

From the Director

Dear Fellow Members of the MAATA,
This is the first opportunity I have had to address many of you as your District Director. Let me start by saying that I wish to thank both Rod Walters and Charlie Rozanski for their strong leadership and mentoring skills during my years of service as your secretary and treasurer.

The past few months have been a busy time for the Association. The Association began distributing *Range of Motion*, an e-mail based newsletter which replaces monthly e-blasts. *ROM* will provide expanded information to the membership in addition to having advertisements to generate additional income which in turn keeps the cost of your dues stable. This is part of the Association's attempt to keep you (the membership) informed about important issues in a timely manner.

I would also like to congratulate the Maryland Athletic Trainers' Association for their successful efforts at achieving legislation. With the passage of the bill in Maryland we now have 46 states with some form of regulation at the state level regarding the practice of athletic training. We are one state closer to our goal of having legislation in all 50 states. This is an exciting time for our profession. I hope each of you had an opportunity to view the story on the *Today Show* regarding heat illness and your association's new Pre-Season Heat Acclimatization Guidelines. If you did not there is a link to the story on the [NATA Website](#), I am sure you will agree it is a great story that reflects very well for our profession.



*Martin Baker
MS, LAT, ATC*

Continued on page 2.



*Patricia Aronson,
PhD, ATC*

From the Secretary

Dear District 3 Members,
Greetings from Lynchburg, Virginia! I have held the office of Secretary of District 3 for a little over three months, and I can't believe how much I've learned about the governance structure of a NATA district. Even though I had a pretty good idea of what the job entailed, when I submitted my name for it, I didn't know exactly all I would be doing in the position. For example, I didn't know there is a NATA District Secretaries/Treasurers Committee that meets twice per year; at the NATA annual meeting and in Dallas in January (it's a fun group). Further, I didn't know that putting together a district newsletter takes about two months (but it's been fun). Writing minutes for our meetings has been challenging (but worthwhile). I've been fortunate to have a patient mentor and Director who is helping me learn the ropes; every rookie should be so lucky. I describe these three aspects of my job as District 3 Secretary to let you know that it's been a busy, but a rewarding and fun position, and I want to thank you for giving me the opportunity to do the job.

I do have one request of you at this time: please go the NATA website and update your membership information. This is vital in keeping you in touch with the District through the Newsletter, e-blasts, voting privileges, and other pertinent information. You will notice that my name and e-mail address is published here; I extend an offer to contact me with comments regarding the Newsletter, website, or any issue regarding the MAATA.

Let's keep in touch,
Pat Aronson, District Secretary MAATA

Director Baker's letter continued from Page 1.

Special congratulations go to the athletic training staff at Cary High School in North Carolina. Because of their prompt professional actions a student athlete is alive today. There is more about this story in the newsletter, but their efforts are worthy of a special shout out!

I am especially excited about our youngest members of our profession. Our quiz bowl team placed second in San Antonio after a late surge fell just short. In the District our student senate put on a great educational program in May at our annual symposium and business meeting with over 150 students attending. In June Jay Sedory became our new District representative to the Young Professionals' Committee. If you are a young professional in the District you will be hearing from Jay. I encourage our young professionals to work with Jay and establish a vibrant, supportive network that is a model for other districts and more importantly a resource for each of you as you begin your career in athletic training.

Are you interested in becoming more involved? The national office is currently putting out a *Call for Involvement*. This is a great way for you to get connected in a meaningful way. For more information please visit the [NATA Website](#) and express your interest to "get involved."

With all the discussion about health care in Washington I would encourage you to visit the [NATA Legislative Center](#) and send a note to your members of Congress encouraging them to support this bill. At last count only 10% of our membership has used this easy means of letting your members of Congress know how important their support of H.R. 1137 is to our profession. I challenge each of you (whether you are a new student or a seasoned professional) to get in touch with your legislators. If you have a special relationship with a member of Congress, please contact me as every inroad is helpful.

Since coming to the Board no issue has been discussed and worked on more intensely as our lawsuit with the APTA. I thought Past Director Rozanski put it so eloquently when he indicated this has always been about our right to practice under the terms and conditions of state regulations. The agreement in principle reached between the NATA and APTA is the result of hard work by the Board of Directors (current as well as past), strong guidance from our legal counsel (Paul Genender) and Executive Director (Eve Becker-Doyle) and leadership from two great NATA Presidents, Chuck Kimmel and Marje Albohm. When all is said and done I am confident that you will be as proud of the outcome as I am.

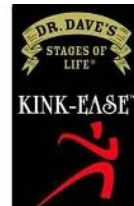
I encourage each of you to participate in the election for NATA President between Joe Iezzi and current NATA President Marje Albohm. This is an important time for our profession and we require strong leadership at the top. It is crucial that your voice be heard on this important election.

Thank you for allowing me the opportunity to serve as your District Director. Please feel free to contact me with any thoughts or concerns.

Sincerely,
Martin Baker, District Director MAATA

Supporters of the MAATA

The MAATA would like to thank the following companies for supporting our profession and our association. You may contact them by visiting their web site or emailing them.



www.stages-of-life.com



www.teambiomed.com



[Email](#)



www.bobmccloskey.com

ACES Preparatory Workshop

www.wm.edu/sportsmedicine/aces.html

Contact Information Change?

