

MAATA NEWS

FALL 2005
www.maata.org

MID-ATLANTIC ATHLETIC
TRAINERS' ASSOCIATION

FROM THE DIRECTOR

Dear MAATA Colleagues:

It was great to see so many of you in Virginia Beach this May. It was wonderful to finally have some good weather to go along with a fantastic program. Since we met in May, the board of directors of the NATA has been very busy with our meeting in Indianapolis and monthly conference calls. The minutes of all of these meetings are available on the NATA web page, but I would like to highlight a few points.

The CMS issue was dismissed by the circuit court in Dallas. Their dismissal was based on jurisdictional grounds and they never ruled on the issue at hand. We have appealed the district court ruling and hope the appellate court will review the case soon. There is no timetable for this appeal or review but the National Athletic Trainers Association is committed to a) overturning the implementation of this rule; b) obtain a judgment that the rule is illegal; and c) protect our members' rights to provide athletic training services that they are qualified to do. I am sure that there will be much more news on this issue.



Charlie Rozanski
MEd, LAT, ATC
District Director

Our national symposium is scheduled for New Orleans in June. As each day passes, it becomes clearer that New Orleans' ability to host this meeting has been severely compromised by the devastation of the hurricane. Lori Marker and our meetings planning office are hard at work providing alternative sites should New Orleans be unable to host this meeting. As I am sure you recognize, planning a meeting of our magnitude takes years. To get the facilities, the infrastructure and our presenters to move the location and/or dates of the conference nine months out is a monumental task. While our meetings department and convention committee want to do everything they can to support the recovery efforts in New Orleans,

some difficult decisions will be made over the next few months. Special recognition needs to go to Dr. Sandra Shultz and her convention program committee for the additional strain this puts on them. On behalf of our district, I would like to thank Dr. Shultz and her committee volunteers for all of their hard work on our behalf. In addition to our relatively small problem, our hearts and prayers go out to all those affected directly by this terrible storm. The board of directors is looking at ways to financially support the recovery effort and more will be forthcoming over the next months.

Change of Address or E-Mail?

To those members who have moved.....we need your help. Your corrected contact information is requested. Please go to the NATA website "Members Only" section www.nata.org/members1/members.cfm (or click **HERE**) to update. Please be assured your information is secure. It will only be used for NATA and MAATA membership communication.

Thank you, MAATA Leadership

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FROM THE DIRECTOR....continued

By now you have probably heard about changes in the CEU reporting structure instituted by the Board of Certification (BOC). Beginning in 2006, CEU reporting will be staggered, based on the last name of the certified athletic trainer. If your last name begins with letters A-G, you will need to attain 25 CEUs by December 31, 2006. Those whose last name begins with letters H-O must attain 50 CEUs by the end of December 2007, and those in the P-Z range must attain 75 CEUs by the end of 2008.

I want to bring this important change in policy to your attention and to also use this opportunity to remind you of the programming provided by the NATA Continuing Education Committee (CEC). The CEC is responsible for providing high-quality programming to assist you in conveniently attaining your CEUs.

Their next scheduled program is the Weekend Workshop on "Muscle Energy Techniques for the Sacroiliac Joint," scheduled for January 13-15 in Dallas. This is an advanced level educational course involving presentation of theoretical concepts, opportunities for laboratory practice and integration of muscle energy techniques to the sacroiliac joint. **Participants will earn 15 CEUs, which may be of particular interest to those of you who are required to report CEUs in 2006.**

Additional information and registration materials are available on the CEC Web site (www.natacec.org). You'll want to check this site often for information about other workshops and online courses offered by the CEC.

If you have any questions about the Continuing Education Committee programming, please call the NATA national office at 800.879.6282 and ask for the Meetings Department or e-mail meetings@nata.org. If you have any questions about the reporting of CEUs, please contact the BOC at 877.262.3926 or e-mail staff@bocatc.org.

Finally, on the district level, I am pleased to report that the membership in Indianapolis voted to establish the Dr. William Prentice Athletic Training Scholarship. This \$2,000 scholarship, sponsored by our district, will be given to a deserving graduate student through the Research and Education Foundation. This award will begin with the 2006 awards ceremony at our national meeting. Thanks to our membership for recognizing the outstanding commitment that Dr. Prentice has made to athletic training education and to District 3.

In conclusion, it is truly an honor to serve as your representative to the NATA Board of Directors. If I can be of any assistance to you, please don't hesitate to contact me. Thank you again for your loyal support of athletic training.

