



MAATA News

www.maata.org

Fall 2008

From the Director

Fellow MAATA members, greetings from Raleigh, North Carolina. As the summer has flown by and we are well into the fall, it is once again, time for our biannual newsletter. I hope that you will enjoy the content of this expanded fall addition.

From the NATA board of directors I am excited to announce that we have retained the services of a new lobbying group Driker and Biddle. I had the privilege of serving on the selection committee and can assure you that this is an outstanding group and will work with the NATA to continue the growth and development of our profession in Washington D.C. I am sure that you will hear much more about this group in the months and years to come. Also, I am excited and I hope that you marked your calendars for the February events. The educators workshop, scheduled for February 20-22nd in Washington D.C., will coincide with the I Lead student leadership forum on the 22nd and 23rd. In addition, the night of February 22nd will be an orientation for members going to Capital Hill Day. The following day is Hit The Hill Day. The NATA web page will have all the details on this. I hope you can attend. This is really an exciting event for the NATA and athletic trainers.



*Charlie Rozanski
MEd, LAT, ATC*

On the district level, this newsletter contains information about the election of our Secretary. As my term as director winds down, Marty Baker will assume those duties as your new director. With that, the Secretary's position will become vacant and we hope that you will consider service to our district. Complete details on eligibility can be found on our district web page at www.maata.org. We are also looking to incorporate our district association. This will provide some additional legal protection, which is something that our board believes is necessary for the future growth of the organization.

I am excited that Secretary Baker will attend the mid winter NATA board meeting in December with me. This will begin the transition for Marty as the district director elect. He will assume the officer director at the June national meeting in St. Louis. I assure you that this will be a smooth transition and that over the next six months Marty will be intriguingly involved in the decision making process of the NATA board of directors. I am excited to have Marty with us and I know he is going to do a great job.

Thanks to all of our volunteers who have done so much for our district. This is an exciting time for athletic training and we look forward to the months ahead.

Charlie Rozanski, Director

We Need You....to Nominate!

District 3 Members, we need you to nominate someone for the NATA Awards & Honors at the national level. Anyone can do this! Please go to www.nata.org/honors/index.htm to learn more about nominating worthy District 3 Members.

From the Secretary

Fellow Members of the MAATA,

Another fall sport season is in full swing as is another school year. It is hard to believe that basketball season is just around the corner. As Director Rozanski indicated my term as secretary is nearing an end. I will be attending the mid winter Board of Directors meeting in December in preparation for assuming the duties as your district director. I look forward to continuing to serve the district but must admit some anxiety as I contemplate my future responsibilities and taking over for Director Rozanski.

In October we initiated a monthly e-blast in a further attempt to keep you abreast of timely information. We will resume the e-blast in December. Speaking of information this newsletter is full of many important items for your review. We have added a page for students. I would like to speak directly to our educators and ask that they emphasize the importance of our students becoming members of our organization. They are the future of this organization and getting them involved in the NATA is a win, win experience; help us help them to become student members of the NATA.

I encourage each of you to get involved at some level of the state, district or national organization. Inside this edition are some starting points. This can include supporting the nomination of a member from district III for a well deserved award. The NATA recently circulated a call for interest for all members; I hope you took advantage of that.

In closing please rest assured that your district leadership is committed to serving you, our constituency. If there is anything we can do to assist you please do not hesitate to contact us.

Best,
Martin Baker, Secretary



*Martin Baker
 MS, LAT, ATC*

From the Treasurer

Fellow MAATA District Members,

I hope this finds you all doing well and surviving what is always a very busy fall season. I am continuing to learn more and more about this position on a daily basis, and I truly appreciate all the help and patience the membership has given me.

This has been an eventful past few months. We have secured bonding for each of the district officers (District Director, Secretary, and Treasurer Positions). The leadership of the district is also investigating the benefits of incorporating the District. This action is being taken to ensure that we protect the MAATA as an entity and protect our members. More about this as we fully explore our options.

Brent Arnold and the Program Committee have been working towards finalizing presentations for the District Meeting. A tentative offering is listed in this edition of the MAATA newsletter. Please make plans to attend in Virginia Beach on May 15-17, 2009.