To those members who have moved....we need your help. Your corrected contact information is requested. Please go to the NATA website "Members Only" section at www.nata.org/members1/members.cfm (or click **HERE**) to update. Please be assured your information is secure. It will only be used for NATA and MAATA membership communication.

Thank you, MAATA Leadership

From the Treasurer

I hope this message finds everyone doing well. As we all scramble to stay afloat in what is always a busy period, try and take time to remember what are truly the most important things in our lives and work to strike a balance. I am happy to say that a recent review of our financial records by our accountant shows the District is on solid ground. A tremendous turnout at the District Meeting in Virginia Beach helped the bottom line. Brent Arnold and the Program Committee are already at work on the 2010 meeting. Please plan on being at the Cavalier Hotel in Virginia Beach on May 14-16, 2010.



*Michael J. Hanley
MS, LAT, ATC*

I would also like to take the opportunity to thank Doug Wilson and the Site Selection Committee for their hard work in securing properties for the 2011-13 District Meetings. I have been in contact with both the Hyatt Regency Reston and the Hyatt Regency Greenville and I can assure you they are excited about having us. Good luck to all during the busy fall season. If I can be of any assistance, or if you have any comments or questions, please don't hesitate to contact me.

Sincerely,
Michael J. Hanley, Treasurer

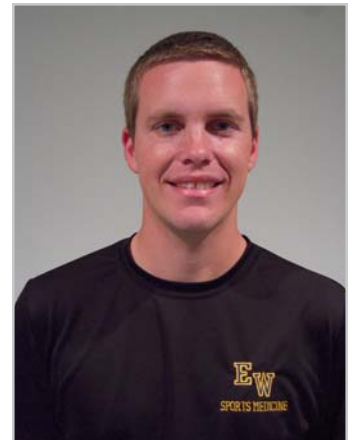
ATCs in the News

A tragedy was averted this pre-season by the actions of three Wake County Athletic Trainers on August 14, 2009. A Cary High School player collapsed on the sidelines during a multi-team football scrimmage at Wakefield High School, and within a few minutes required the assistance of CPR and an AED. Kudos to the quick actions of Certified Athletic Trainers **Eric Hall** (Cary High School), **Brent Dorenkamp** (Wakefield High School) and **Marc Mooney** (East Wake High School), and the Wakefield HS team physician **Dr. Rosenblum** for recognizing the situation and providing medical assistance until EMS arrived. The sophomore high school athlete was successfully revived, transported to the hospital and is expected to make a full recovery. Hall credits the education, practicing for emergency situations, and yearly recertification in CPR/AED that he and his colleagues' receive as Certified Athletic Trainers in handling the situation professionally. "I guess you're so trained for it, and then when it happens, you just kick in and do what you're supposed to do," Hall explained. Not only do these three athletic trainers work within the Wake County School system; Eric Hall '98, Brent Dorenkamp '98, and Marc Mooney '04 are all East Carolina University Alumni!

Please [click here](#) to watch a related video.



Eric Hall



Marc Mooney



Brent Dorenkamp

Save the Dates!

VATA Annual Meeting & Symposium
January 15-17, 2010 Charlottesville, VA

WVATA Student Symposium
February 5, 2010 University of Charleston, Charleston, WV

WVATA Annual Symposium
February 6, 2010 Marriott Hotel, Charleston, WV
Held in conjunction with the WV Orthopedic Society.

MAATA Annual Meeting
May 14-15, 2010 Virginia Beach, VA

MATA State Meeting & Symposium
June 4-5, 2010 (tentative) Location: TBD

SCATA Annual Meeting
July 8, 2010 Radisson Conference Center, Columbia, SC

MAATA KUDOS!

We would like to say a special THANK YOU to the following District 3 Athletic Trainers!

Jay Sedory, MEd, ATC, EMT-T

USMC The Basic School, Quantico, VA

For getting the NATA Young Professionals Committee in District 3 off to an excellent start.

Colleen McTammany

Athletic Training Student, West Virginia Wesleyan College

For getting the National Athletic Trainers' Student Committee (NATSC) off to a great start.

Joshua Geruso, MS, ATC

Assistant Athletic Trainer, NC State Sports Medicine

For working on our District 3 website throughout the summer.

Sue Raedeke MA, ATC, LAT

ECU Athletic Training Education Program

For writing for the D3 Newsletter and for submitting District notes to the NATA News.

Renée Cork, ATC

Assistant Athletic Director for Sports Medicine,

The College of William & Mary

For diligence as the Chair of the MAATA Scholarship Committee.

MAATA State Leadership

Virginia Athletic Trainers' Association

Meg Thompson thompsonmf@longwood.edu

Click [Here](#) for VATA Web Site

Maryland Athletic Trainers' Association

TJ Morgan morgant@archbishopspalding.org

Click [Here](#) for MATA Web Site

North Carolina Athletic Trainers' Association

James R. Scifers jscifers@email.wcu.edu

Click [Here](#) for NCATA Web Site

DC Athletic Trainers' Association

(No contact at this time.)