Sincerely,

Charlie Rozanski, MEd, LAT, ATC
MAATA District Director

In Memory

Dr. J.M. "Mike" McWhorter, MD passed away at his home in Winston Salem, NC on March 15, 2005. Dr. McWhorter was a true friend of the athletic training and sports medicine community in Winston Salem, the State of North Carolina, and in District 3. He gave his time on numerous occasions to lecture at athletic training seminars both locally and nationally. Dr. McWhorter served as consulting team physician at Wake Forest University for several years, as well as providing physician services for many high schools in central North Carolina. With his passing, we have lost an excellent supporter of the athletic training profession, and one that will not be easily replaced.

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FROM THE SECRETARY/TREASURER

Fellow MAATA Members,

One of the most important jobs I have is to keep the members abreast of information that can assist them as they go about their professional pursuits. This fall's newsletter has a great deal of important items and I hope you will take a minute out of your already busy schedule to review its contents. Our website; www.maata.org is another place where you can visit for quick up to date information. Of course please feel free to contact me if I can be of any assistance or if you have suggestions that will help us serve you better.

Don't forget that we are quickly approaching the end of a CEU reporting period. If you have not done so already I urge you to report your continuing education units to the Board of Certification. The BOC is urging all of us to submit online! In this edition of the newsletter the BOC has provided us with an up date on the status of offering the certification exam "on-line".

At our May 2005 symposium in Virginia Beach Director Rozanski expressed his desire to serve another three year term as our district director. This second term is contingent upon a vote of confidence from the membership. In the next three weeks, each certified member of the MAATA/District III will receive a ballot in the mail. I hope each of you will participate in this process, express your opinion and return the ballot to me.



*Martin Baker
MS, LAT, ATC
District Secretary/Treasurer*

The program committee for our district symposium is already busy planning our May 2006 educational program. Please be sure to reserve May 19-21, 2006 and make your plans to attend our annual meeting. More information about our meeting will be presented in the spring newsletter.

I would like to thank each of you for the opportunity to serve you. It has been a pleasure and honor to serve this district and I look forward to continued service as your secretary/ treasurer.

Best,
Martin H. Baker, MS, LAT, ATC
MAATA Secretary/Treasurer

.....OF INTEREST

Washington Redskins Summer Internship

The Washington Redskins Athletic Training Staff has reserved one summer internship position for a junior/ senior athletic training student from district 3. Applications will be accepted beginning November 1. Deadline for application is January 15, 2006. Cover letter and resume should be sent to:

John F. Burrell ATC, Head Athletic Trainer
Washington Redskins, 21300 Redskins Park Dr.
Ashburn, VA 20148

Contact John Burrell at 703.726.7230 or at burrellj@redskins.com if you have additional questions.

CATA Annual Symposium

The **Canadian Athletic Therapists' Association** (CATA) will be hosting their annual symposium in Ottawa, Canada May 24-27, 2006. The CATA is an approved provider of the BOC. For more information please visit the symposium website at: www.CATA2006.com.

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MAATA STATE PRESIDENTS



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South Carolina Athletic Trainers' Association

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katkins@lander.edu
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MAATA COMMITTEE REPORTS

Clinical/Industrial/Corporate (C/I/C) Committee

- The C/I/C Committee is developing educational materials for practicing ATCs relative to the C/I/C settings and for the ATC Curriculum programs.
- C/I/C Committee is helping NATA with the ongoing CMS issues and the law suit filed by NATA.
- The C/I/C Committee is developing and working to implement outcome studies for the C/I/C settings. Any ATCs in Dist. 3 interested in helping in this study/ies should contact: John Lopez, ATC - Dist 3 C/I/C Rep., or Ken Rogers, PhD., ATC - Chair of the C/I/C Committee at the contact addresses below:
- The C/I/C Committee wants to know if any C/I/C ATCs have encountered any employment issues (losing jobs, gaining new jobs, transitioning in to or out of the C/I/C setting) due to any legislative, reimbursement, or educational issues/problems.
- The C/I/C Committee is actively looking for C/I/C ATC speakers to present at the Dist. 3 Symposium in May 2006.
- The C/I/C Committee is meeting in Wash. DC. in Feb. 25-28, 2006 in conjunction with "Hit the Hill Day" and the combined meeting of the Committees for Reimbursement, Governmental Affairs, Public Relations, and the Council on Employment. If you have any issues for us to discuss, please contact us at the contact addresses below:

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District 3 Representative
NATA CIC Committee
NATA Specialty Certification Committee
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MAATA COMMITTEE REPORTS

NATA Foundation Support



This past July, I became the District 3 Board of Director to the NATA Research and Education. Trying to fill the boots of the legendary Joe Gieck will not be an easy task! I hope to at least fill part of the boot-heels! In August of this year, I had the opportunity to visit the NATA headquarters in Dallas for an intensive orientation with each of the NATA Department Directors. As always when I have visited the national office and meet with the staff there, I come away with a greater appreciation for the hard work they do on behalf of the NATA membership.