Please feel free to contact me with any suggestions or if I can help you in any way. Have a great holiday season!

Best,
Mike Hanley, Treasurer

MAATA Scholarships

The MAATA supports the educational endeavors of future athletic trainers by offering scholarships to students showing potential in the profession. Description of scholarships listed below. Deadline for all is April 1, 2009

[Edward M. Block Undergraduate Scholarship](#)
[Larry C. Sutton Postgraduate Scholarship](#)
[A.C. "Whitey" Gwynne Masters Scholarship](#)

Please visit the [MAATA web site](#) for additional information.

Being Active in the MAATA & NATA

SECRETARY ELECTIONS: Nominations for the position of District Secretary are currently being accepted by the elections committee. If you are interested in serving the district in an important capacity please consider submitting your name for consideration by the members of the MAATA.

Please visit the Governance section of the [MAATA web site](#). And click on the constitution and by-laws section.

The qualifications of the office are listed in articles 8 & 9 of the constitution and section 2.8.2 of the by-laws. Questions regarding the process and applications should be forwarded to elections committee chair [Dr. Rod Walters](#).

OPT-IT TO VOTE: In the spring the district will be voting on the candidates for the district secretary position. The district will be utilizing an on-line voting ballot administered through *Survey Monkey*. In order to receive a ballot and to cast your vote your e-mail address (the one registered with the NATA) must accept correspondence from *Survey Monkey*. To ensure you receive a ballot please go to [Survey Monkey](#) scroll down to the very bottom of the page and select *opt-in*. If you have any questions please contact [Josh Geruso](#).

MEMBERSHIP RENEWAL: It's almost that time of year! December is the time to renew your membership to our national organization, the NATA. Membership in the NATA has many benefits including:

- Preferred registration rates at national, district and state meetings
- Access to the *Members Only Section* of the NATA's newly designed website
- Access to the Career Placement Center to stay abreast of position vacancies

If you have any questions about renewing, becoming a first time member or a more comprehensive list of membership's many benefits please contact the NATA at www.nata.org or 800-TRY-NATA. Our organization needs every one of us to help each of us.

PROTECT YOUR PRIVACY: The NATA is very serious about protecting your personal information. As part of renewing your membership or if you are a first time member please take time to review exactly what information you allow the NATA to share. While it is understandable that you may not wish to receive advertisements from manufactures you can select an option allowing the NATA to send you information from the national, district, and state without receiving advertisements. Please take a second to review your security settings that are in place with the NATA. Are you receiving the information you want?

Supporters of the MAATA

The MAATA would like to thank the following for supporting our profession and our association. You may contact them by visiting their web site or emailing them.



[Web Site](#)



[Email](#)



[Web Site](#)

Contact Information Change?

To those members who have moved....we need your help. Your corrected contact information is requested. Please go to the NATA website "Members Only" section www.nata.org/members1/members.cfm (or click [HERE](#)) to update. Please be assured your information is secure. It will only be used for NATA and MAATA membership communication.

Thank you, MAATA Leadership

2009 MAATA Symposium and Business Meeting

May 15-17, 2009

Cavalier Hotel in Virginia Beach, Virginia

Planning for our spring symposium is well under way. The information below is provided to assist you in formulating your plans to attend.

Tentative Program Topics

- Brain injuries: Second Impact Syndrome
- Brain injuries: Critical Care of the Brain Injured Athlete
- Kinesiotaping for the Athlete
- Low Back Evaluations Simplified
- Evidence Based Practice & Levels of Evidence: putting knowledge to practice
- Nutritional Concerns for the Athlete
- Career Options for the Athletic Trainer: a roundtable
- Gang Activity in the Athletic Environment
- Budgeting for the Secondary School Setting: a roundtable.
- Updates on legislative/legal issues from the national perspective.

This program is tentatively schedule to provide 12 CEUs.

The MAATA Student Senate will develop and produce a comprehensive program for our athletic training students.