South Carolina Athletic Trainers' Association

Raz Razayeski jrazaye@clemson.edu

Click [Here](#) for SCATA Web Site

West Virginia Athletic Trainers' Association

Joe Blaus jblaus@verizon.net

Click [Here](#) for WVATA Web Site

MAATA News

This electronic newsletter is published twice a year by the Mid-Atlantic Athletic Trainers' Association, for its members.

For information contained in this newsletter or to submit articles/ideas, please contact the MAATA Secretary:

Patricia A. Aronson, PhD, ATC, Lynchburg College aronson@lynchburg.edu

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FROM THE NCATA



Congratulation to the NCATA 2009 Athletic Trainer Award Winners, who received awards during the 2009 NCATA Symposium in March. These awards are presented to an Athletic Trainer licensed by the NC Board of Athletic Trainers Examiners who is nominated by a peer in the NCATA.

Steven Ashby

Mt. Pleasant High School

Secondary School Athletic Trainer of the Year

The award is presented to an Athletic Trainer licensed by the NC Board of Athletic Trainers Examiners who is nominated by a peer in the NCATA.

John Marcus

UNC- Chapel Hill

College/University Athletic Trainer of the Year

The award is presented to an Athletic Trainer licensed by the NC Board of Athletic Trainers Examiners who is nominated by a peer in the NCATA.

Janna Fonseca

Carolina Family Practice and Sports Medicine in Cary

Clinical/Industrial/Professional Athletic Trainer of the Year

The award is presented to an Athletic Trainer licensed by the NC Board of Athletic Trainers Examiners who is nominated by a peer in the NCATA.

Jill A. Manners

Western Carolina University in Cullowhee

Educator of the Year

The award is presented to an Athletic Trainer licensed by the NC Board of Athletic Trainers Examiners who is nominated by a peer in the NCATA.

Joe Cutler

Mt. Pleasant Family Physicians

Sports Person of the Year

The award is presented to a person dedicated to the health care profession who has made major contributions to the promotion of the Science of Athletic Training and is nominated by a peer in the NCATA

Greensboro Orthopaedics

Corporate Service Award of the Year

The award is presented to a business, medical practice or organization that has supported healthcare services above and beyond the expected in support of athletic trainers and is nominated by members of the NCATA.



L-R Steve Ashby, Janna Fonseca, Marc Davis, and Jill Manners.
Photo by John Burney.

NCATA Hall of Fame Inductees

Dr. Rick Proctor

Professor of Exercise Science
High Point University

Dr. Daniel Hooker

Associate Director of Sports Medicine
University of North Carolina at Chapel Hill

Hall of Fame Nominees must have been Certified Athletic Trainer for at least 20 years and member of the NCATA for at least 15 years.



Dr. Ricky Proctor and wife.
Photo by John Burney



Dr. Daniel Hooker and wife.
Photo by John Burney

NCATA wins 2008 Dan Campbell Legislative Award

The 2008 Dan Campbell Class II Legislative Award has been given to North Carolina. The Class II award is for efforts to keep the profession and its issues visible in the minds of policymakers. As a result of the tragic deaths of 5 student athletes in 2008, the public and press turned its attention to the safety of secondary school sports. NCATA contacted all major media outlets, every member of the legislature, and secondary school administrators regarding the importance of athletic trainers. As a result, NCATA is well placed to influence the ultimate action of the legislature. The NCATA and Arkansas ATA (which was awarded the Class I Award for legislative efforts in 2008) were recognized at the State Leadership Forum in San Antonio, held on June 16th.

FROM THE VATA



2009 Secondary Schools Scholarships

The 2009 VATA Secondary Schools Scholarships were awarded in June to two highly-qualified students.

First-Place Winner (\$1,000)

Troy Thornton, Brook Point HS

Stafford, VA

Sponsor: Chris Serafin

Runner-up (\$500)

Caitlyn Richbourg, Battlefield HS

Haymarket, VA

Sponsor: Christi Nelson

Troy is attending George Mason University this fall, and Caitlyn is attending James Madison University. The VATA congratulates Troy and Caitlyn!



Sponsoring AT Chris Serafin, scholarship winner Troy Thornton, VATA President Meg Thompson.

Congratulations to Heather Murphy and the Virginia Athletic Training Association for winning Honorable Mention in the Best State Association category for National Athletic Training Month Public Relations in 2009! The entries this year were plentiful & the competition excellent. Not only did the VATA win Honorable Mention in the Best State Association category for 2009, they also won the award for their efforts during National Athletic Training Month in 2008. Thanks to everyone who entered the contest & worked so hard to promote the profession of athletic training. Everyone wins when all of us work together to educate the public on athletic training, and we challenge all District 3 states to following the VATA's lead in promoting the profession.

Congratulations to Mandy Watts, Athletic Training Student at Lynchburg College

Mandy Watts received the Del Humphrey Memorial Scholarship from the NATA in June in San Antonio. Mandy is currently the President of Lynchburg College Student Athletic Training Club and a LC LEADS participant and facilitator. She is an active member of several honor societies and associations at Lynchburg College, including the Student Activities Board. Mandy is pictured below with **Patricia Aronson**, ATC (Faculty Sponsor) and two favorite ACIs, **Tom Bowman**, ATC (Lynchburg College) and **Katie Bowman**, ATC (Appomattox High School).