The NATA Research and Education Foundation (NATA Foundation) does so much to support our profession. District 3 has greatly benefited from the NATA Foundation in regards to research grant recipients and scholarship recipients. District 3 through its dues-sharing provided the NATA Foundation with close to \$9000.00. We can be proud that our dues-sharing has been a plus for many of our district members as the district received back almost \$25,000.00 in grants and scholarships. Noted below are the research grant and scholarship winners. I only found one disturbing or negative note in the meeting in Dallas and that was in regards to individual contributions. As of 8/17/05, only 37 individuals made contributions to the NATA Foundation for a total of \$2438.00. The goals of the NATA Foundation revolve around education, scholarship and research for athletic trainers and athletic training students. All of which are important issues that affect each of us in some way as our profession grows and expands. The individual contribution is one of the areas that I hope to see us grow stronger as a district. District 3 is seen as one of the "leaders" in the NATA and within the NATA Foundation.

Contributing to the NATA Foundation is easy. When you renew your NATA membership, on-line or by mail, you can add a small donation to the Foundation to aid in the projects that support our profession. A donation form is also available in this newsletter or on-line at www.natafoundation.org. I encourage you to visit the website often and I also encourage our student members (undergraduate and graduate) to apply for the scholarships that are available.

Thank you for allowing me to serve in this capacity and thank you to all of you who give and continue to give to the NATA Research and Education Foundation. Congratulations to the individuals named below as 2005 research and scholarship winners.

Bob Casmus, M.S., LAT, ATC
District 3 Board of Director to the NATA-REF

Congratulations to:

- Jatin Ambegaonkar, M.S., ATC, CSCS, - UNC-Greensboro (Doctoral Research Grant)**
- Patricia Anivizio, BS, ATC & Kellie Guth, BS, ATC – Old Dominion Univ. (Master's Research Grant)**
- Matthew Grinsell, MD, PhD – University of Virginia (Doctoral Research Grant)**
- Scott Livingstone, MS, PT, ATC – University of Virginia (Doctoral Research Grant)**
- Yohei Shimokochi, MA, ATC – UNC-Greensboro (Doctoral Research Grant)**
- Ashley Arnott, West Virginia Wesleyan College (Undergraduate Scholarship)**
- Kerry Gordon, University of South Carolina (Master's Scholarship)**
- Alison Gardiner, University of South Carolina (Doctoral Scholarship)**
- Courtney Lane, West Virginia University (Undergraduate Scholarship)**
- Laura Marinaro, Salisbury University (Undergraduate Scholarship)**
- Margaret Miller, West Virginia University (Undergraduate Scholarship)**
- Jessica Moore, Old Dominion University (Master's Scholarship)**
- Erin Stanton, Salisbury University (Undergraduate Scholarship)**

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NATA RESEARCH & EDUCATION FOUNDATION PLEDGE FORM

Yes! I will rise to the challenge! It is time to take control of our future.

Name

NATA District #

Credentials

Employer

Address (Home Work)

City

State

Zip

My investment: \$10 \$25 \$50 \$100 \$250 \$ _____ Other

Check enclosed Charge \$ _____ to my: Mastercard Visa

Acct. #: _____ Exp. date: _____

Signature: _____

Pledge: I pledge \$ _____. Enclosed is my first payment of \$ _____.

Bill me quarterly Debit my credit card quarterly

Honorariums/Memorials: (Minimum gift \$50)

My gift is in Memory Honor of: _____

Got Your CEU's?

Need CEU's to Meet Your '05 Requirements? NATA Virtual Library Has Online Courses

NATA's Virtual Library of Educational Resources, offered through the Continuing Education Committee, gives certified athletic trainers the opportunity to earn CEUs by taking courses online. The courses combine media (video, text, audio, graphics, animations) to create an effective learning tool.

6

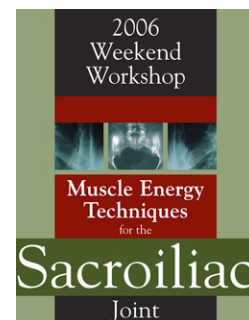
Right now, the Virtual Library offers ten high-quality courses that have been approved for CEUs.