Tentative Registration Times

- Friday: 12:00 - 5:00 pm
- Saturday 7:30 - 10:30 am

North Carolina Athletic Trainers' Association



The First Annual NCATA Summer Symposium was held July 14, 2008 on the campus of the University of North Carolina at Greensboro (UNCG). Seventy members were in attendance at the meeting. Attendees represented the collegiate, high school, and clinic/hospital work settings at the symposium, which featured presentations on clinical advances, administrative matters, and a fire-side chat with newly inaugurated President Jay Scifers.

Attendees were welcomed to UNCG by Provost and Certified and Licensed Athletic Trainer Dr. David Perrin. Phil Thompson, an environmental health specialist with the North Carolina Department of Environment and Natural Resources presented on recommended public health guidelines for athletic training rooms in the state; while Dr. Thomas Fischer, presented on controlling bleeding and promoting wound healing. Meredith Petschauer, ATEP Director at UNC-Chapel Hill, updated the attendees on managing cervical spine injuries in sports other than football, Cindy Thomas, from the National Center for Drug-free Sport presented on anti-doping efforts in athletics and gave an update on NCAA drug testing. The symposium wrapped up with Bob Casmus discussing the NC Athletic Training Licensure Law and Jason Mihalik giving an update on concussion management.

The summer symposium is an initiative of the College and University Athletic Training Committee with the specific intent on offering NCATA members an additional opportunity for professional development and interaction with the NCATA leadership.

South Carolina Athletic Trainers' Association



The SCATA Annual Symposium was held in Columbia, SC on July 10 and 11, 2008. We had a record number of over 260 registered attendees and 28 vendors in attendance.

During the annual business meeting, the winners of the Terry Lewis Memorial scholarships were announced. The undergraduate recipient was Ms. Sarah Fabry from USC and the graduate recipient was Mr. Justin Goins, also from the University of South Carolina. A new scholarship was created for a SCATA member's child. The scholarship will be named **The Hanna Sobeski**

Scholarship in honor of the late daughter of Mickey Sobeski. The Charleston Southern University Athletic Training Staff was named The College and University staff of the year. It was announced that Sheila Curry was named the High School Athletic Trainer of the Year by the SCHSL. In addition, the new Executive Council was installed with Raz Razayeski being named President, Bill Warren being named President-Elect and Toby Harkins being named Secretary/Treasurer.

SCATA will again hold the annual BBQ at the Blatt with our State Legislators on February 11, 2009 in Columbia, SC.

Virginia Athletic Trainers' Association



The VATA Annual Meeting and Symposium will be January 16-18, 2009, at the Omni Hotel in Charlottesville, VA. The symposium will feature a keynote address from NATA President Marje Albohm. The symposium program has been designed to appeal to athletic trainers in all employment areas and will include workshops on neuromuscular massage therapy techniques, disordered eating, cardiac issues in athletics, and orthopedic conditions of the knee, elbow, wrist and hand. Registration will open on November 15, 2008. CEUs are currently estimated at a maximum of 12. Visit the VATA [website](#) to register or for more information.

The VATA is pleased to welcome some new people to various leadership roles in the association. D.C. Cobler, Emory & Henry College, takes over as Region VI representative. Angela Mickle, Radford University, vacated that position when she was elected secretary in January. Jeff Boyer, University of Virginia, takes over as College/University Athletic Trainers Committee chair. Former CUATC chair Tom Kuster left this position when he was elected president-elect in January. Jeff has also appointed committee members from the six regions, so welcome to Elizabeth Codjoe, Matt Williams, John Kaltenborn, Sean Hanrahan, Tom Bowman, and Keith Doolan. Last but not least, Amanda Cartwright, Longwood University, replaces Erin McNett, Longwood University, as MAATA Student Senator.

Alice Buchanan Scott has resigned as Region II representative. The VATA would like to thank Alice for her enthusiasm and energy. She represented her constituents well and was an active, thoughtful participant on the VATA Executive Council. Best wishes, Alice!

West Virginia Athletic Trainers' Association



The WVATA will be holding its' annual conference and meeting on February 13-14, 2009, at the University of Charleston in Charleston, WV. The WVATA is a BOC Approved Provider; an attendee can earn up to 14 CEUs. Registration will begin in December. Please check the WVATA [website](#) for more information or contact [Ericka Zimmerman](#). A student symposium will coincide with the conference and is open to all students.