2009 Coventry Commonwealth Games

The Virginia Athletic Trainers' Association (VATA) teamed up with the Edward Via Virginia College of Osteopathic Medicine (VCOM) to provide medical coverage for the 2009 Coventry Commonwealth Games, the state amateur games of Virginia. Participants in the Coventry Commonwealth Games include more than 9,000 athletes of all ages competing in over 60 sports. While competitions are held at multiple sites throughout the year, most of the events took place July 17-19 in the greater Roanoke area. Certified athletic trainers providing coverage were: **Heather Murphy**, Fairfax County Public Schools; **Aaron Taylor**, Danville Orthopedic Clinic; and **Meg Thompson**, Longwood University. Athletic training student **Ashley Allen** of Lynchburg College also assisted with Games coverage. Physician coverage was provided by VCOM fellows **Matt Boyer** and **John Tait**. Medical coverage was coordinated by **Dr. John Heil** of Psychological Health, Roanoke.

Coverage of the 2009 Coventry Commonwealth Games was the result of unprecedented collaboration between Virginia Amateur Sports, Incorporated (producers of the Games), VCOM, and the VATA. It was a very successful venture, both in terms of providing a high standard of care for the athletes in the Games, and in terms of forging professional relationships with VAS and VCOM. The VATA looks forward to working with VAS and VCOM on similar ventures in the future.

On behalf of the VATA, many thanks to Heather, Aaron, Meg and Ashley for volunteering!

FROM THE MATA



The MATA is embarking on our rules and regulations for our recently enacted law. It is expected to take 18 months. We have been told that licenses will be issued beginning October 1, 2011.

Our website has changed. Visitors should go to www.marylandathletictrainers.org to see the newly redesigned site.

In May at our state business meeting the MATA inducted three members into the Hall of Fame.

Gary Horsmon, PA, ATC, currently works for Johns Hopkins Orthopedics as a Physician's Assistant. He was the Head Athletic Trainer for John's Hopkins University for nearly 14 years, and has given 20 years of service in the state of Maryland. A figure head and leader of one of our first legislative pushes, Gary paved the road for us to be where we are today. As such, his membership in our Hall of Fame was deserving.

Tony Zaloga, ATC, the Head Athletic Trainer for Frostburg University has spent his entire career at Frostburg. He revolutionized the athletic health care system in western Maryland over the last 30 years and laid the groundwork for the accreditation Frostburg's Athletic Training Education Program attained. Tony's hard work and dedication has been duly noted as he is now a member of the Hall of Fame.

Paul Welliver, ATC, is a well known figure in the state of Maryland and his home town of Carroll County, MD. Paul brought athletic training care to Carroll County in 1984 and 20 plus years later is still pushing hard to solidify the position of athletic trainers in Maryland. A past president, Paul has served in many capacities and is now a Hall of Fame member.

Our tentative Symposium Date is *June 5, 2010*.

MATA Committee Chairs

Legislative - Thad Moore

PAC - Thad Moore

Nominations & Elections - OPEN

Clinical & Emerging Practices - Stephanie Adams

Education & Research - Kasey Rolfes

Continuing Education - Amy Magladry

Events Coverage - Maureen Thompson

Honors & Awards - John Bielawski

Membership - Tom Morgan

Newsletter - Kevin Domboski

Public Relations - Randy Toth

Secondary Schools - John Glover, Ben Waples

FROM THE SCATA

South Carolina
Athletic Trainers'
Association



The South Carolina Athletic Trainers' Association hosted our Annual Symposium and Business Meeting in July with a record 285 in attendance. During the



Mark Buchman

business meeting the Terry Lewis Memorial Scholarships was presented to **Joe McDevitt**, an undergraduate attending Lander University, and **Daniele Albert**, a graduate student attending The University of South Carolina. In addition, the first annual Hannah Sobeski Memorial Scholarship, presented to a SCATA members child attending college, was awarded to **Jennifer Nelson**, daughter of Gary Nelson. Jennifer is attending Wingate College where she is following her father and majoring in Athletic Training.



Jim Catoe

Mark Buchman was named the SC High School League Athletic Trainer of the Year. **Jim Catoe** was the recipient of the President's Award in recognition of his long time dedication and support to our association. **Barry Atkinson** was presented the Founders' award honoring his tireless efforts and hard work in our profession. We would also like to congratulate Barry on being the first Athletic Trainer inducted to the SC High School League Hall of Fame.



Barry Atkinson



Jennifer Nelson



Danielle Albert

In February, SCATA will be hosting the annual BBQ at the Blatt with our state legislators. Lastly SCATA is very excited that our state will be hosting the 2012 and 2013 MAATA symposium.

FROM THE NATA



Tentative Settlement Reached In Fair Practice Lawsuit

Subject to approval from each association's Board of Directors, NATA and the APTA have reached agreement in principle to resolve all matters in dispute between them in the antitrust lawsuit NATA brought against the APTA in early 2008. The agreement was reached after representatives from NATA and the APTA held productive settlement discussions in Washington, D.C., on Aug. 30-31. NATA was represented by President Marje Albohm, Executive Director Eve Becker-Doyle and legal counsel Paul Genender of K&L Gates LLP. Further details will be announced as available.