NATA's 2006 Weekend Workshop "Muscle Energy Techniques for the Sacroiliac Joint"

An Advanced Level educational course involving presentation of theoretical concepts, opportunities for laboratory practice, and integration of muscle energy techniques to the sacroiliac joint. Participants will earn 15 CEUs.

January 13 - 15, 2006, Dallas, TX

- Click [HERE](#) for complete information
- Click [HERE](#) to register online



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MAATA COMMITTEE REPORTS



Ethnic Diversity Advisory Committee

Another successful mentoring session was held at the NATA Annual Convention. Students were escorted by EDAC members and attended sessions in the career center, viewed poster presentations and mingled with vendors in the exhibit hall. The afternoon concluded with lunch at Shula's Restaurant. Thanks to all who helped!

Don't forget about the next EDAC Enhancement Grant deadline: **December 1st**. Please visit our website at www.edacweb.org for more information.

Remember that nominations are being accepted for the Bill Chisolm Professional Service Award. They are due by **November 15th** and the nomination form can be found on the NATA website: www.nata.org/foms/2005.08.nominations.htm. Or you may contact Lori Vazquez (lvazquez@nccu.edu) with your District III nomination.



Program Planning Committee

Call for Presentations

Planning for the 2006 Mid-Atlantic Athletic Trainers' Association's Annual Meeting and Symposium is well underway, and the Planning Committee is issuing a call for three types of presentations:

- A graduate student talk (1 hour),
- Undergraduate student short presentations (15 minutes each),
- and two different types of poster sessions (open to all District 3 members).

Please look over the qualifications/limitations in each category below and help us get the word out. The web site has more detailed information.

MAATA Call For Graduate Student Presentation Abstracts

Abstracts are currently being accepted for one oral presentation at the 2006 Mid-Atlantic Athletic Trainers' Symposium. Abstracts must be submitted by graduate students in order to be considered. The graduate student must be enrolled in an institution within District 3. Abstracts submitted for presentation may include original research, clinical case studies, or reviews of literature. The graduate student chosen will have a one-hour time slot for an oral presentation (50 minutes of presentation, with time for questions at the end). The chosen presenter will also have his/her registration fee for the MAATA Annual Conference waived, and one night's lodging at the Conference hotel. Selection of presentation will be competitive. Deadline: March 10, 2006.

For more information, Contact Dr. Alice McLaine (mclainea@winthrop.edu) or view the MAATA web site.

MAATA District 3 Call For Student Presentation Abstracts

Abstracts will be accepted for Student Oral Presentation at the 2006 Mid-Atlantic Athletic Trainers' Symposium until March 10, 2006. Abstracts must be submitted entirely by students in order to be considered. Only undergraduate students are eligible. Students must also be enrolled in a college/university within District 3. Abstracts submitted for presentation may include original research, clinical case studies, or reviews of literature. Each presenting group should consist of one to four (1 – 4) student presenters. Presentations will be 15 minutes in length, including a brief question and answer period. A faculty sponsor from the institution is responsible for making sure the presentation is of professional quality. Selection of presentations will be competitive with no reserved slots for any institution. More information is available on the MAATA web site.

MAATA District 3 Call For Abstracts For Poster Presentations

The Mid-Atlantic Athletic Trainers' Association is calling for poster abstracts for the 2006 Symposium to be held in Virginia Beach, VA. This year's poster presentations will include two sessions; one devoted to clinical research and a second for case studies. Each session will feature up to twelve posters. Any NATA member is welcome to submit an abstract, but preference will be given to District 3 members. The deadline for abstract submission is March 10, 2006. More information is available on the MAATA web site.

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STATE REPORTS



Maryland Athletic Trainers' Association



ANNUAL SPORTS MEDICINE CLINIC

JANUARY 13, 14, & 15, 2006

All District 3
Members Welcome!



CADAVER WORKSHOP January 13

KNEE & ANKLE SYMPOSIUM

CLINICAL SYMPOSIUM January 14

In-depth Review of conditions and injuries, with an emphasis in cartilage repair & restoration & ATHLETIC TRAINING STUDENT CADAVER WORKSHOP January 15



South Carolina Athletic Trainers' Association

The South Carolina Athletic Trainers' Association held their annual symposium in July at the Columbia Hotel and Conference Center. A record number of attendees were present for the outstanding program presented. Members receiving the *NATA 25 Year Award* were **Scott Douglass**, ATC, SCAT, **Kevin Ennis**, ATC, SCAT and **Craig Harward**, ATC, SCAT. Receiving the *NATA Service Award* was **Al Hawkins**, ATC, SCAT. In addition, receiving recognition was **Rod Walters**, ATC, SCAT for his induction into the *NATA Hall of Fame*. **South Carolina State University** received the SCATA College and University *Staff of the Year Award*. Lastly, **Fred Williams**, ATC, SCAT was recognized by the South Carolina Coaches Association as the *Athletic Trainer of the Year*. Congratulations to all of our SCATA members!