NATA Student Updates

MAATA Student Senate

As many of you are already aware, the MAATA began a student senate in 2007. The purpose of the student senate is to give the students a voice in the district. We hope to develop leadership skills and future leaders within the profession. So far, the student senate has been a very productive organization. Although still young, the senators have played a major part in the planning, coordination and hosting of the Mid-Atlantic Athletic Trainers' Association Annual Student Meeting in May 2008. Additionally, all of the senators have taken active roles in their state association and are in the process of planning additional ways to promote the profession and unite the students within the district. Last spring, many of the senators represented their states by attending the "Hit the Hill" in February. Members of the senate will be expected to attend the MAATA Annual Meeting and Symposium in May during his / her senate term.

Student Senators must be involved in an undergraduate athletic training education program within the MAATA, hold membership in the NATA, complete an application, provide a letter of recommendation and submit a personal essay. Applications are review by the Senate faculty advisors; Jill Manners & Ericka Zimmerman, The State President that the student senator represents and the current student senators. The individual chosen as a representative will be notified in November.

The current senators are:

Maryland / DC:	Alicia Canzanese (Salisbury), Richard Rodriguez (Towson)
North Carolina:	Kayla McKenzie (High Point), Adam Wall (ECU)
South Carolina:	Amy Fraley (USC), Karen Edwards (USC)
Virginia:	Mary Cantu (GMU), Amanda Cartwright (Longwood)
West Virginia:	Chrissie Mason (WVWC), Colleen McTammany (WVWC)

In the near future we will have an opening on the senate for a representative from South Carolina and from the Maryland, DC area. If you are a student and are interested in serving please contact your program director. Deadline for applications are November 12, 2008.

MAATA Student Senate Chair Message

Mary Cantu

Attention AT Students!!

Our Student Senate (MAATA Student Senate) is working hard in programming another successful MAATA student symposium for you on May 15-17, 2009 in Virginia Beach. You can look forward to great speakers, break-out sessions, and our first ever district quiz bowl! We would love to see you there! Also, we are currently looking for new senators from South Carolina and Maryland / Washington DC to fill vacancies left by some of our graduating representatives. If you are interested in getting involved please talk with your program directors! We look forward to seeing you all at the MAATA symposium!! We are in the process of improving communication among all students in the district. Keep your eyes and ears open for upcoming student information. Please contact your student senators if you have any comments, questions or concerns! Have a great semester!

NATSC Update

Colleen McTammany, NATSC- District III Representative

The NATSC has been busy making the final touches to our policies and procedures, as well as our mission statement. A couple of our other projects and events we are helping and working on are as follows:

There is a new student member group on [Facebook](#) that we encourage students to join as well as the [NATA group](#) on Facebook. Our hope is that the student group on Facebook can be an easy way to communicate between the NATSC and students, anywhere from getting feedback from students, answering questions, to encouraging more involvement. There is also a link off of the group pages to the NATA website.

As a group we are planning on attending iLead, the student leadership conference which will be held in Washington DC in conjunction with the Educators Conference and Lobby Day. Along with attending we are trying to encourage and promote students to go through the application process for attending the event.

Overall we are excited as a group to continue the work and working with **College/University Athletic Training Students' Committee** in planning the student programming at the NATA conference. One of our goals is to enhance the relationships among students and professionals in the Athletic Training field. Any feedback or suggestions are welcome.

NATA - CUATC Update

Bob Casmus, M.S.,ATC, District 3 NATA-CUATC Representative

NCAA Updates

NCAA Legislation was enacted to change the rule per spearing to read as follows:

Rule 9, section 1, article 2

Removing “butting, ramming, spearing and punishing”

Replaced with:

- a. *No player shall initiate contact and target an opponent with the crown (top) of his helmet. When in question, it is a foul.*
- b. *No player shall initiate contact and target a defenseless opponent above the shoulders. When in question, it is a foul. (Refer to Points of Emphasis for a description of “Defenseless Player”*

Horse Collar Tackling Rule will be added for 2008:

All players are prohibited from grabbing the inside back collar of the shoulder pads or jersey, or the inside collar of the side of the shoulder pads or jersey, and immediately pulling the runner down. This does not apply to a runner who is inside the tackle box or to a quarterback who is in the pocket.