Reprinted from Range of Motion e-newsletter, 9/8/09.

Resource of the Week...for Physicians

[Improve Your Practice](#) from NATA

Be sure to read the Emory Sports Center case study regarding the effect athletic trainers have on patient throughput and revenue generation in the Primary Care Sports Medicine Practice. Several other physician resources are available, including a video about athletic trainers as physician extenders.

Reprinted from Range of Motion e-newsletter, 9/8/09.

NATA Presidential Election

Voting in the [NATA Presidential Election](#) ends Sept. 30. Candidates are Marjorie J. Albohm, MS, ATC, and Joseph A. Iezzi, MS, ATC, PES. Eligible members with valid e-mail addresses on file will receive their ballot via e-mail, and those without valid e-mail addresses will receive a hard copy ballot in the mail. Check out the latest Q&A with the candidates at the Young Professionals section of the Web site.

Reprinted from Range of Motion e-newsletter, 9/8/09.

2009 Jack Cramer Scholarship

In conjunction with Cramer Products, the NATA Secondary School Athletic Trainers Committee has announced the 2009 Jack Cramer Scholarship recipient, a \$2000 scholarship awarded to a high school senior who intends to pursue a career as a certified athletic trainer in a secondary school setting. A finalist is selected from each District and the overall winner is then chosen. Congratulations to **Lauren Norton** from Chapel Hill, NC as the District 3 finalist for this year's award. The overall winner of the 2009 Jack Cramer Scholarship is Amanda Kroymann from Elkhorn High School in Nebraska.

National Athletic Training Month PR Contest

The NATA Public Relations Committee has announced the recipients of the 2009 National Athletic Training Month Public Relations contest. The NATA awards the efforts of state organizations in promoting the athletic training profession during March. Congratulations to the **Virginia Athletic Trainers Association** for receiving Honorable Mention in the Best State Association category! (See page 6 for more).

Call for Involvement 2009-2010

We need your skills, expertise and perspective to enhance NATA and help build its volunteer program! We are excited to invite you to respond to NATA's annual Call for Involvement. This is NATA's way of identifying members willing to go the extra mile by sharing their time and talents with their association and colleagues. By signing up, you will be able to:

CONNECT with your peers
CONTRIBUTE to important NATA projects and initiatives
REPRESENT the association and profession

To answer the Call for Involvement, you must complete your online [Volunteer Profile](#). NATA will make every effort to assign all volunteers, but keep in mind there are only so many positions open. We will forward the names of those members interested in service at the state and/or district levels to the appropriate District Secretary/Treasurer.

[Click Here](#) to read more.

Reprinted from Range of Motion e-newsletter, 9/14/09.

NATA Membership Deadlines

Don't Let your NATA Membership Lapse!

On February 15, 2010, the NATA will suspend those members who have not renewed their dues for the coming year. On October 1st the NATA will take suspended members and make them non-members.

Continuing your NATA membership is a simple process. You can go to www.nata.org and select NATA Membership; select "Join NATA/Renew" from the drop down menu. If you like, you can just call the membership department at (800) 879-6282 and they can take your payment over the phone. If you renew online, you'll get a \$5 discount on your dues, plus, if you update your demographic information online (email, phone number, job setting info) before June 15 you'll be automatically entered in a drawing to win free registration for the NATA Annual Meeting. The NATA is an organization that is completely dedicated to serving the needs of its members. An organization that's focused on the present **and** the future of the athletic training profession. We really need your voice to be heard in our district! Please join NATA today!

Over 450 Attend 2009 Symposium

The 2009 Symposium and Business Meeting was a great success with over 450 people attending including 150 students. Proceedings and other information about the 2009 Meeting will be available soon on our [website](#). Thanks to the many volunteers that worked so tirelessly on this event.

2011-2013 Site Selection Ballot

The site selection process for the **2011-2013 MAATA Symposium and Business Meeting** has been completed. We are going to VA Beach in 2010, northern Virginia in 2011, and Greenville, SC in 2012 and 2013. Additional information will be provided on our website in the near future.

2009 NATA Awards to District 3 Members

NATA AWARD WINNERS

Jill A. Manners

Western Carolina University
Athletic Training Service Award

Athletic Training Students

Western Carolina University
Athletic Training Student Challenge Award

Ashley Littleton

Salisbury University
Bobby Gunn Leadership Award
District 3 Recipient

J. Troy Blackburn

UNC- Chapel Hill
New Investigator Award
presented in Honor of Freddie Fu

CUATA AWARD WINNERS

Mike Hanley

East Carolina University, NC
Division I Athletic Trainer of the Year

Arianne Davis

Lees-McRae College, NC
New Horizon Award

Congratulations to All!