SCATA will be hosting it's annual **Barbeque at the Blatt** for the South Carolina Legislature on *Wednesday, February 1st, 2006*. More information will be forthcoming later in the year. The 2006 SCATA Symposium will be *July 13-14* at the Radisson Hotel (formerly the Sheraton), Columbia. Please look for more information in March on the SCATA website, www.scata.org.



North Carolina Athletic Trainers' Association

NCATA Annual Meeting

March 10-12, 2006

The Hilton Charlotte Executive Park

Please contact Mike Guerrero for additional information at mgatc@aol.com



Virginia Athletic Trainers' Association

VATA Annual Symposium

January 13 – 15, 2006

Williamsburg, VA

Washington DC Athletic Trainers are welcome to attend at the VATA member rate.

For more information go to www.vata.us.

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BOC Exam Update

Update — BOC Exam Transition

In March 2005, the Board of Certification (BOC) announced the start of the process to transition delivery of the BOC exam to one using computer based exam (CBE) delivery. The process we are undertaking is the redesign of the current examination; creating a single exam to assess cognitive skills, clinical decision making and practical skill applications as outlined in the BOC Role Delineation Study. The transition will allow the BOC to continue to administer a valid and reliable exam program in a format that provides the most cost effective delivery to the greatest number of candidates at secure testing centers.

Other benefits of the transition to a CBE delivery format are:

- Decreased travel cost and travel time for candidates
- Scheduling flexibility — the candidate chooses their exam date within the prescribed “testing window”
- Allowing international candidates to take the exam in their home nation

What does this mean to the class of 2006?

All candidates who are currently retaking the exam or will be doing so for the first time through the spring of 2006 will take the BOC exam in its current format.

What is happening to the Practical?

As you know, all accredited AT education programs are required to assess psychomotor skills throughout a student’s educational program. This is a CAAHEP requirement for program completion and graduation. The BOC’s new exam format will allow the BOC to assess the candidate’s *application* of the knowledge and skill required of them as entry-level practitioners (e.g., critical decision making).

How will the BOC communicate the changes (i.e. schedule, format, transition process) to program directors, students, certified ATs and the public?

The BOC is committed to sharing each step of the process with all our stakeholders. We will be using a variety of communication tools to report to all interested parties about the transition and the redesigned exam. The methods we will be using include but will not be limited to:

- Interactive Web casts
- Frequent updates on the BOC web site
- Email: e-blasts
- Mailings
- Meeting Presentations (Michigan Athletic Training Society (MATs — Student and AT sessions, SEATA Educators, SEATA Student, and the NATA Annual have been scheduled so far)
- Virtual meetings and conference calls with program directors
- Sample exam items available via BOC web site in computer delivery format
- Beta testing by program directors

Once the information on the new format has been shared with all current and potential candidates, the BOC will begin the process of delivering part of the exam via computer. We will be following the same process as when the BOC added the written simulation items to the exam. Candidates will take the new exam format in combination with the current exam. Psychometric consultants will evaluate the validity and reliability of the redesigned items.

So what’s the next step?

The BOC will be presenting a web cast on November 6, 2005 from the Michigan Athletic Trainers’ Society meeting. The major focus of the November 6 presentation will be to:

- Provide information on the examination development process
- Provide background on the transition from paper & pencil delivery of the BOC to computer delivery
- Dispel myths and rumors about the exam sections

If you are unable to attend the live presentation, the entire web cast will be stored and available by the public from the BOC web site beginning November 7, 2005. You can tailor the use of the information in the presentation to best assist your students and staff.

To register for the web cast go to <http://chpweb.cmich.edu/matsowl/>

You can *Be certain*™ that the BOC is committed to keeping you informed on each part of this transition. We will be contacting you again after the November 6th presentation. If at any time, you have questions, please don’t hesitate to contact us at staff@bocatc.org.

SUPPORTERS OF THE MAATA

The MAATA would like to thank the following for supporting our profession and our association. Please visit their web site by clicking the links below.

Breg

www.Breg.com

School Health Supply & John Miller

www.Schoolhealthsupply.com

Footmanagement

www.footmanagement.com

MAATA News

This electronic newsletter is published twice a year by the Mid-Atlantic Athletic Trainers' Association, for its members. For information contained in this newsletter or to submit articles/ideas, please contact the MAATA Secretary/Treasurer:

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