Other legislative changes made for Division I include:

- Walk-ons have access to academic and athletic training services. They must be enrolled in classes, but don't have to be on a roster list.
- Institutions can't take away financial aid from athletes with an injury or mental illness. The situation can be re-evaluated the following year, with the institution making the determination of whether or not to continue aid.
- The NCAA has created a skin evaluation and participation status form to evaluate wrestlers before events/tournaments. The form will be available on the NCAA Web site.
- Exemptions for ADHD medications: Beginning in 2008-2009, schools will need documentation of ADHD testing, not just prescriptions for the medication.
- A drug use survey among student athletes will be conducted this year.

CUATCAWARDS

Information is available on the NATA website. Please submit nominations for these awards. The nomination form and criteria is on the NATA website. Scott Johnson, ATC (ODU) was the 2008 Assistant Athletic Trainer of Year for Division 1.

PHARMACEUTICAL TASK FORCE

An inter-association Task Force met in St. Louis to discuss pharmacological practices in the athletic training room. A position statement and educational information will be forthcoming.

2009 CUATC SESSION – the CUATC session will focus on mental health issues and care for student-athletes.

The NATA CUATC will hold its mid-year meeting in conjunction with “Hit the Hill Day” in Washington, DC, in February 2009.

From the NATA - New Salary Data Available

Results show increased pay for athletic trainers

NATA has released the results of its [2008 athletic training salary survey](#), and salaries are on the rise nationwide.

NATA-REF

Bob Casmus, M.S.,ATC, District 3 Board Member

Congratulations to Tricia Hubbard, PhD, ATC (UNC-Charlotte) as the 2008 New Investigator Award Winner.

The NATA Foundation has agreements remain in place for the NATA to have a lecture exchange with the ACSM, AMSSM and the AOSSM

As of 2008, the NATA Foundation has funded over \$2 million dollars in total grants awarded. There are currently 74 Grant Information Summaries available - including 9 new ones this year. The Free Communications Program at the NATA Meeting expanded to 299 presentations at the NATA Meeting.

Seventy-five scholarships were awarded at the NATA Meeting in June. District 3 had 10 recipients and the list includes: David Bell and Marc Norcross both from UNC-Chapel Hill were the Doctoral Level recipients; Rebekah Blend (Univ. of South Carolina), Justin Goins (Univ. of South Carolina), Dawn Minton (Univ. of South Carolina) and Colin Covelli of Western Carolina were the Masters Level recipients; Entry Level recipients were Bethany Barron (Erskine College), Takeshi Kojima (West Virginia Univ.), Caleb Lott (Mars Hill) and Stephanie Salvatore (Barton College)

This was the last year of the Foundation Golf Classic due to dwindling numbers of participants and sponsorships. The Silent Auction of sports memorabilia and the Fun Run were again held successfully at the NATA Meeting.

The NATA inaugural Class of Fellows were recognized and representing District 3 are Brent Arnold (VCU), Kevin Guskiewicz (UNC-Chapel Hill), Jay Hertel (UVA) and Chris Ingersoll (UVA), Bill Prentice (UNC-Chapel Hill), Sandy Shultz (UNC-Greensboro) and Mitch Cordova (UNC-Charlotte). As of September 1st — nominations for the class of 2009 are available on-line on the NATA Foundation website.

Thomas Dompier, PhD, ATC from South Carolina and Kristen Kucera, PhD, ATC were named to the NATA Foundation Research Committee.

In 2007, District 3 received \$120,000.00 in grant, scholarship and research money. As of August, 2008, District 3 has been awarded \$113,000.00 in Research Grant and Scholarship funding.

A Planned Giving Society was instituted for those wishing to give to the NATA Foundation through wills, estate gifts etc. More information will be forthcoming on this aspect.

