Bob Casmus

The MAATA Honors and Awards open window for nominations closed on November 1, 2022.

All supporting materials for the nominees must be in by 11/30/22. The list includes Candidate MAATA HOF profile form; current resume/vita; One Candidate Advocacy Form or Letter of Recommendation from a colleague or supervisor with whom the nominee has directly worked for a minimum of 5 years in the recent past; 2 each - Candidate Advocacy Forms or Letters of Recommendation from a certified athletic trainer within District III; and lastly a JPEG Photo received (head shot/bust style). All information can be found on the MAATA website: <https://www.maata.org/honorsandawards>

The 2023 Honors and Award recipients will be announced in the January 2023 e-blast and Spring 2023 Newsletter. The Honors & Awards Ceremony will be held in VA Beach at the District III Meeting in May 2023.

LGBTQ+ Advisory Committee – Kirk Armstrong

Interested in Serving?

The LGBTQ Advisory Committee has committee openings for representatives from Washington DC. If you have any interest in serving on the LGBTQ Advisory Committee, send the following application materials to Jason Mitchell, District Secretary, d3sectry@gmail.com:

- Letter of Interest identifying why you are interested in serving on the committee and what you could contribute
- Updated CV/Resume
- BOC, NPI, State regulation numbers

Scholarship Committee – Sara Pittelkau

I am honored to be the new chair of the MAATA Scholarship Committee and look forward to working with you all! We are looking for representatives from District of Columbia, North Carolina, and West Virginia. Please contact me @ maata.scholarship@gmail.com if interested or if there are any questions

Student Senate – Emily Hildebrand

The Student Senate would like to welcome the incoming elected members and thank all students who submitted an application and those who submitted references and provided mentorship and the encouragement to get involved. These 5 individuals will join the committee and learn from and with all current members as they take on subcommittee roles. Please look to promote any academic, clinical, or professional development news from your state or institution by contacting these senators who represent your state: <https://www.maata.org/student senate>.

Teagan Crane - University of South Carolina, SC
Matthew Ewert - Western Carolina University, NC
Anna Chidester - Old Dominion University, VA
Heather Williamson - Marshall University, WV
Rickey Yates - Towson University, MD

Young Professionals' Committee – Kelley Crowe

The YPC would like to welcome new South Carolina representative Alanie Welch Rhodes! Alanie currently works at Charleston Southern University and is also the SCATA YP Chair. We are excited to have her on our committee!

My term as the YPC Chair and Career Advancement Committee representative will come to an end this Spring, and it is with great excitement that we announce **Kassy Mosley** as our new Chair and CAC representative! Kassy has been on the YPC as a member-at-large since 2019 and in charge of our social media account. We are thrilled to have her take over the committee and cannot wait to see what the YPC will accomplish over the next few years under her leadership!

Memorial Resolutions Committee – John Bielawski

We Remember...

Although they are gone, let us never forget their lives, and their service and commitment to the ideals of the athletic training profession, and for enhancing the history of our district.



Carroll M. Lowder

August 23, 1952– June 2, 2022



Mint Hill and Ocean Isle Beach, NC, Carroll Lowder, 69, passed away on June 2, 2022. He was the son of Buell and Ruby Lowder.

Carroll attended Stanly County schools and graduated from Gardner-Webb University (NC) and received his master's degree from James Madison University (VA). During his time at James Madison University he was the first certified graduate assistant athletic trainer. Following graduation, he worked as the Head Athletic Trainer for the Hamilton Tiger Cats in the Canadian Football League. He also was an Athletic Trainer at Tulane University in New Orleans (LA). In 1979 Carroll was hired at the Athletic Training Specialist with the Charlotte-Mecklenburg Schools.

He later shifted gears and used his experience and knowledge as an athletic trainer as a steppingstone into the bio-surgical sales world covering both North and South Carolina. His first position was with Acufex Microsurgical and later with Genzyme Biosurgery/Sanofi. Folks who knew him would say, "he never met a stranger." He was kind, considerate and always willing to

help others. If you knew Carroll, you knew you had a loyal friend for life.

Upon his retirement he would pursue his many passions. He enjoyed cooking, home remodeling, music and making memories. Carroll was a BBQ Pit Master and together with his Big Green Egg concoctions were legendary. Together with his wife Nancy they attended many concerts over the years and loved to travel. He also loved hiking, camping and deep-sea fishing with his son. A special night for him was for the family to sit on the beach house deck and drink a beverage of choice, reminisce and watch the sun set along with the two Shelties Mango and Riley.

Carroll is survived by his wife of 43 years, Nancy W. Lowder and son, Blake W. Lowder.

STATE UPDATES

Virginia – Danny Carroll

Registration is open for the VATA Annual Symposium taking place January 13-15, 2023 at the Hotel Madison in Harrisonburg, VA. Details can be found at <https://www.vata.us/2023-annual-meeting>

South Carolina – Amy Fraley Hand

SAVE THE DATE! The 2023 SCATA Annual Symposium is July 12-14th, 2023 in Columbia, South Carolina.

SAVE THE DATE! The SCATA Secondary Schools Student Workshop is January 21, 2023 at Pelion High School. In addition to high school students' symposium, all athletic trainers are invited to attend to earn 5 category D CEUs. Registration is open on the SCATA website.

2023 SCATA Annual Symposium Call for Proposals

The SCATA23 Program Committee is requesting proposals for presentations at the 2023 SCATA Annual Symposium, July 12-14, 2023 at the Columbia Metropolitan Convention Center. The educational program is designed to share evidence-based best practices with athletic trainers in the state of South Carolina and provide continuing education units to meet DHEC and BOC requirements. The program is developed by invitation and review of proposal submissions.

Proposal submissions from SCATA members and nonmembers are welcome. Be sure to review the guidelines for each program format prior to submission. Additional information is available on the SCATA website: <https://scata.wildapricot.org/2023-Annual-Symposium>. The deadline for proposal submission is December 1, 2022.

Link to

submit: <https://docs.google.com/forms/d/e/1FAIpQLSekw9M4Hj6iRL9U89hGayNI493vHS3ICP58MQ0Ay3GR3ZbuJQ/viewform>