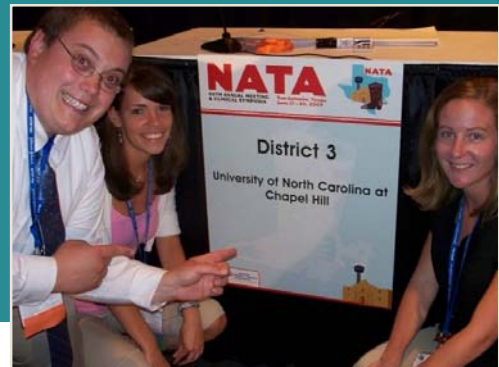
FOR ATHLETIC TRAINING STUDENTS

District III Quiz Bowl Team Places 2nd at Inaugural National Quiz Bowl

The MAATA would like to congratulate the District III Quiz Bowl Team from the University of North Carolina - Chapel Hill on their 2nd place finish at the Inaugural National Quiz Bowl. The Bowl was held at the 2009 Annual Meeting in San Antonio, Texas. The team received \$500 and other prizes for their performance. The team earned the right to represent the District by winning the Inaugural District III Quiz Bowl held during the 2009 MAATA Annual Symposium in Virginia Beach, VA.



Pictured above, the students are (left to right) Jeanne Graf, Craig Oates, Elizabeth Dameron.



FOR ATHLETIC TRAINING STUDENTS

MAATA Student Senate

The Mid-Atlantic Athletic Trainers' Association Student Senate is gearing up for its third year of existence. Some of the goals of the Student Senate are to continue to promote the profession of athletic training, improve the communication between the athletic training programs within the MAATA, and coordinate another successful MAATA Student Symposium. The members of the 2009 – 2010 MAATA Student Senate and their contact information are:

April Varnum – Senate Chair (Erskine College, SC)

avarnum@erskine.edu

Erin Will (Salisbury University, MD)

ew85326@students.salisbury.edu

Michele Ferguson (Towson University, MD)

Mfergu1@students.towson.edu

Adam Wall (East Carolina University, NC)

Aw1220@ecu.edu

Emily Whittington (Western Carolina University, NC)

ekwhittington1@catamount.wcu.edu

Brittney Williams (Charleston Southern College, SC)

BEWilliams1@csstudent.net

Amanda Cartwright (Longwood University, VA)

alc640@longwood.edu

Luke Vance (Radford University, VA)

Lvance4@radford.edu

Chrissie Mason (West Virginia Wesleyan College, WV)

mason_cd@wvwc.edu

Colleen McTammany (West Virginia Wesleyan College, WV)

Mctammany_cm@wvwc.edu

In order to begin to meet our first goal, we would like club presidents, or a representative from each program, to contact a member of their state senate, and touch base with them. Let us know, with an e-mail to the Senator in your state, who you are and how we can reach you!

This past May, the Student Senate organized an extremely successful student symposium. Congratulations to **George Mason**, the Student Olympic Champions, and to the **University of North Carolina**– Chapel Hill, the Quiz Bowl Champions. We would like to see both events grow this year; start preparing now! The Student Senate is currently in the early planning stages for the 2010 Mid-Atlantic Athletic Trainers' Association Annual Symposium in Virginia Beach (May 14 – 16). Please let the senators know if you have an idea for a topic or breakout session for this May!

Finally, if you have any suggestions or comments, please do not hesitate to contact a member of your student senate! Thanks and have a great fall semester!

MAATA Scholarship Winners

The Mid-Atlantic Athletic Trainers' Association Scholarship Committee announced the 2009 MAATA Scholarship recipients during the Symposium Business Meeting at Virginia Beach. Three athletic training scholarships are available by the MAATA each year; an undergraduate, post-graduate and masters level. Eligibility for these awards requires the student be in good standing of the NATA/District 3, or an NATA member, and enrolled in a college/university within District 3. The 2009 MAATA scholarship recipients include:

Edward Block Undergraduate Scholarship is awarded to a sophomore or junior who intends to pursue the profession of athletic training.

Daniel Brown II, Western Carolina University \$1500.00

Jonathan Howard, Campbell University \$1000.00

Larry Sutton Postgraduate Scholarship is awarded to a graduating senior student who intends to continue academic work as a full time graduate student with intent to pursue the profession of athletic training.

Amy Fraley, University of South Carolina \$1500.00

Angela Arndt, Western Carolina University \$1000.00

A.C. "Whitey" Gwynne Masters Scholarship is awarded to a certified athletic trainer enrolled in the first year or prior to their final year of completion of a master's degree. The applicant must have at least 1 year remaining in their master's program and intends to pursue the profession of athletic training.

No applications were submitted for this award in 2009.

Please refer to www.maata.org and the scholarship section for details and application forms. Thank you to the MAATA Scholarship Committee members for selecting excellent student representation of District 3.

FROM DISTRICT 3 COMMITTEES

District 3 Governmental Affairs Update

Bill Griffin, MA, LAT, ATC (NC)

Governmental Affairs Chair

Maryland passes Athletic Training Regulation

On May 19, 2009, Maryland Governor Martin O'Malley signed HB 173, The Maryland Athletic Trainers Act. Maryland became the 45th state to regulate athletic training. This new law provides protection to the citizens of the state of Maryland ensuring that when one says he or she is an athletic trainer, or are providing athletic training services, he or she must meet certain minimum standards. It also defines the athletic trainer's scope of practice, work settings and population. This law will be administered by the State Board of Physicians and will be advised by the Athletic Trainer Advisory Committee. Maryland has worked for many years against strong opposition to get a licensure bill in place that they can be proud of and they have succeeded. We want to congratulate and thank Thad Moore and the rest of his legislative committee for their recent work on getting this bill passed, and also to all of the past presidents and legislative committee members that have worked on getting athletic training licensure in place in the state of Maryland.

