# MAATA STUDENT SENATE NEWSLETTER

MY PATIENT'S WELL-BEING IS MY FIRST PRIORITY.
I PROVIDE THOUGHTFUL, COMPASSIONATE
HEALTH CARE, ALWAYS RESPECTING THE
RIGHTS, WELFARE & DIGNITY OF OTHERS.

ATHLETIC TRAINER AS THE ADVOCATE FOR MY PATIENT'S BEST MEDICAL INTEREST, I MAKE COMPETENT DECISION: BASED ON EVIDENCE-BASED PRACTICE

I ACT WITH INTEGRITY.

I FULLY UNDERSTAND AND UPHOLD THE MEST POSSIBLE PATIENT CARE AT ALL TIMES.

I COMPLY WITH THE
LAWS AND REGULATIONS
GOVERNING THE PRACTICE OF
ATHLETIC TRAINING
AND I PLEOGE TO HAINTAIN
AND PROMOTE THE
HIGHEST QUALITY
OF HEALTH CARE





#### **NATA NEWS**

Have you submitted your NATA Research and Education Foundation Scholarship application yet? If not, you still have time! Applications are due by January 15th. Click <a href="here">here</a> for more information!

The NATA Student Writing Contest is also accepting applications until February 1st. Students enrolled in a professional AT program can submit original research, a literature review, or a case study!

Click here for more information.

Interested in supporting the NATA Research and Education Foundation?

You can support the foundation in many ways, such as using Amazon Smile or by making a donation in honor of someone who has impacted your life as an AT student. Click <a href="here">here</a> to learn more about how you can help support the foundation!

## Follow us on social media

Instagram:
@maata\_student\_senate

Twitter: @MAATA\_students

Facebook:
Mid Atlantic Athletic
Trainers' Association
Students

Website: https://www.maata.org/ studentsenate

### **District News**

#### MAATA STUDENT SENATE SERVICE PROJECT:

We have extended the nomination deadline for our service project! The Student Senate is in search of one ATC from each of the states in District 3 that could benefit from additional funding or supplies in their athletic training facility. If you or someone you know could benefit from a donation, please click <a href="here">here</a> to submit your nomination today!

The MAATA Student Senate has launched a <u>clothing store</u> to raise funds for this service project! The store includes a variety of clothing items specially designed for the winter weather. All proceeds from this fundraiser will support one of the previously selected ATs from each state in District 3 who may have budget restraints or may have lost supplies due to natural disasters. We were able to raise almost \$300 last year to provide supplies to the recipients of this service project, and we are hoping to raise even more this year!

If you have any questions about the MAATA Student Senate service project, please reach out to Kait Whipp, our service committee chair, at kwhipp1@students.Towson.edu.

#### OTHER DISTRICT NEWS:

MAATA Scholarship applications are being accepted until March 1st!

Click <u>here</u> to learn more about each of the scholarships and to access the online application. Don't miss out on this great opportunity to be recognized!

The MAATA Annual Symposium and Student Program will be held May 14th-16th. Keep on the lookout for more information regarding the annual symposium in the coming months!



# **Program Spotlight**

Bridgewater took full force during the Fall semester of 2020!

With new protocols implemented, it was a different environment for everyone. However, everyone was ecstatic that they completed a full semester in-person with a small percentage of covid cases. The students and faculty were able to come together during a tough time to balance new learning environments while maintaining student and professor relationships that is something Bridgewater values. Within the Athletic Training program, having the 2nd year students assist the 1st year students was a blessing in disguise. It allowed a bridge of cohorts that we don't always have to be built. As Dan Pfieffer once said, "Worry about everything but panic about nothing", one of Dr. Washington favorite quotes as it teaches us to pay attention but not to freak out, learn to deal with it when it comes.

Having great preceptors that worked alongside us during
this challenge helped the athletes and students alike. "This semester
provided more time for students to talk about all the little things ranging
from daily operations to evals and rehabilitations, to athletic training
ethics, which helped a better understanding and depth of knowledge", stated Meghan
Harris, an ATC at Bridgewater. While others agreed that typically during a
season it can be rushed with games and trying to get players back, but with COVID,
it's been somewhat relaxing; aside from all the other things going on. Sam
Buscher, ATC at Bridgewater stated, "I don't think anyone will forget this year
for a while, I'm impressed with the amount of planning, and coordination it
took to be successful this semester, and we did it!" This could not be
said more perfect for our school.



### BRIDGEWATER

COLLEGE

# **Program Spotlight**

- Bridgewater gives a huge shoutout to Ms. Ellen Hicks, for being awarded the Athletic Trainer of the Year for the college and university setting! She has done an amazing job and the athletes as well as the faculty and staff have adored her over the years.
- This past fall the student-athletes got together and contributed to a food drive where Bridgewater won for the most cans collected!
- The athletes, students, and faculty have tried bringing some light fun into the past semester by having fun days in the athletic training room like flannel day and dressing up for Halloween. The athletes dressed up on different days for practices which gave everyone a great laugh as well. Overall, the athletes had a great mindset on it all and worked well with the new accommodations that needed to be made.
- Chase Rosenthal, a senior athlete at Bridgewater stated, "Always remember the blessings we have; we can be a part of teams were in and to play the game we love. With all this time off, we may not have been able to play but we were able to strive on strengthening ourselves and eventually, we will play again." Heather Grant, ATC, LAT said it the best, "Everyone is super impressed by our students and staff and their ability to commit to doing anything it takes to be apart of their sport in a great college". Bridgewater cannot wait to take on 2021!





Is your program doing something cool? We would love to know!
Contact Rachel Gordon at rmgordon@email.sc.edu

### **D3 State News**



Maryland Board Of Physicians Updates:

The Board is preparing to submit to MDH proposed revisions to COMAR 10.32.08, regarding athletic trainers, to reflect statutory changes that went into effect October 1, 2020, and to include additional revisions for consistency with other Board regulations!



- Student Affairs will also be having a "Kick-off Event" on January 8th, 2021 from 6-7pm and the zoom link will be provided with the registration confirmation email!
  - Register here!
- Both the Annual Meeting and Student Symposium will be going virtual for 2021!
  - Live EBP presentation January 9th
  - Click here for more information!

### **D3 State News**



- The student program is being held separately from WVATA this spring - the date has not been set yet but it will be virtual!
  - More information to come



- Congrats to the newly elected positions in NCATA!
  - Vice President Elect Meredith Petschauer Begins March 2021
  - Treasurer Elect Jarrett FridayBegins March
     2021
  - 0
- Scholarships open until Feb 1st
  - 3 scholarships @ \$1,500 each!!!
  - 0
- NCATA YP Committee seeking new members who are within their first 8 years of certification





Nothing new to report