

## **Mat Lyden, MS, ATC, SCAT**

Mat has served as the Sports Medicine Institute Manager for Spartanburg Regional Healthcare System since 2007. He is charged with directing all athletic training and sports performance services as well as all operational sports medicine related program needs.

He previously worked as the Associate Director of Athletic Medicine for Baptist Sports Medicine, a division of St. Thomas Health Services in Nashville, Tennessee. Also during his tenure with Baptist Sports Medicine, Lyden served as Head Athletic Trainer for Lipscomb University (2001-04), Assistant Athletic Trainer for the Tennessee Titans (2000-01), and Athletic Trainer for John Overton High School (1999-2000). While pursuing his Master's degree, he was a graduate assistant athletic trainer for the Indiana University football program (1998-99) and was an intern athletic trainer for the San Francisco 49ers (1997).

In addition to his work experience, Matt has served the athletic training profession on multiple levels. He served as the SCATA Annual Symposium Program Committee chair for 7 years. He has also served on the NATA's Committee on Revenue, specifically working with the college and university value model (2011-13). Additionally Mat served as Test Site Administrator for the BOC Exam from 2002-2005.

Lyden holds a Bachelor of Science in Athletic Training and a Bachelor of Science in Exercise Physiology from West Virginia University (1998). He also holds a Master's of Science in Kinesiology from Indiana University (1999).