South Carolina

A bill (S481) has been introduced that would form a foundation to raise money to ensure that an athletic trainer is on staff at each high school and middle school in the state. This bill has passed the Senate and is currently in Committee in the House.

North Carolina

Legislation was submitted that would fund an athletic trainer position at every public high school in the state. It has been submitted in the House and Senate is currently in Committee and is being studied during the recess. The NCATA also worked very closely with the North Carolina Medical Society and the North Carolina Chiropractic Association to negotiate changes in a physical therapy practice act update that may have negatively impacted athletic trainer's jobs. This bill is currently in Sub-Committee.

West Virginia

Legislation has been submitted that would lead to the licensure and/or registration of athletic trainers. Legislation was in Committee when the Legislature adjourned. The NATA and MAATA is working closely with the West Virginia Athletic Trainers' Association to resubmit legislation in 2010 and passage, hopefully making WV the 47th state with Athletic Training Regulation.

Young Professional's Committee

Jay Sedory, MEd, ATC, EMT-T

District 3 YPC Representative

An open letter to young professional NATA Members:

I am the newly appointed District 3 Young Professional's Committee (YPC) representative, and it is my goal to represent your interests and provide you with the best resources available to foster a successful athletic training career. I know many of you have already begun your sport or regular season in your setting. Some have worked all summer in a variety of settings. Let me assure you, no matter the setting or time of season there is something happening in the YPC.

The YPC had a very successful meeting and well attended events at San Antonio. If you were not able to make the meeting, not to worry, there are plenty of projects to get involved with at the District level. Projects and ideas are constantly developing; we are limited only by the number of people who can help and can commit time to these projects.

Young professional's are active and have a lot of motivation by nature. I know many of you are actively participating in sports, school events, and local events. I hope to see spirit of young professionals in our District emulate this lifestyle. We are active, young, strong, motivated, and more importantly, ready to change the face of athletic training for the future. That is what I see young professionals doing in the near future. In the long term, we will be future leaders and thinkers of this great Association. Without getting too far ahead, we had better start acting and training like the leaders we want to be in the future.

I am seeking out young professionals who want to be involved with our District and your own state. We should provide young professionals opportunities and resources to be a successful, responsible, and a well-balanced athletic trainer.

If you are newly certified, and/or under the age of 35, and are interested in becoming involved with the Young Professional Committee in District 3, I hope you will contact me. This is a great way to build your interest in the association and also have a part in shaping the future of our profession.

FROM DISTRICT 3 COMMITTEES

NATA Public Relations Council

Kelli B. Sabiston, MA, LAT, ATC

NATA PR Council Chair

Since the 60th NATA Annual Meeting & Clinical Symposium in June, the NATA has enjoyed an unprecedented spike in media coverage. This is largely due to the NATA annual meeting press conference on preseason guidelines for heat acclimatization in secondary school sports. This widely publicized press conference has generated prolific results and helped to educate parents, coaches, athletic trainers, media and others on vital youth sports safety. The event promoted the inter-association task force formed to address this health issue and the resulting consensus statement as published in the June issue of the Journal of Athletic Training. Notably, *USA Today* reporter Janice Lloyd attended the press conference & subsequently covered the event. Her original story can be found at this [website](#). Since the NATA annual meeting, large numbers of influential media outlets have covered the heat illness prevention topic. It should be noted that there have been mixed reviews of these recommendations from coaches (which is to be expected). In particular, the press release has been re-issued (twice) to proactively address general comments received regarding the guidelines: most notably that the NATA does not suggest that two-a-day athletic practices be eliminated, but rather phased into the second week of activity; and that no matter what the fitness level of an athlete might be, he or she needs to acclimatize to the heat. Everyone wholeheartedly agrees that the education and dialogue promoted by this effort is vital & will continue to resonate with media and key influencers.

Other projects from NATA Public Relations team include: a press release on head impact among high school football players; quarterly columns in “Advance for Directors in Rehabilitation”; a press release announcing an NATA Foundation endowment from helmet maker Xenith to support concussion research; teaming with Gatorade to publicize its “Beat the Heat” annual education; becoming an organizing partner in the National Physical Activity Plan, supported by several other leading health organizations, to encourage physical activity & fitness among Americans and to reduce the upward trends of obesity and related chronic conditions; and teaming with the National Academy of Neuropsychology to produce an educational video on concussions in the sport of ice hockey.

The NATA’s Public Relations firm announced that it reached a total audience of 35,097,580 during the months of June and July 2009. This number includes all media types, including trade publications.

And don’t forget to promote PR within the athletic training profession. Nominations are now open for **annual honors and**

awards for deserving athletic trainers. Visit www.nata.org to find out the details and to nominate someone worthy of recognition. Monthly NATA reports are sent to the District 3 PR Committee members as well as state presidents. Please contact your representatives if you have a question or need more information.