Currently a project is in place to have the 47 CAATE accredited athletic training programs in District 3 to endow a Research Grant, The athletic training education programs and their students are attempting to raise **\$150.00** a year for the next 5 years. To endow a Research Grant requires a minimum of \$25,000.00, but with great support from the students in their athletic training education programs this goal can be accomplished. Currently on-board and committed to the project are the following institutions: **Appalachian State University, Averett University, Barton College, Campbell University, Catawba College, Charleston Southern University, East Carolina University, Emory & Henry College, Erskine College, Gardner-Webb University, Greensboro College, High Point University, Lees-McRae College, Lenoir-Rhyne College, Mars Hill College, Marshall University, Methodist College, UNC-Charlotte, UNC-Greensboro, UNC-Pembroke, UNC-Wilmington, Salisbury University, Towson University, University of South Carolina, Western Carolina University, West Virginia Wesleyan College, Wingate University and West Virginia University.** I would like to really encourage the remaining CAATE accredited programs in District 3 to join those listed above. Research is what drives our profession and keeps us ahead of competitors in regards to patient health care. Research also continues our recognition as the leaders in the health care to the physically active. Unfortunately, the research aspect is not always supported by the membership as well as the scholarship level. Consequently, many great projects are deferred or rejected for funding. This Research Grant Endowment Project is a great way for our students to get involved and directly affect their chosen profession. Our students today are the next generation of leaders and researchers guiding our profession. I again urge all of our athletic training programs to support this project and initiative.

On the following page is a donor/pledge for the NATA Foundation. Please remember that the NATA Foundation is a “pass-through” organization. Virtually every dollar that comes into the NATA Foundation is passed back to our membership for education initiatives, research grants and scholarships. Your help, generosity and support are greatly appreciated as we strive to grow and improve our chosen profession.

NATA Research & Education Foundation

Yes! I will rise to the challenge! It is time to take control of our future.

Name _____ NATA District # _____

Credentials _____

Employer _____

Address (Home Work) _____

City _____ State _____ Zip _____

My investment: \$10 \$25 \$50 \$100 \$250 \$_____ Other

Check enclosed Charge \$_____ to my: MasterCard Visa
 Acct. #: _____ Exp. date: _____
 Signature: _____

Pledge: I pledge \$_____. Enclosed is my first payment of \$_____.

Bill me quarterly Debit my credit card quarterly

I would like my contribution to go toward _____ (optional)

Honorariums/Memorials: (Minimum gift \$50)

My gift is in Memory Honor of: _____

Please send notification to:

Name _____

Address _____

City _____ State _____ Zip _____

Please send me:

- Grant applications Call for abstracts Research results
 Scholarship application List of grants awarded Other _____

Thank you for your support! Send to:
 NATA Foundation, 2952 Stemmons Freeway, Dallas, TX 75247
 Fax:214.637.2206
 1-800.TRY.NATA

All investments are tax deductible in accordance with current IRS code.

MAATA News

This electronic newsletter is published twice a year by the Mid-Atlantic Athletic Trainers' Association, for its members. For information contained in this newsletter or to submit articles/ideas, please contact the MAATA Secretary/Treasurer:

Martin Baker, MS, LAT, ATC, Elon University
bakerm@elon.edu

Production & Design by:
Sharri H. Jackson *sjackson@indy.rr.com* (317) 997-9459

MAATA State Leadership

Virginia Athletic Trainers' Association
Meg Thompson thompsonmf@longwood.edu
Click [Here](#) for VATA Web Site

Maryland Athletic Trainers' Association
Thad Moore tmoores2@washcoll.edu
Click [Here](#) for MATA Web Site

North Carolina Athletic Trainers' Association
James R. Scifers jscifers@email.wcu.edu
Click [Here](#) for NCATA Web Site

DC Athletic Trainers' Association
Kim Summy NOONLE83@aol.com

South Carolina Athletic Trainers' Association
Raz Razayeski jrazaye@clermson.edu
Click [Here](#) for SCATA Web Site

West Virginia Athletic Trainers' Association
Joe Blausier jblaus@verizon.net
Click [Here](#) for WVATA Web Site

Mr. Martin Baker, MS, LAT, ATC
Elon University Campus
Box 2700
Elon, NC 27244