Public Relations Committee

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FROM DISTRICT 3 COMMITTEES

NATA-REF

Bob Casmus, M.S.,ATC, District 3 Board Member

Sandra Shultz, PHD, ATC (UNC-Greensboro) was appointed to a second term on the Research Committee and **Tricia Hubbard, PHD, ATC** (UNC-Charlotte) was appointed to her first term on the Research Committee. **Erik Zirkle, ATC** (Hickory Ridge HS) was appointed to the Scholarship Committee of the NATA Foundation. The second year of the District III Master's Research Grant Endowment Project is entering its second year. I would like to encourage those collegiate athletic training education programs who have not joined this project to join with those already helping with this fund-raising project. Key dates for the future are October 1st, 2009 when the Master's Research Grant applications are due and December 1st, 2009 is the deadline for NATA Fellows applications as well as for the 2010 Free Communications Abstracts. The undergraduate poster winner for 2009 at the NATA Meeting in San Antonio was Jean Graf, University of North Carolina at Chapel Hill, "*Sex differences in balance and power among youth soccer players,*" and the Doctoral Level Oral Presentation was **Lindsay J. Distefano, MA, ATC, PES**, "*Improvements in landing technique from an injury prevention program are retained in youth soccer athletes.*" **The Western Carolina University Athletic Training Association** was recognized in San Antonio, TX at the Pinky Newell Scholarship and Student Leadership Breakfast for winning the 2008-2009 NATA Foundation Athletic Training Student Challenge by raising \$3,123.50.

NATA - CUATC Update

Bob Casmus, M.S.,ATC, District 3 Representative

All collegiate athletic trainers involved directly in athletics are being requested to go to this [web site](#) and complete a short 10 minute survey. The CUATC and the Young Professional Committee (YPC) are reviewing job satisfaction issues at the collegiate level. We are trying to identify areas that are crucial to our ability to provide proper athletic training services. As we all know our jobs have become increasingly demanding with updated NCAA rules. Expanding programs and expectations from administrators, along with shrinking or stagnant staffing, has added to job strain. All of these issues affects each us professionally and our quality of life. **The survey deadline is 10/15/09.**

In addition, please go online to the NATA website and click on the NATA Honors and Awards heading. The 2010 College and University Athletic Training Awards are now open to receive nominations for Head Athletic Trainer of the Year for NCAA Divisions I, II and III, NAIA and Junior/Community College settings, as well as the Assistant Athletic Trainer of the Year. I encourage you to submit nominations for these prestigious awards. Congratulations again to **Mike Hanley, ATC** (East Carolina University) for being awarded the 2009 Head Athletic Trainer of the Year for NCAA Division I, and to **Arianne Davis, ATC** of Lees-McCrae College for being named the New Horizon Award winner!

Please consider making your annual gift to the NATA Foundation if you have not already done so. The pledge form can be found on the NATA Foundation website at: WWW.NATAFOUNDATION.ORG under the ANNUAL FUND heading. A copy of the donor form is on page 14.

2009 NATA Research Foundation Scholarship Recipients

Johna Register-Mihalik	<i>Doctoral level scholarship</i>	UNC- Chapel Hill
Cynthia Wright	<i>Doctoral level scholarship</i>	Richmond, VA
Takeo Ichiyonagi	<i>Master level scholarship</i>	University of South Carolina
Angela Arndt	<i>Master level scholarship</i>	Western Carolina University
Amy Fraley	<i>Master level scholarship</i>	Spartanburg, SC
Katharine Gray	<i>Master level scholarship</i>	Salisbury, MD
Susan Hayes	<i>Master level scholarship</i>	Western Carolina University
Masahiro Takahagi	<i>Master level scholarship</i>	Methodist University at Fayetteville
Jacquelyn Howells	<i>Entry level scholarship</i>	UNC- Greensboro
Elizabeth Wolfe	<i>Entry level scholarship</i>	University of South Carolina
Hideomi Masuda	<i>Entry level scholarship</i>	West Virginia Wesleyan College
Mandy Watts	<i>Entry level scholarship</i>	Lynchburg College
Daniel Brown	<i>Entry level scholarship</i>	Western Carolina University

Congratulations to All!

NATA Research & Education Foundation

Yes! I will rise to the challenge! It is time to take control of our future.

Name NATA District #

Credentials

Employer

Address (Home Work)

City State Zip

My investment: \$10 \$25 \$50 \$100 \$250 \$_____ Other

Check enclosed Charge \$_____ to my: Mastercard Visa
 Acct. #: _____ Exp. date: _____
 Signature: _____

Pledge: I pledge \$_____. Enclosed is my first payment of \$_____.

Bill me quarterly Debit my credit card quarterly

I would like my contribution to go toward _____(optional)

Honorariums/Memorials: (Minimum gift \$50)

My gift is in Memory Honor of: _____

Please send notification to:

Name

Address

City State Zip

Please send me:

Grant applications	Call for abstracts	Research results
Scholarship application	List of grants awarded	Other_____

Thank you for your support! Send to:
 NATA Foundation, 2952 Stemmons Freeway, Dallas, TX 75247
 Fax:214.637.2206
 1-800.TRY.NATA

All investments are tax deductible in accordance with current IRS code.